

OUR LADY OF SORROWS PARISH

Office Hours: Monday - Friday, 9:30 am - 4:00 pm 3055 Bloor St. W, Etobicoke ON M8X 1C6

416-231-6016 office@sorrows.ca www.sorrows.ca

Mass Schedule

Weekdays (Monday to Saturday): 9:00 am

Saturday Vigil: 5:15 pm

Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm *Children's Liturgy of the Word (ages 4-10 yrs.)
Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm - 8:30 pm

Reconciliation

Monday: 7:00 pm - 8:30 pm Saturday: 4:00 pm - 5:00 pm

By appointment - call the parish office

September 22, 2024

Fr. Chris Cauchi, *Pastor*Elise Lee, *Family Life Minister*Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

Sacrament of Baptism - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Parents are invited to attend a baptism preparation session every third week of the month.

Rite of Christian Initiation for Adults (RCIA) - This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

Society of St Vincent de Paul 647-770-4805

Our Lady of Sorrows School www.tcdsb.org

Archdiocese of Toronto www.archtoronto.org

Catholic Cemeteries www.catholic-cemeteries.com

Twenty-Fifth Sunday in Ordinary Time Stewardship Sunday



This week's readings invite us to reflect on humility, wisdom, and service. We are reminded that living a righteous life may lead to suffering and opposition. True wisdom leads us on a difficult path, but it will bring us peace and a closer relationship with God.

In the Gospel, Jesus teaches his disciples about true greatness, that whoever wants to be first must be the servant of all. Instead of seeking power and status, He calls us to serve others, especially those who are vulnerable and in need.

Reflection Questions:

- How can I live my life with humility?
- What can I do to avoid jealousy and selfish ambition?
- Why is it important to remain faithful even when facing hardships?

World Day of Migrants & Refugees — Sept. 29

The theme, selected by Pope Francis, is "God Walks with His People."
We are all God's people on our way to the eternal homeland.
Let us unite in prayer for all those who have had to leave their land in search of dignified living conditions.

Stewardship Sunday

Sharing your individual gifts of time and talent is an act of faith that helps build our OLS community. There are many ministries at OLS — something for everyone — based on your own personal talents and available time. Listen to the archbishop's message on stewardship: bit.ly/3Z7JJhR

For the next five weeks, there will be handouts highlighting different ministries and featuring an OLS volunteer. Stewardship categories will be featured in this order:

- Catechesis First Holy Communion
- Evangelization Bible Study
- Outreach Mental Health Initiative Group
- Parish Support Building Committee
- Liturgy Altar Servers

You are invited to discover your Stewardship path and share your time and talents through the examples of the journey others have taken.

Liturgy of the Word with Children

Each 9:30 am Sunday Mass, after the opening hymn in the parish hall. No registration required. Please email familylife@sorrows.ca to volunteer.

Baptism Preparation for School-Aged Children

Families whose children have reached their 6th birthday and have not yet been Baptized, are invited to learn more about this process at Our Lady of Sorrows. Contact baptism@sorrows.ca or Gabriella in the parish office.



2024/2025 Sacramental Preparation

The sacraments of **First Communion** and **Confirmation** are significant milestones in the faith journey of our young parishioners. Registration

packages are available at the back of the church after Mass. Email firstcommunion@sorrows.ca or confirmation@sorrows.ca for any inquiries.

An Invitation to Alpha — Begins Oct. 15

Alpha is a multi-week course where participants discuss the purpose of life, Jesus' teachings, and more. Curious? Come and see the first Alpha night! Alpha meet Tuesdays from 6:45 pm to 8:45 pm in the Parish Hall. Program and meals are free. Contact alpha@sorrows.ca for details. To register: bit.ly/3MJuVhK

Fall Bible Study — Begins Sept. 28

The Catholic Church is extraordinary — it's where we encounter God's Word, his sacraments, and his saints. Join us for "What We Believe: The Beauty of the Catholic Faith" every Saturday from 10:00 am to 11:30 am, beginning Sept. 28 until Dec. 14. Cost: \$45. For details and registration, contact ministry01@sorrows.ca.

Volunteer Catechists Needed!

We are looking for volunteers to help teach our younger parishioners in our Religious Education, First Communion, and Confirmation programs. You don't need to be an expert, we will help train you! Please contact the parish office at office@sorrows.ca for information.

An Invitation to become Catholic

Is God calling you to join the Catholic Church? Are you baptized in another denomination and would like to be received into the Catholic church? Are you an un-catechized, baptized Catholic who would like to finish your initiation into the Church and celebrate the sacraments of Confirmation & Eucharist?

Rite of Christian Initiation of Adults (RCIA) prepares unbaptized individuals to be received into the Catholic church. Candidates explore and deepen their relationships with God, harnessing their gifts to serve the world. For more details, contact Gabriella at 647-933-3705 or gabriella@sorrows.ca.

2024/2025 OLS Religious Education — Registration for school year is now OPEN!

Parishioner families with children in grades 2-7 attending non-Catholic schools are encouraged to register. In-person classes are held at OLS School Monday evenings from 7:00 pm to 7:40 pm. The program is largely volunteer-run and parents are expected to assist. On Oct. 7, there will be a welcome meeting in the parish hall at 7:00 pm. Registration fee: \$75 per child. Visit our website or email ReligiousEd@sorrows.ca. Grade 1 students are invited to participate in the Liturgy of the Word with Children at the 9:30 am Sunday Family Mass.

Family Movie Afternoon — Sept. 28

Watch Disney's "Cars (2006)" with us in the parish hall. Movie starts at 2:30 pm. Free admission, free popcorn, and pizza for \$2.

Parents' Small Group — Sept. 30

For parents of all ages and stages! 5:00 pm to 6:30 pm in the parish hall. Light dinner and childcare provided. Register at bit.ly/3XhUBqN.

Email familylife@sorrows.ca for inquiries.



Praying with Mary / The Rosary Participate in the Year of Prayer announced by Pope Francis by attending this webinar on prayer

led by Dr. Josephine Lombardi on Thursday, October 3, 1:00 – 2:30 pm. You're invited to the parish hall to watch with other parishioners. Register for the Fall series: bit.ly/3MJhsGW.

Life Chain — October 6

Join fellow parishioners on the corner of Bloor & Islington from 2:00 pm to 3:00 pm in witnessing the sanctity of life on behalf of the most vulnerable. Life Chain is a prayerful, peaceful affirmation that life is a gift to cherish and defend at every stage. bit.ly/3Tv82T8

Second Collection Next Week Needs of the Church in Canada

Actively assist bishops in their ministry of accompanying, teaching, guiding, sanctifying and caring for the Church in Canada.

2024 Thanksgiving Food Drive

Your generous donation of nonperishable food items for the Good Shepherd Ministries will be gratefully



received. Donations can be dropped off at the back of the church on the weekend of Oct. 12 & 13, as well as Monday, Oct. 14. Thank you in advance for your kindness!

Novena to Saint Michael the Archangel



Archbishop Leo invites us to offer a novena to Saint Michael, the Patron of the archdiocese. The novena started on

Sept. 20 and span 9 days until Sept. 29, the Feast of the Archangels. bit.ly/4ektjXH

Introducing 'Praise and Worship' Music at OLS

Our parish has a rich tradition of beautiful liturgical music, which we cherish for its purpose: the glory of God and the sanctification of the faithful.

To further enrich our music ministry in service of our diverse community, we are excited to introduce new musical elements at one of our weekend Masses—the Saturday 5:15 pm Mass. We will be incorporating Praise and Worship music, which includes contemporary hymns and songs typically accompanied by keyboard, guitar, and drums.

This contemporary music is designed to be prayerful and accessible; however, please rest assured that the Mass will

not become a rock concert. Our aim is not to replace our traditional music but to offer a broader variety of high-quality music during our liturgies.

Stay tuned for more information, and please keep us in your prayers as we seek the spiritual fruits of this new pastoral initiative.



ACTS Retreat at Queen of Apostles Renewal Centre 1617 Blythe Rd., Mississauga

Come and renew yourself spiritually, to strengthen your faith and to apply it to your daily life.

Women's Retreat: Oct. 3 to 6, 2024. Men's Retreat: Oct. 31 to Nov. 3, 2024. For more information or to register, please www.actscanada.org actscanadacore@gmail.com.

Aass Intentions.

September 23 to 29

Int. of Blanche D'Souza & Children by Blanche Mon. D'Souza

†Anthony Puhl by Pam Ruebusch & Henry Liska Tue.

Int. of Alicia and Cameron by family Wed.

Thu. **†Joan Simone**

Fri. Int. of Alicia and Cameron by family

Sat. †Mia Carroll by Eddie Carroll

Sat. 5:15pm †Olivia Newton-John by Michael Foran

Sun. 8:00am †Helen Pawlowski by family

9:30am †Chloe Isabella Rosatelli by Robert

Rosatelli

11:00am †Nathanial Smyth & Larry Smyth by

Parente & Manion family

12:30pm Parish Intentions



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A vibrant parish is one that enjoys engaged parishioners across a spectrum of Ministries. We invite you to share your time, talents, and treasures in the true spirit of Stewardship, building up the Kingdom of God one brick at a time.

Catechesis



BAPTISM PREPARATION | Cynthia Wujek | baptism@sorrows.ca

Baptism preparation is for registered parishioners who are requesting baptism for their children. This 2-hour preparation class is held monthly in the evening at OLS. The opportunities to serve on the baptism preparation team include leading the presentation and discussion; preparing communications for participants; and assisting families at the celebration of the Baptismal rite at Mass.



RELIGIOUS EDUCATION | Halina Ogonek | religioused@sorrows.ca

Our ministry provides religious education for Catholic students, grades 1–7 inclusive, who are not attending a Catholic school. Our program follows the religious education curriculum set by the TCDSB and is run exclusively through the dedication of parents of enrolled students, parish members, high school and university students and student teachers. Classes are being run in person on Monday evenings at OLS school. There is a critical need for more volunteers to help teach the program in order to ensure the 100+ registered students can be taught!



FIRST COMMUNION & CONFIRMATION

Anna Chelmecki, <u>firstcommunion@sorrows.ca</u> | Patricia Dal Ben, <u>confirmation@sorrows.ca</u> | First Communion preparation is for registered parishioners who are requesting the sacrament for children in grade 2. Confirmation preparation is for children in grade 7. Sessions will be held in person in the parish hall. Registration is required in September.



RITE OF CHRISTIAN INITIATION FOR ADULTS (RCIA) | Gabriella Sklar | gabriella@sorrows.ca

RCIA is the process by which adults become initiated into the life of the Catholic Church over an extend period of time culminating in the celebration of the Sacraments of Baptism, Confirmation and Eucharist. There are three opportunities to serve in the RCIA Ministry: Team Member - facilitating RCIA catechetical sessions; Sponsor - committed Catholics who stand as witnesses to the candidates' character and attend RCIA meetings; and, Break Open the Word Leaders who join candidates for a prayerful re-reading and reflection on the weekly Sunday Gospel.



RITE OF CHRISTIAN INITIATION FOR CHILDREN (RCIC) | John Wujek | baptism@sorrows.ca

RCIC helps a child (ages 6-12) become Catholic through classes about Catholic Traditions, Catechism, Sacraments and Prayer. This journey toward the Sacrament of Baptism includes regular church attendance and ongoing faith celebration at home. These sessions allow children to deepen their relationship with Jesus, who truly loves and cares for them.

Evangelization



ALPHA | John McVeigh & Anna Chelmecki | alpha@sorrows.ca

Alpha is a series of weekly sessions that give people an opportunity to connect over a meal watch a dynamic film series, and engage in meaningful conversations in a friendly and safe space to explore life's big question together. The Alpha team is looking for people who are interested in helping with hospitality, monetary donations, small group leaders, prayer warriors, meal prep and meal donations. Reach out to learn more about these roles and being a part of the Alpha team.



BIBLE STUDY | Susy Faria & Jennifer Sontrop | ministry01@sorrows.ca

The parish bible study programs cover a different theme each session. Weekly Saturday morning meetings include a video presentation, discussion and an opportunity for fellowship.



FAMILY LIFE MINISTRY | Elise Lee | familylife@sorrows.ca

The Family Life Ministry is dedicated to supporting OLS families in various stages of life. Programs and events provide practical support to help build community and support faith development.





ALTAR SERVERS | Lucy Sabada | altarservers@sorrows.ca

Our altar servers are boys, girls and young adults who assist the priest and other people at Saturday and all Sunday Liturgies. Each server is provided with training and a flexible schedule. This is an opportunity for our young parishioners to learn more about their faith!



ADULT ALTAR SERVERS (FUNERAL MINISTRY) | Gabriella Sklar | gabriella@sorrows.ca

Adult altar servers are also needed for weekday Mass celebrated at 9:00 am and funeral Mass which are usually celebrated Monday to Saturday at 11:00 am. Funeral servers would be contacted within 1 to 2 days of upcoming funeral Masses to check availability.



ALTAR SOCIETY | Ronayne O'Connor | ronayne97@gmail.com

Altar Society is one of the longest running Ministries and makes our church sparkle! Working in teams, volunteers provide care and maintenance of the sacristy and sanctuary and preparations for liturgical celebrations, e.g. polishing brass candle holders, washing holy water dishes and laundering small linens that are used at the Mass.



EXTRAORDINARY MINISTERS OF HOLY COMMUNION

Daphne Dodig | <u>eucharisticministers@sorrows.ca</u>

The needs of the Church allow for members of the lay faithful, approved by a Bishop or a Priest, to distribute Holy Communion during Mass, supporting the Celebrant. The term 'Extraordinary' refers to the distinction between the contingent role served by these ministers and the normative role served by a Priest as the 'Ordinary' minister of the Eucharist.



EXTRAORDINARY MINISTERS OF HOLY COMMUNION (SICK AND HOMEBOUND) office@sorrows.ca

These Extraordinary Ministers of Holy Communion are specifically focused on bringing communion to the sick and homebound in the community, thus providing a spiritual work of mercy that brings great comfort to the faithful.

Liturgy



LECTOR MINISTRY | Cora Dusk | coradusk@hotmail.com

The Lector Ministry is rooted in the power of the Word of God. Lectors are trained by current Ministry members, which include a procedural handout and workbook. There are two lectors at each Sunday mass and one at weekday masses. Volunteers are scheduled on a 3-month basis and read approximately once/month for a total of 12-15 readings/year.



LITURGY OF THE WORD WITH CHILDREN | Alicia Britton | brittona3@gmail.com

On Sundays at the 9:30am Mass, our young parishioners ages 4-10 are invited to gather in the parish hall after the opening hymn to hear and reflect on the Gospel reading in an age-appropriate adaptation. They will return to their families after the Prayer of the Faithful, during the Offertory Hymn. No pre-registration is required. Volunteers are needed for 2 roles: to assist during the liturgy (suitable for high school, young adults and adults); and, to help lead the liturgy (suitable for adult).



MINISTERS OF HOSPITALITY | Luisa McKee | <u>luisa@sorrows.ca</u>

At OLS we believe that hospitality is at the forefront of our Catholic faith. Ministers of Hospitality are the first faces seen as parishioners and visitors enter our church, and help to foster a warm and welcoming atmosphere for weekday and weekend Masses and special parish events. They help us feel safe and supported. Interested parishioners are provided with an in-depth orientation.



MUSIC MINISTRY (ORGAN, CANTORS & ADULT CHOIR) Gordon Mansell | gdmansell@sympatico.ca

Music at OLS has been a very important part of liturgy and outreach ministry. Our world-re-nowned Casavant pipe organ has been an important foundation of music in the parish, supporting our cantors, choir and congregation. Together, we collaborate with the congregation in the singing of our parish hymns, provide inspirational prayerful music and assist in creating a joyful environment. Should you wish to be part of this wonderful team of music-makers, the Adult choir rehearses Thursday nights in the choir loft from 7:30pm - 9:00pm. This choir supports the 11:00am Sunday Mass and at special liturgical celebrations throughout the year.



MUSIC MINISTRY (CHILDREN'S CHOIR) | Alejandra Ballon | aballon2@gmail.com

The Children's Choir supports the 9:30am Sunday Mass. Rehearsals every Thursday afternoon at 4:00 pm. Come to learn and sing with Ms. Ale!

Parish Support

BUILDING COMMITTEE
Luisa McKee
luisa@sorrows.ca

Luisa McKee Luisa@sorrows.ca

FINANCE COMMITTEE

Johnri Velez

bookkeeper@sorrows.ca

SENIOR LEADERSHIP TEAMCynthia Wujek, John McVeigh
& Martin Riley

VOLUNTEER SCREENING COMMITTEE | Cristina Aiello, Scott Small & Sonia D'Alessandris | office@sorrows.ca

"If we truly have the spirit of stewardship, we will not let God's gifts go to waste, and we will not selfishly cling to them, but use them graciously to serve others, and in doing so give glory to God."

Outreach



ECULINKS ETOBICOKE & SOCIAL JUSTICE ISSUES | Cora Dusk | coradusk@hotmail.com

Eculinks Etobicoke is a local ecumenical group focused on networking, information-sharing, and support for each other's social justice programs. We care about poverty reduction, refugee support, the environment/climate change, right relations with Canada's Indigenous Peoples, and anti-racism initiatives. We meet 4 or 5 times per year and are also engaged in projects such as town hall meetings with election candidates and educational events.



MENTAL HEALTH INITIATIVE GROUP | Marlene Robinson | marlener@rogers.com

The group offers workshops related to mental health and wellness – with a wide range of topics including dealing with chronic disease, self-care, mending and repairing relationships, etc. The launch of this program has been supported by Catholic Family Services. While it is geared to seniors in the parish community, the topics are of interest to all ages. Workshops and programs are offered throughout the year.



SOCIETY OF ST VINCENT DE PAUL | Mike Wiley | mike.wiley@utoronto.ca

The mission of the Society is to live the Gospel message by serving Christ through our neighbours in need with love, respect, justice and joy. Our volunteers respond to people who call for various types of assistance. Some may need a compassionate ear. Some may need emergency assistance in the form of food, clothing, or furniture. Others may need information that will help them access appropriate services.



SHARELIFE

This is an Archdiocese of Toronto led Ministry which supports over 40 Catholic and social service agencies that help the entire community, regardless of religious affiliation or financial means. Volunteers work with the ShareLife Lead and the parish office to communicate the progress of our annual parish campaign. All training is provided by ShareLife.



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Social Groups

BRIDGE | Gail Weiler • gweiler@vertexips.com

KNITTING CIRCLE | Helen Brukner • h.brukner@sympatico.ca

COMMUNITY BUILDING MINISTRY | Halina Ogonek & Leah Bautista • olscommunitybuilding@gmail.com

GARDEN BUDDIES | Michelle Canella • michelle.canella@gmail.com

SPECIAL NOTE:

All volunteers will undergo Archdiocesan Volunteer Screening protocol and Police Check for high risk ministries.

A steward is someone who receives God's gifts gratefully, develops those gifts responsibly, shares those gifts lovingly in justice with others, and makes a return with interest to the Lord. As stewards, we are called to use the many diverse gifts we are given to serve one another for the glory of God.