



# OUR LADY OF SORROWS PARISH

*An Ever-Growing Beacon of God's Love, Hope and Joy for All*

Office Hours: Monday - Friday, 9:30 am - 4:00 pm  
3055 Bloor St W, Etobicoke ON M8X 1C6  
416-231-6016 | [office@sorrows.ca](mailto:office@sorrows.ca) | [www.sorrows.ca](http://www.sorrows.ca)



## Mass Schedule

Weekdays (Monday to Saturday): 9:00 am  
Saturday Vigil: 5:15 pm  
Sunday: 8:00 am, 9:30 am\*, 11:00 am, 12:30 pm\*  
\*Includes Liturgy of the Word with Children  
Rosary is prayed Monday to Saturday at 8:25 am

## Adoration

Mondays 7:00 pm - 8:30 pm

## Reconciliation

Monday: 7:00 pm - 8:30 pm  
Saturday: 4:00 pm - 5:00 pm  
By appointment - call the parish office

September 14, 2025

Fr. Chris Cauchi, *Pastor*  
Angelica Chacon, *Family Life Minister*  
Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

**Sacrament of Baptism** - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Parents are invited to attend the baptism preparation session.

**Rite of Christian Initiation for Adults (RCIA)** - This program is for adults interested in joining the Catholic Church.

**Sacrament of Marriage** - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

**Pastoral References** - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

**Society of St Vincent de Paul**  
647-770-4805

**Our Lady of Sorrows School**  
[www.tcdsb.org/ourladyofsorrows](http://www.tcdsb.org/ourladyofsorrows)

**Archdiocese of Toronto**  
[www.archtoronto.org](http://www.archtoronto.org)

**Catholic Cemeteries**  
[www.catholic-cemeteries.ca](http://www.catholic-cemeteries.ca)

## The Feast of Our Lady of Sorrows



The Feast of Our Lady of Sorrows honours the Blessed Virgin Mary by recalling her seven sorrows—the Prophecy of Simeon, the Flight into Egypt, the loss of the Child Jesus in the Temple, the meeting of Jesus on the Way of the Cross, the Crucifixion, the taking down of the Body from the Cross, and the burial of Jesus.

The celebration invites prayerful reflection on how Mary, “full of sorrow yet full of hope,” models a faithful response to suffering, pointing always to the mystery of Christ’s passion, death and resurrection.

**Readings of the Day:** *Genesis 22.1-19, Psalm 31, Hebrews 5.7-9, John 19.25-27*

Reflection questions:

- *How do I respond when God invites me to trust Him with something I love most, even when the request seems impossible?*
- *What fears or situations in my life am I ready to bring before God as a place of refuge, and what does that surrender look like for me?*
- *How does Mary’s presence at the crucifixion inspire me to see Christ’s love for me reflected in the caring relationships I have?*

## FAMILY LIFE MINISTRY

### Family Movie Afternoon | Sept. 27

Doors open 2:30 pm, movie starts 3:00 pm. Free admission + popcorn!



### Mom's Group: Pray & Play | Sept. 16

10:00 am - 12:00 pm in the parish hall.

Questions? Email [familylife@sorrows.ca](mailto:familylife@sorrows.ca)

### Parent's Small Group | Sept. 24

5:00 pm - 6:30 pm in the parish hall.  
Light dinner and childcare provided!



## OLS Altar Server Ministry

We invite children to join our Altar Server Ministry to grow in their faith and help make our liturgies special! Interested? Contact Lucy at 647-828-3972 or [altarservers@sorrows.ca](mailto:altarservers@sorrows.ca)



## Liturgy of the Word with Children



Starting Sept. 21, it will also be available at the 12:30 pm Mass! No registration required. To learn more about volunteering as a parent, contact Angelica: [familylife@sorrows.ca](mailto:familylife@sorrows.ca)



## With Joyful Hearts

On Saturday, Sept. 21, we welcome Vienna who will be Baptized at the 12:30 pm Mass. Please pray for her and her family in their journey in the Catholic faith.

## Music Ministries - Praise and Worship Band

Weekly starting Sept. 21, at the 12:30 pm Mass, enjoy prayerful contemporary music provided by OLS' new Praise and Worship Band, led by Cantor Alejandra.



## Blessing of Pets | Oct. 4,

From 3:00 pm - 4:00 pm, held in front of the church.

## New Bible Study Series Coming This Fall!

*Do you find the bible intimidating or confusing? Do you want to dive deeper into scripture but find it difficult to do on your own?*

Join us for three, eight-week sessions that will take you on a guided journey through the entire bible. Learn God's plan for salvation history and be transformed in the process. Meetings will be on Saturday mornings from 10:00 am - 11:45 am.

### Session 1: Oct. 18 - Dec. 13

(Genesis - End of Exodus)

### Session 2: Jan. 17 - Mar. 7

(The Desert wanderings - Exile)

### Session 3: Apr. 11 - Jun. 13

(The Return - end of the New Testament)



You are recommended to commit to all sessions, but it is not mandatory. Registration information to come!

## Is God calling you to the Catholic Church?

Rite of Christian Initiation of Adults (RCIA) prepares individuals to be received into the Catholic Church. Candidates are invited to explore and deepen their relationship with God, harnessing their gifts in service to the parish and broader world. For details, contact Gabriella at 647-933-3705 or [gabriella@sorrows.ca](mailto:gabriella@sorrows.ca)

## SOCIAL JUSTICE

### Seeds of Hope 2025



OLS Social Justice Group will be gratefully accepting both homegrown and store-bought produce at weekend Masses on **Sept. 20 & 21**. All donations will be given locally to the Mabelle Food Program. Let's try to beat last year's record harvest!

### Truth and Reconciliation Public Gathering

Join us on **Sept. 30, 12:00 pm** at the Campfire sculpture, Humber Bay Shores Park, to honour the National Day for Truth and Reconciliation. Featuring Chief Claire Sault of the Mississaugas of the Credit First Nation. Hosted by Eculinks and Kairos. Contact: [info@eculinks.ca](mailto:info@eculinks.ca)





## Sacramental Preparation & Religious Education Update

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### First Reconciliation & First Communion

Info & registration: [bit.ly/3JPAehx](https://bit.ly/3JPAehx)

### Confirmation

Info & registration: [bit.ly/483tSoN](https://bit.ly/483tSoN)

### Religious Education Program Discontinued

Children are now invited to attend Sunday Mass with their families and join the Liturgy of the Word with Children.

***Thank you for your continued support and commitment to your child's faith journey.***

We are looking for **volunteer catechists** to help teach our younger parishioners in our First Communion and Confirmation programs. Training is provided. Contact the parish office at [office@sorrows.ca](mailto:office@sorrows.ca) or 416-231-6016.

### Life Chain – Peaceful Witness for Life

Join us Sunday, Oct. 5, from 2:00 pm - 3:00 pm at Islington & Bloor for a family-friendly, prayerful stand for life. Participants will hold non-graphic signs and pray silently to affirm the dignity of every human life.



### An Invitation to Alpha — Begins Oct. 14



Alpha is a free multi-week course that creates a space to ask questions about life, faith and meaning in a friendly environment.

Come see our first session on **Oct. 14!** Sessions include free refreshments, a short video, and time to connect. Contact [alpha@sorrows.ca](mailto:alpha@sorrows.ca) for questions.

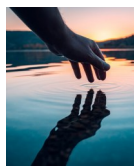
Get a head-start on parish events this fall using our

**3-month-calendar:**

<https://bit.ly/3VbpNHF>



## MENTAL HEALTH INITIATIVE GROUP



### Sacred Scripture: A Whispering in My Heart

The Mental Health Initiative invites you to an interactive session with Dr. Ann Sirek — physician and theologian.

Through guided reflection, mindfulness practices, and a simple creative activity, we will explore how God's Word can bring comfort, clarity, and hope in our daily lives. Held in the parish hall on Oct. 6, 10:00 am - 11:30 am. The event is free but requires registration. Contact Anne Marie at 416-559-9455.

### Baptism Preparation for School-Aged Children

Families whose children have reached their 6<sup>th</sup> birthday and have not yet been Baptized can learn more about this process at OLS. Contact [baptism@sorrows.ca](mailto:baptism@sorrows.ca) or Gabriella in the parish office.



## Mass Intentions

FOR THE WEEK

### September 15 to 21

- Mon.** Parish Intentions
- Tue.** †Barbara Attley by Tim, Angela & Lilly Attley
- Wed.** †Donald M. Ross by Jimmy & Winnie Magee
- Thu.** †Isilda & Alfonso Lopes by Cristina, Paolo & Stefano Della Camera
- Fri.** †Czeslawa Ptasznyk & †Lilian Traer Kane by the Traer family
- Sat.** †Earl Anselm by Mercy Anselm & family  
 †Mona & +Nadia Henein by Denise Hanna  
 †Gamal Eldaief by Denise Hanna  
 †Jack Langivan by Denise Hanna  
 †Tomy Alcamo by Denise Hanna  
 †Catherine Dymphna McCotter by Cathy Kelly  
 †Joseph Vella by Tony Vella & family  
 †Paolo Ferrante by family  
 †Jaime Gonzalez by family
- Sat. 5:15 pm** †Boguslaw Slazyk by Anna Slazyk & family
- Sun. 8:00 am** Int of Fr. Chris Cauchi by Belen & Alma Baccay  
 9:30 am †Gerry & †Rita McKee by family  
 11:00 am Parish Intentions  
 12:30 pm †Helen Bou-Younes by Souad Jabbour and family

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|  <h1>THE ISLINGTON</h1> <p>RETIREMENT RESIDENCES</p> <p>INSPIRED SENIOR LIVING WITH </p>                                                                                                                                                          |                                                                                                                                                                                                                          | <h2>COMING SOON</h2> <p>CALL (437) 826-9696 TO RESERVE YOUR SUITE</p>                                                                                                                                                                                                                                                                                                                                                                                                               |  | <h2>Corinne Del Piero</h2> <p>Salesperson</p> <p><b>ROYAL LEPAGE</b></p> <p>Office: 416-239-1818<br/>Direct: 416-804-3829<br/>Email: cdelpiero99@gmail.com</p> <p>Realty Centre, Brokerage*</p> <p><small>*Independently Owned and Operated</small></p>  |  |
|  <p>416-231-6688<br/>www.yellowcupcafe.com</p>                                                                                                                                                                                                                                                                                      |  <p><b>CROATIAN ELECTRIC</b><br/>ELECTRICAL CONTRACTORS<br/>416.234.9006</p>                                                            | <p><b>KINGSWAY FISH &amp; CHIPS</b><br/>"For the Finest Fish &amp; Chips this side of the Atlantic"<br/>3060 Bloor St. W. 416-233-3355</p>                                                                                                                                                                                                                                                                                                                                          |  |  <p>Top Quality Meats • Produce • Grocery • Gourmet Foods<br/>4242 Dundas St. W. 416-234-1106</p>                                                                                                                                                       |  |
| <p><b>Brook &amp; Braddock Opticians</b></p> <p>Your family opticians since 1965</p> <p>3101 Bloor St. W.<br/>416-233-2611 * 416-233-4030</p>                                                                                                                                                                                                                                                                       |  <p><b>GIB-SAN</b><br/>Pool &amp; Landscape Creations</p> <p>Swim for the Health of it!</p> <p>www.gibsanpools.com<br/>416-749-4361</p> |  <p><b>PRISTINE</b><br/>GROUP OF COMPANIES<br/>www.pristineprinting.com</p>                                                                                                                                                                                                                                                                                                                        |  |  <p><b>Lynett Funeral Home</b><br/>by Arbor Memorial Inc. 416-767-1176<br/>3299 Dundas St. W. Toronto (1 block east of Runnymede)</p>                                                                                                                   |  |
| <p>LOOKING FOR A PRIVATE PSW?<br/>CareSupportWorker is here to help.<br/>Call: 647-894-0588<br/>Email: lourdcsw@gmail.com<br/>Visit: caresupportworkers.ca</p>                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                          |  <p><b>CANDIDO FARIA</b><br/>BROKER &amp; PARISHIONER</p> <p>For a Free Consultation or Real Estate Overview Contact Me</p> <p>RE/MAX ULTIMATE<br/>TEL. 416.459.2007<br/>WWW.CANDIDOFARIA.CA</p>                                                                                                                                                                                                   |  | <p><b>PETER'S PLUMBING</b><br/>Reasonable Rates<br/>Free Estimate<br/>Discount for Seniors<br/>Tel: 416-880-3171</p> <p> <b>Etoibcoke Media Network</b><br/>Community News<br/>http://locale.ddns.net:8080</p>                                          |  |
| <p><b>PRINCEVIEW DENTAL</b><br/>3052 BLOOR STREET W ETOBICOKE ON M8X1C4</p> <ul style="list-style-type: none"> <li>• IV SEDATION</li> <li>• SAME DAY CROWNS/BRIDGES</li> <li>• COSMETIC DENTISTRY</li> <li>• NEEDLE / PAIN FREE DENTISTRY</li> <li>• SNORING/ SLEEP APNEA TREATMENT WITH LASER</li> <li>• ROOT CANAL / PERIODONTAL/SURGICAL TREATMENTS</li> </ul> <p>416-231-4562<br/>info@princeviewdental.com</p> |                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |  |                                                                                                                                                                                                                                                                                                                                            |  |
|  <p><b>CATHOLIC CEMETERIES FUNERAL SERVICES</b><br/>www.catholic-cemeteries.com<br/>Holy Cross Cemetery &amp; Funeral Home 905-889-7467<br/>Queen of Heaven Cemetery 905-851-5822</p>                                                                                                                                            |                                                                                                                                                                                                                          | <p><b>Adult &amp; Teen Beginner Art Workshops</b><br/>www.superbluartstudio.com<br/>437-603-4880</p>                                                                                                                                                                                                                                                                                                                                                                                |  |  <p><b>PINA RAO-WITTERSHEIM</b><br/>Broker/Parishioner<br/>Platinum Award Winner<br/>416-966-0300 Office / 416-567-0635 Direct<br/>www.BloorCourtVillage.com</p>                                                                                         |  |
|  <p>www.AVAinteriorDesign.ca<br/>416-889-2642</p> <p>Love Your Home<br/>Interior &amp; Exterior Design &amp; Decor Consultation<br/>AVAinteriorDesign@yahoo.ca<br/>416-889-2642</p>                                                                                                                                               |                                                                                                                                                                                                                          |  <p><b>Wealth Management</b><br/>Dominion Securities</p> <p><b>Complete Wealth Management</b><br/>Individuals, Retirees, Holding/Operating Companies</p> <p><b>Strategies</b><br/>Charitable Giving, Family Trusts, Estate, Investment &amp; Financial Planning<br/><b>Christopher Kerrigan VP, PM</b><br/>416-231-6312<br/>www.kerriganadvisory.ca</p> <p><b>KERRIGAN</b><br/>ADVISORY TEAM</p> |  |  <p><b>A Neighbourhood Tradition</b><br/>32 years of serving our valued community.<br/>We look forward to hosting you.<br/>Open daily at 11:30 am.<br/>Pub • Pool Hall • Special Events</p>                                                             |  |
|  <p><b>the children's DENTAL CENTRE</b><br/>Certified Specialists in Pediatric Dentistry<br/>523 The Queensway, Suite 104<br/>416-252-KIDS (5437)<br/>www.childrensdentalcentre.ca</p>                                                                                                                                           |                                                                                                                                                                                                                          | <p><b>VIBO</b><br/>ITALIAN RESTAURANT<br/>Casual Fine Dining<br/>2995 Bloor Street West<br/>416-239-1286<br/>www.vibo.ca</p>                                                                                                                                                                                                                                                                                                                                                        |  |  <p><b>STONEGATE DENTURE CLINIC</b><br/>Canadian Dental Care Plan (CDCP) Accepted</p> <p><b>FOR ALL YOUR DENTURE NEEDS</b><br/>416-878-9353<br/>3101 Bloor St. W. #206<br/>StonegateDenture.com</p>                                                   |  |
|  <p><b>COLLEGE SCHOOL</b><br/>A university preparatory, independent Catholic school for girls (Grades 5-12)<br/>905.891.1890 admissions@hnmcs.ca</p>                                                                                                                                                                             |                                                                                                                                                                                                                          |  <p><b>EPS FAMILY HEALTH</b><br/><b>Your Neighbourhood Psychology Clinic</b><br/>Therapy, Assessments, and ADHD Coaching.</p> <p>West Etobicoke Clinic<br/>5359 Dundas Street West<br/>Suite 301<br/>M9B 1B3</p> <p>Central Etobicoke Clinic<br/>3101 Bloor Street West<br/>Suite 208<br/>M8X 2W2</p> <p>647-797-4039<br/>epsfamilyhealth.com</p>                                                |  | <p><i>Let's start a conversation.</i></p> <p>turnerporter.ca<br/><b>Turner &amp; Porter</b><br/>FUNERAL DIRECTORS</p> <p>Serving The Kingsway, Bloor West Village and the GTA for over 148 years.</p>                                                                                                                                      |  |
| <p><b>Vibrant Physiotherapy</b><br/>548-255-9191<br/>652 The Queensway, Etobicoke</p> <p>Physio, Acupuncture, Massage, Osteopathy, Chiro treatment<br/>Direct Billing with all Insurance, IFHP, MVA, WSIB</p>                                                                                                                                                                                                       |                                                                                                                                                                                                                          | <p><b>Tony's Flooring Centre</b><br/>Family Owned &amp; Operated Since 1961<br/>www.tonysflooring.ca (416)255-9631</p> <p><b>ROTO-ROOTER</b> 416-503-4444<br/>www.rotorooter.com</p> <ul style="list-style-type: none"> <li>• Plumbing</li> <li>• Disaster Cleanup</li> <li>• Drains</li> <li>• Restoration Services</li> </ul> <p>"1 Call Solves it All"</p>                                                                                                                       |  | <p><b>CJ's SKATEPARK</b><br/>SINCE 2008<br/>CANADA<br/><b>LARGEST NOT-FOR-PROFIT SKATEPARK IN THE WORLD!</b></p>                                                                                                                                                                                                                           |  |
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