



January

416-231-6016 · www.sorrows.ca · office@sorrows.ca

Dates and time may change - Check our [bulletins](#) for updates!!

Parish Registration

Become an OLS parishioner and receive all communications.

Register bit.ly/3vbp4t4

2025 Donation Envelopes

Pick up envelopes at the Bloor Foyer. Include your information and donation amount on each envelope for receipt tracking.

Mass Schedule

Mon. - Sat.	Sun.
9:00 am	8:00 am
	9:30 am
Sat. Vigil	11:00 am
5:15 pm	12:30 pm

Pre-Authorized Giving (PAG)

Make monthly donations through your bank account or by credit card

Enroll at bit.ly/3RCTJlw

Adoration

Mondays 7:00 pm to 8:30 pm

FORMED

Thousands of Catholic media, parish programs and studies direct to your device. Free to **register** at bit.ly/3r16iFV.

Confessions

Mondays 7:00 pm to 8:30 pm
Saturdays 4:00 pm to 5:00 pm

Communion for the Sick and Homebound

If you are sick or homebound and would like to receive Holy Communion, call the parish office at 416-231-6016.

MyParish App

Keep yourself updated with relevant parish news or events. Free to download! Available on the [AppStore](#) or [Play Store](#).

Knitting Circle

All knitted items are donated to charity. Yarn donations welcomed. **Every Tuesday**
1:30 pm - 3:00 pm, Parish Hall

Coffee Friday

01/03/25 All are welcome — bring a friend & a treat to share!
After 9:00 am Mass, Parish Hall

Bible Study - Wisdom: God's Vision for Our Life

01/18/25 - 03/08/25

Eight-week study on biblical wisdom and how to apply it to daily life. Cost: \$35 with journal included. Register with Susy or Jen at ministry01@sorrows.ca.

Every Saturday
10:00 am - 11:30 am, Parish Hall

Community Building Sunday

01/26/25 Join us for casual conversation, coffee, and treats! Hosted by our Parish Support Ministries.

After 8:00 am Mass, Parish Hall

Mental Health Workshop on Cognitive Decline

01/27/25 Understand dementia, its symptoms, and its effects on memory and wellbeing. Discover steps to prevent the disease or manage life with it. Free workshop. Register with Anne Marie at 416-559-9455.

10:00 am - 11:30 am, Parish Hall

Liturgy of the Word with Children

Children ages 4 to 10 welcomed to reflect on the Gospel readings adapted to their level of understanding. No registration required.

9:30 am Sunday Mass, Parish Hall

Vesnivka Choir Christmas Concert

01/12/25 Includes traditional and contemporary Ukrainian Christmas Carols (Kolyadky) and New Year songs (Schedrivky). Doors open 3:00 pm.

4:00 pm - 7:00 pm, Church

Family Life Events

01/21/25 Mom's Group: Pray & Play

10:00 am - 12:00 pm, Parish Meeting Room

01/25/25 Family Movie Afternoon

3:00 pm - 5:00 pm, Parish Hall

01/22/25 Parents' Small Group *

5:00 pm - 6:30 pm, Parish Hall

* requires registration - familylife@sorrows.ca

It's the New Year!

Any Resolution?

The Stewardship Journey

Put your faith into action and serve our parish community. Consider being part of one of several ministries here at OLS!

To learn about OLS Ministries,
go to bit.ly/3OOSYJX.