



Our Lady of Sorrows Parish

Upcoming in October...

Mass Schedule

Mon. – Sat.	Sun.
9:00 am	8:00 am
	9:30 am
Sat. Virgil	11:00 am
5:15 pm	12:30 pm

Coffee Friday

All are welcome – bring a friend & a treat to share!

10/04/24 After 9:00 am Mass

Blessing of Pets

10/04/24 As we celebrate the Feast of St. Francis of Assisi, Patron Saint of Animals, families are invited to bring their animal companions to church. A special blessing will be offered from the front steps of the church.

5:30 pm – 6:30 pm

Family Life Events

10/15/24 Mom's Group: Pray & Play

Mothers with children under 4 are invited for meaningful conversation and reflection on the joys and challenges of motherhood.

10:00 am – 12:00 pm, Parish Meeting Room

10/19/24 Family Movie Afternoon

Watch a family-friendly classic and a related Bible story. Free admission, free popcorn, and pizza for \$2 a slice.

2:30 pm – 5:00 pm, Parish Hall

10/25/24 Couples' Night *

A special evening dedicated to enriching your relationships and deepening your faith.

6:00 pm – 9:00 pm, Parish Hall

10/28/24 Parents' Small Group *

Parents of all ages and stages are welcome to join. Light dinner and childcare provided.

5:00 pm – 6:30 pm, Parish Hall

* requires registration – family@sorrows.ca

Please keep in mind that details may change – Check our bulletins for updates!!

A Great Symphony of Prayer: Mary, the Saints and Scripture

Free prayer webinars led by Dr. Josephine Lombardi from St. Augustine's Seminary:

Thursday, October 3:

Praying with Mary/The Rosary

Thursday, October 10:

Praying with the Saints/St. Teresa of Avila

Thursday, October 17:

The Prayer of Jesus/John 17

Thursday, October 24:

Lectio Divina/The Storm at Sea

1:00 pm - 2:30 pm, Parish Hall

Kingsway BIA Pumpkin Fest

A fun-filled Halloween event for families. Includes trick-or-treating, competitions, and prizes!

10/26/24 9:30 am to 3:00 pm, Piazza

Thanksgiving Food Drive

10/12/24 - 10/14/24

Please support the Good Shepherd Ministries by donating non-perishable food items. Donations can be dropped off at the back of the church after Mass.

Weekend of Oct 12/13
and Monday, Oct 14

Alpha: Come & see

10/15/24 Share a meal and watch and discuss an engaging video on the purpose of life, Jesus' teachings, and more. Open to all. **Meet Tuesdays.** Program and meals are free. Inquiries: alpha@sorrows.ca Register at: bit.ly/3MJuVhK

6:45 pm - 9:00 pm, Parish Hall

Mental Health Initiative Group: Horizons of Hope

10/21/24 - 11/11/24 A four-module program about palliative care and the importance of building compassionate communities in the context of our Catholic faith. **Sessions every Monday.** Feel free to bring treats to share!! Hot coffee and tea will be available. Workshops are free. To register, contact Anne Marie at 416-559-9455

10:00 am - 12:00 pm, Parish Hall