



Our Lady of Sorrows
STEWARDSHIP
time | talent | treasure

A vibrant parish is one that enjoys engaged parishioners across a spectrum of Ministries. We invite you to learn about our Ministries and to consider being a part of them - sharing your time, talents and treasures in the true spirit of Stewardship.

Liturgical Ministries



ALTAR SERVERS | Lucy Sabada | altarservers@sorrows.ca

Our altar servers are boys, girls and young adults who assist the priest and other people at Saturday and all Sunday Liturgies. This includes helping in the preparation of the sanctuary and sacred vessels before the liturgy and their proper care afterwards. Each server is provided with training and a flexible schedule. This is an opportunity for our young parishioners to learn more about their faith! Adult altar servers are also needed for weekday Masses and funerals.



ALTAR SOCIETY | Ronayne O'Connor | ronayne97@gmail.com

Altar Society is one of the longest running Ministries and makes our church sparkle! Working in teams, volunteers provide care and maintenance of the sacristy and sanctuary and preparations for liturgical celebrations, e.g. polishing brass candle holders, washing holy water dishes and laundering small linens that are used at the Mass.



EXTRAORDINARY MINISTERS OF HOLY COMMUNION

Daphne Dodig | eucharisticministers@sorrows.ca

The needs of the Church allow for members of the lay faithful, approved by a Bishop or a Priest, to distribute Holy Communion during Mass, supporting the Celebrant. The term 'Extraordinary' refers to the distinction between the contingent role served by these ministers and the normative role served by a Priest as the 'Ordinary' minister of the Eucharist.



EXTRAORDINARY MINISTERS OF HOLY COMMUNION (SICK AND HOMEBOUND)

Paula Prajza | paulacprajza@me.com

These Extraordinary Ministers of Holy Communion are specifically focused on bringing communion to the sick and homebound in the community, thus providing a spiritual work of mercy that brings great comfort to the faithful.



FUNERAL MINISTRY | Gabriella Sklar | gabriella@sorrows.ca

This Ministry provides the opportunity for Adult Altar Servers to serve funeral Masses which are usually celebrated Monday to Saturday at 11 am. Funeral servers would be contacted within 1 to 2 days of upcoming funeral Masses to check availability.

Liturgical Ministries



THE LECTOR MINISTRY | Cora Dusk | coradusk@hotmail.com

The Lector Ministry is rooted in the power of the Word of God. Lectors are trained by current Ministry members, which include a procedural handout and workbook. There are two lectors at each Sunday mass and one at weekday masses. Volunteers are scheduled on a 3-month basis and read approximately once/month for a total of 12-15 readings/year.



LITURGY OF THE WORD WITH CHILDREN | Alicia Britton | brittona3@gmail.com

On Sundays at the 9:30am Mass, our young parishioners ages 4-10 are invited to gather in the parish hall after the opening hymn to hear and reflect on the Gospel reading in an age-appropriate adaptation. They will return to their families after the Prayer of the Faithful, during the Offertory Hymn. No pre-registration is required. Volunteers are needed for 2 roles: to assist during the liturgy (suitable for high school, young adults and adults); and, to help lead the liturgy (suitable for adult).



MINISTERS OF HOSPITALITY | Luisa McKee | luisa@sorrows.ca

At OLS we believe that hospitality is at the forefront of our Catholic faith. Ministers of Hospitality are the first faces seen as parishioners and visitors enter our church, and help to foster a warm and welcoming atmosphere for weekday and weekend Masses and special parish events. They help us feel safe and supported. Interested parishioners are provided with an in-depth orientation.



MUSIC MINISTRY (Organ, Cantors & Adult Choir)

Gordon Mansell | gdmansell@sympatico.ca

Music at OLS has been a very important part of liturgy and outreach ministry. Our world-re-nowned Casavant pipe organ has been an important foundation of music in the parish, supporting our cantors, choir and congregation. Together, we collaborate with the congregation in the singing of our parish hymns, provide inspirational prayerful music and assist in creating a joyful environment. Should you wish to be part of this wonderful team of music-makers, the Adult choir rehearses Thursday nights in the choir loft from 7:30pm - 9:00pm. This choir supports the 11:00am Sunday Mass and at special liturgical celebrations throughout the year.



MUSIC MINISTRY (Children & Youth Choirs) | Alejandra Ballon | aballon2@gmail.com

The Children and Youth Choirs supports the 9:30am Sunday Mass. The Children and Youth Choirs rehearse each Thursday late afternoon.

“If we truly have the spirit of stewardship, we will not let God’s gifts go to waste, and we will not selfishly cling to them, but use them graciously to serve others, and in doing so give glory to God.”

Sacramental Preparation Ministries



BAPTISM PREPARATION | Cynthia Wujek | baptism@sorrows.ca

Baptism preparation is for registered parishioners who are requesting baptism for their children. This 2-hour preparation class is held monthly in the evening at OLS. The opportunities to serve on the baptism preparation team include leading the presentation and discussion; preparing communications for participants; and assisting families at the celebration of the Baptismal rite at Mass.



RELIGIOUS ED | Julie Sorbara | religioused@sorrows.ca

Our ministry provides religious education for Catholic students, grades 1-7 inclusive, who are not attending a Catholic school. Our program follows the religious education curriculum set by the TCDSB and is run exclusively through the dedication of parents of enrolled students, parish members, high school and university students and student teachers. Classes are being run in person on Monday evenings at OLS school. There is a critical need for more volunteers to help teach the program in order to ensure the 100+ registered students can be taught!



FIRST COMMUNION & CONFIRMATION

Anna Chelmecki, firstcommunion@sorrows.ca | Patricia Dal Ben, confirmation@sorrows.ca

First Communion preparation is for registered parishioners who are requesting the sacrament for children in grade 2. Confirmation preparation is for children in grade 7. Sessions will be held in person in the parish hall. Registration is required in September.



RITE OF CHRISTIAN INITIATION OF ADULTS AND CHILDREN (RCIA & RCIC)

Gabriella Sklar | gabriella@sorrows.ca

RCIA is the process by which adults become initiated into the life of the Catholic Church over an extend period of time culminating in the celebration of the Sacraments of Baptism, Confirmation and Eucharist. There are three opportunities to serve in the RCIA Ministry: Team Member - facilitating RCIA catechetical sessions; Sponsor - committed Catholics who stand as witnesses to the candidates' character and attend RCIA meetings; and, Break Open the Word Leaders who join candidates for a prayerful re-reading and reflection on the weekly Sunday Gospel.

Faith Formation Ministries



ALPHA | John McVeigh & Anna Chelmecki | alpha@sorrows.ca

Alpha will be running programs several times during the year. Alpha is a series of weekly sessions that give people an opportunity to connect over a meal watch a dynamic film series, and engage in meaningful conversations in a friendly and safe space to explore life's big question together. The Alpha team is looking for people who are interested in helping with hospitality, monetary donations, small group leaders, prayer warriors, meal prep and meal donations. Reach out to learn more about these roles and being a part of the Alpha team.



BIBLE STUDY

Susy Faria & Jennifer Sontrop | ministry01@sorrows.ca

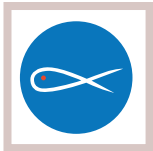
The parish bible study programs cover a different theme each session. Weekly Saturday morning meetings include a video presentation, discussion and an opportunity for fellowship.

Outreach Ministries



ECULINKS ETOBICOKE & SOCIAL JUSTICE ISSUES | Cora Dusk | coradusk@hotmail.com

Eculinks Etobicoke is a local ecumenical group focused on networking, information-sharing, and support for each other's social justice programs. We care about poverty reduction, refugee support, the environment/climate change, right relations with Canada's Indigenous Peoples, and anti-racism initiatives. We meet 4 or 5 times per year and are also engaged in projects such as town hall meetings with election candidates and educational events.



SOCIETY OF ST VINCENT DE PAUL | Mike Wiley | mike.wiley@utoronto.ca

The mission of the Society is to live the Gospel message by serving Christ through our neighbours in need with love, respect, justice and joy. Our volunteers respond to people who call for various types of assistance. Some may need a compassionate ear. Some may need emergency assistance in the form of food, clothing, or furniture. Others may need information that will help them access appropriate services.



SHARELIFE | Carlos & Lucy Alves | lucycarlosalves@gmail.com

This is an Archdiocese of Toronto led Ministry which supports over 40 Catholic and social service agencies that help the entire community, regardless of religious affiliation or financial means. Volunteers work with the ShareLife Lead and the parish office to communicate the progress of our annual parish campaign. All training is provided by ShareLife.



MARIJUANA ANONYMOUS TORONTO

info@matoronto.org

MA is a fellowship of men and women who help each other recover from marijuana addiction.



AL-ANON FAMILY GROUPS

gtais.chair@gmail.com

Help and hope for families and friends of alcoholics.

Committees & Teams

BUILDING COMMITTEE | Dolores Kwapien | dolores@sorrows.ca

FINANCE COMMITTEE | Dolores Kwapien | dolores@sorrows.ca

LIVESTREAM TEAM | Luisa McKee | luisa@sorrows.ca

COFFEE FRIDAY TEAM | Halina Ogonek & Leah Bautista | luisa@sorrows.ca

GARDEN BUDDIES | Michelle Canella | michelle.canella@gmail.com

VOLUNTEER SCREENING COMMITTEE | Cristina Aiello, Scott Small & Sonia D'Alessandris | office@sorrows.ca

Social & Prayer Groups

BRIDGE

Gail Weiler

gweiler@vertexips.com

KNITTING CIRCLE

Helen Brukner

h.brukner@sympatico.ca

ROSARY GROUP (MONDAY TO SATURDAY AT 8:25AM)

Pat Hearn

pthearn@hotmail.com

SPECIAL NOTE:

All volunteers will undergo Archdiocesan Volunteer Screening protocol and Police Check for high risk ministries.