



# February

416-231-6016 · [www.sorrows.ca](http://www.sorrows.ca) · [office@sorrows.ca](mailto:office@sorrows.ca)

Dates and time may change - Check our [bulletins](#) for updates!!

## Parish Registration

Welcome to Our Lady of Sorrows Parish! Become an OLS parishioner and receive all communications.

Register [bit.ly/3vbp4t4](http://bit.ly/3vbp4t4)

## MyParish App

Keep yourself updated with relevant parish news or events. Free to download!  
Available on the [AppStore](#) or [Play Store](#).

## Knitting Circle

All knitted items are donated to charity.  
Yarn donations welcomed.

Every Tuesday  
1:30 pm - 3:00 pm, Parish Hall

## Mass Schedule

Mon. - Sat.	Sun.
9:00 am	8:00 am
	9:30 am
Sat. Vigil 5:15 pm	11:00 am
	12:30 pm

## FORMED

Get the best Catholic content straight to your device. You can download the FORMED app in any online App Store and then simply select Our Lady of Sorrows parish.

Check it out at [bit.ly/3r16iFV](http://bit.ly/3r16iFV)

## Adoration

Mondays 7:00 pm to 8:30 pm

## Confessions

Mondays 7:00 pm to 8:30 pm  
Saturdays 4:00 pm to 5:00 pm

## Communion for the Sick and Homebound

If you are sick or homebound and would like to receive Holy Communion, contact Gabriella at [gabriella@sorrows.ca](mailto:gabriella@sorrows.ca) or call the parish office at 416-231-6016.

## Coffee Friday

**02/07/25** All are welcome — bring a friend & a treat to share!

After 9:00 am Mass, Parish Hall

## Children's Choir

Learn and sing while making new friends! [bit.ly/olschoir](http://bit.ly/olschoir).

Rehearsals every Thursday  
4:00 pm - 5:00 pm, Parish Hall

## Liturgy of the Word with Children

Children ages 4 to 10 welcomed to reflect on the Gospel readings adapted to their level of understanding. No registration required.

9:30 am Sunday Mass  
Parish Hall

## Get Involved!

### The Stewardship Journey

Put your faith into action and serve our parish community. Consider being part of one of several ministries here at Our Lady of Sorrows!

To learn about OLS Ministries, go to [bit.ly/3O0SYJX](http://bit.ly/3O0SYJX).



## Jubilee Mass with Bishop Camilleri

**02/05/24** Designated as a Pilgrim Church for the Western season during the 2025 Jubilee, OLS will be having a special Mass to commemorate the opening of the Jubilee Year.

7:00 pm - 8:00 pm, Church

## Marriage Sunday Weekend February 8 & 9

Celebrate the importance of the Sacrament of Marriage and honour married couples. Couples married in the Catholic Church will have the opportunity to renew their marriage commitment and receive a blessing.

All Masses, Church

## Family Life Events

**02/18/25** Mom's Group: Pray & Play  
10:00 am - 12:00 pm, Parish Meeting Room

**TBC** Family Movie Afternoon

3:00 pm - 5:00 pm, Parish Hall

**02/26/25** Parents' Small Group \*

5:00 pm - 6:30 pm, Parish Hall

\* requires registration - [familylife@sorrows.ca](mailto:familylife@sorrows.ca)