



February 2026

416-231-6016 · www.sorrows.ca · office@sorrows.ca

Mass Schedule

Mon. – Sat. 9:00 am **Sat. Vigil** 5:15 pm
Sun. 8:00 am, 9:30 am, 11:00 am, 12:30 pm

Feb 6 **Coffee Friday**
9:30 am – 11:30 am,
in the parish hall

Family Life Events

Feb 10 Pray & Play (Mom's Group)
10:00 am – 12:00 pm. Parish hall meeting room.

Feb 21 Family Movie Afternoon
3:00 pm – 5:00 pm, Parish Hall

Feb 25 Parents' Small Group
5:00 pm – 6:30 pm. Parish hall.
Light dinner and childcare provided!
Register at bit.ly/3YYnlpp

**Mental Health Initiative:
Horizons of Hope
Begins Feb 2**

Details to come!

Contact Anne Marie at
416-559-9455.

9:30 am – 11:30 am,
Mondays in the parish hall

**Bible Study – Term 2:
The Story of Salvation History
Jan. 17 – Mar. 7, 2026**

Email Susy and Jennifer at
ministry01@sorrows.ca or
call the parish office for more info.

10:00 am – 11:45 am, Saturdays in the parish hall

Ash Wednesday Mass

Feb 18 7:30 pm – 8:30 pm

Young Adults Ministry

Feb 20 6:00 pm – 8:00 pm,
in the parish hall.

**Conversation in Spirituality
and Ethics – Anne Sirek**

Feb 27 6:30 pm – 8:00 pm, in the parish hall.

Check the weekly bulletins for updates.