



# May 2026

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## Mass Schedule

**Mon. - Sat.** 9:00 am    **Sat. Vigil** 5:15 pm  
**Sun.** 8:00 am, 9:30 am, 11:00 am, 12:30 pm

**Coffee Friday**  
**May 1**  
9:30 am  
Parish hall.

**Mass with the Sacrament of Anointing of the Sick - Tue, May 12, 11:00 am**  
Confessions at 10:00 am - 10:50 am  
To join the luncheon after Mass in the parish hall, RSVP at [office@sorrows.ca](mailto:office@sorrows.ca)

**Young Adults Ministry**  
**Fri, May 15**  
6:00 pm - 8:00 pm.  
Parish hall.

**Alpha Retreat**  
**Sat, May 16**  
Details to come!

**Mental Health Initiative**  
**Thu, May 28**  
9:30 am - 12:00 pm.  
Parish hall.

## Family Life Events

**Pray & Play (Mom's Group)**  
**Tue, May 19**  
10:00 am - 12:00 pm.  
Parish hall meeting room.

**Parents Small Group**  
**Wed, May 27**  
5:00 pm - 6:30 pm. Parish hall.  
Register at [bit.ly/3YYnlpp](https://bit.ly/3YYnlpp)

**Sunday Community Social**  
**Sun, May 31.**

10:30 am - 11:30 am. Parish hall.  
Featured Ministry: Lectors

"God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life."

John 3:16

Check the weekly bulletins for updates.