



OUR LADY OF SORROWS PARISH

An Ever-Growing Beacon of God's Love, Hope and Joy for All

Office Hours: Monday - Friday, 9:30 am - 4:00 pm

3055 Bloor St W, Etobicoke ON M8X 1C6

416-231-6016 | office@sorrows.ca | www.sorrows.ca

Mass Schedule

Weekdays (Monday to Saturday): 9:00 am

Saturday Vigil: 5:15 pm

Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm*

**Includes Liturgy of the Word with Children (resumes in October)*

Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm - 8:30 pm

Reconciliation

Monday: 7:00 pm - 8:30 pm

Saturday: 4:00 pm - 5:00 pm

By appointment - call the parish office

September 13, 2026

Fr. Chris Cauchi, *Pastor*

Elise Lee, *Family Life Minister*

Gordon D. Mansell, M. Mus, *Music Director*



Get Involved! Consider being part of one of our several ministries:

Catechesis: Baptism Preparation • First Communion • Confirmation • Rite of Christian Initiation of Adults (RCIA) • Rite of Christian Initiation of Children (RCIC)

Evangelization: Alpha • Bible Study • Family Life • Millions of Monicas • Young Adults

Liturgy: Altar Servers • Altar Society • Children & Adult Choirs • Lectors • Liturgy of the Word with Children • Extraordinary Ministers of Holy Communion • Extraordinary Ministers of Holy Communion to the Sick and Homebound • Ministers of Hospitality

Outreach: Eculinks and Social Justice • Friendly Caller • Mental Health Initiative • ShareLife • St. Vincent de Paul

Parish Support: Building Committee • Finance Council • Livestream Team • Senior Leadership Team

Stewardship brochure available in the narthex or visit bit.ly/3O0SYJX

Society of St Vincent de Paul
647-770-4805

Our Lady of Sorrows School
www.tcdsb.org/ourladyofsorrows

Bishop Allen Academy
www.tcdsb.org/o/bishopallen

Twenty-Fourth Sunday in Ordinary Time



The readings this Sunday remind us that anger and grudges only bring harm, while forgiveness brings freedom. God forgives generously and expects His people to do the same. The Gospel warns that refusing to forgive can lead to serious consequences.

Forgiveness is not always easy, but it is necessary for those who follow God. God teaches that mercy is not just a suggestion — it is a command. When people forgive, they reflect God's love and open their hearts to His peace. The challenge is to choose forgiveness, even when it is difficult. With God's help, we are called to let go of anger and live with mercy, reflecting His love through our actions.

Reflection Questions:

- *How has forgiveness brought peace into your life?*
- *How can you show mercy in your daily life?*
- *What does it mean to forgive someone without limits?*

Find readings here: readings.livingwithchrist.ca

Feast of Our Lady of Sorrows — Tuesday, September 15

Join us for our special Masses at 9:00 am and 7:30 pm as we celebrate and pray for our parish community.



OLS Children's Choir

Join the ever growing OLS Children's Choir in its fourth year with Ms Ale and learn beautiful music while having fun and making friends! Older youth are invited to join the Youth Ensemble to learn complex pieces in multiple harmonies. No prior experience needed!

Totus Tuus Summer Camp welcomed 39 children and 18 youth this year — thank you to all families, volunteers, and meal-supporting ministries (Lectors, Altar Servers, Children's Liturgy of the Word, Music Ministry, Knights of Columbus). We are also grateful to Our Lady of Peace Parish for hosting this year's camp while our hall was unavailable.

FAMILY LIFE EVENTS

Mom's Group: Pray & Play



Tuesday, Sept. 15, 10:30 am - 12:30 pm, at Tom Riley park.

Introducing the new Faith & Film Series

Thank you to everyone who joined us for our monthly Family Movie Afternoons in these past three years. We are launching **Faith & Film series**, designed to include older children, teenagers and adults. Together, we will explore a wide range of films that reflect Christian values, human dignity, and courage.

While some months will feature mature films strictly for teens and adults, others remain open to children for family discussion.

Keep an eye out for our very first film and event information in October!



Questions? Email Elise: familylife@sorrows.ca

Support our parish with a simple tap using our TipTap Pay stands available at the church main entrance. Visit bit.ly/4cnWR9a for details.



Fall Bible Study



"Prophets: Messengers of God's Mercy"

Explore the prophets of the Old and New Testament, who they were, their role during their time, and the meaning of their messages for our lives today. Sessions include a 30-minute video followed by small group discussion. Every Saturday from Sept. 26 to Dec. 5, from 10:00 am to 11:30 am in the parish hall (10 weeks, not including Thanksgiving).

Cost: \$45 CAD + optional \$9.95 USD (online access). For more information or to register, please email Jennifer or Susy at ministry01@sorrows.ca



2026/2027 Sacramental Preparation

The sacraments of First Communion and Confirmation are significant milestones in the faith journey of our young parishioners. Registration starts on Sept 14 on our website (First Communion <http://bit.ly/3SCLHGc> Confirmation <http://bit.ly/4xe9ieh>). Please email firstcommunion@sorrows.ca or confirmation@sorrows.ca for any inquiries.

An Invitation: Rite of Christian Initiation for Adults (RCIA)

Is God calling you to join the Catholic Church? Are you baptized in another denomination and would like to be received into the Catholic church? Are you an un-catechized, baptized Catholic who would like to finish your initiation into the Church and celebrate the sacraments of Confirmation & Eucharist?

RCIA prepares unbaptized individuals to be received into the Catholic church. Candidates explore and deepen their relationships with God, harnessing their gifts to serve the world. For more details, contact Gabriella at 647-933-3705 or gabriella@sorrows.ca

Parish Registration

If you are new or attend Mass regularly at OLS and not registered, we invite you to register with the parish. Registering ensures you receive all communications from the parish and your information is current for sacramental requests. Young adults (18+), should be registered as individuals. To register, simply go to bit.ly/3vbp4t4. Contact office@sorrows.ca if you have changed your address recently.

Employment Opportunity

Our parish is looking for a full-time Facilities Coordinator. Application deadline is Sept. 14. Read the job description: bit.ly/3UO5VNM

Stewardship Sunday — Sept. 20

Sharing your individual gifts of time and talent is an act of faith that helps build our parish community. Learn more about the several OLS Ministries at bit.ly/3O0SYJX



Contemplative Prayer Group

This group led by Dr. Ann Sirek runs on the second and fourth Friday evening from Sept. 11 to Dec. 11, 2026. First session is on Sept. 11 at 6:30 pm in the church sanctuary. All are welcome.

Humanitarian Aid Relief

Please pray for those who are impacted by the earthquakes in Colombia and mudslides in Nepal. You can help to support relief efforts by donating through the yellow donation envelope or the archdiocese website. Thank you for your generosity.



Sept. 1 to Oct. 4. Season of Creation challenges all Christians to care for God's creation through prayer and action. This year's theme is "*Living Water*," inspired by Ezekiel 47:9 and 12. Read the celebration guide to learn more: bit.ly/4vssvsf



An Invitation to Alpha — Begins Oct. 13

Alpha welcomes participants to share a meal and discuss an engaging video on the purpose of life, Jesus' teachings, and more. Curious? Alpha is open to all ages and backgrounds. Tuesdays from 6:45 pm to 8:45 pm in the Parish Hall. Program and meals are free. For more information and registration, contact alpha@sorrows.ca

Life Chain – Peaceful Witness for Life

Sunday, Oct. 4, from 2:00 pm to 3:00 pm at Islington & Bloor. Participants will hold non-graphic signs and pray silently to affirm the dignity of every human life.



Truth and Reconciliation Public Gathering



Join us on Sept. 30, 12:00 pm at the Campfire sculpture, Humber Bay Shores Park, to honour the National Day for Truth and Reconciliation. Featuring Chief Claire Sault of the Mississaugas of the Credit First Nation. Contact info@eculinks.ca for more information.

Get a head-start on parish events using our **3-month-calendar**: bit.ly/3VbpNHF



Chaplaincy Connect

Heading to college or university? Stay rooted in faith—Chaplaincy Connect helps you find Catholic home on campus. Check out: <https://bit.ly/4iq9pzN>

Novena to Saint Michael the Archangel

Saint Michael is often depicted as restoring order against chaos. As the Solemnity of Saint Michael approaches, Cardinal Leo invites us to consider how we might work together to do the same in our lives, and pray the Novena to St. Michael (Sept. 18 until Sept. 28, the Feast of the Archangels). bit.ly/4xQ27tR



Mass Intentions FOR THE WEEK

September 14 to 20

- Mon.** †Rita Antonacci by Debra Gervasio
- Tue.** †Barbara Attley by Tim, Angela & Lily Attley
- Wed.** †Paul Hughes by the Brennan sisters
- Thu.** †Alfredo Ventura by Gloria Ventura
- Fri.** †Vlado Seidl by Marina Seidl & family
- Sat.** Parish Intentions
- Sat. 5:15 pm** †Paolo Ferrante by family
- Sun. 8:00 am** †Toy Caluag by Eileen Dalusong
- 9:30 am** †Leslie & +Anne Sharples by family
- 11:00 am** †Matt Chromecki by Doreen & Jeff Britton
- 12:30 pm** Parish Intentions

THE SPA BY NAILS FOR YOU HUMBERTOWN Scan for location & booking  270 The Kingsway, Etobicoke (416) 231-3900	Paul Tiberia CEM Insurance Broker 647-567-9706 paul@ceminsurance.ca Auto • Home • Commercial	CROATIAN ELECTRIC ELECTRICAL CONTRACTORS 416.234.9006	Corinne Del Piero Salesperson ROYAL LEPAGE Realty Centre, Brokerage* Office: 416-239-1818 Direct: 416-804-3829 Email: cdelpiero99@gmail.com 
ORCHDALE CUSTOM HOMES  BOOK YOUR FREE CONSULTATION! ORCHDALEHOMES.COM	OSTEOFIT SOLUTIONS BY CRISTINA FUCHS CERTIFIED PERSONAL TRAINER & GROUP FITNESS INSTRUCTOR FOR OLDER ADULTS (647) 327-8440 OSTEOFITSOLUTIONS@GMAIL.COM WWW.OSTEOFITSOLUTIONS.COM	CONNOR CASTELLARIN Western University Student MOW & GROW LAWN CARE (647) 980-2585	Bruno's FINE Foods Top Quality Meats • Produce • Grocery • Gourmet Foods 4242 Dundas St. W. 416-234-1106
Brook & Braddock Opticians Your family opticians since 1965 3101 Bloor St. W. 416-233-2611 * 416-233-4030	GIB•SAN® Pool & Landscape Creations Swim for the Health of it! www.gibsanpools.com 416-749-4361	PRISTINE GROUP OF COMPANIES www.pristineprinting.com	TREE CARE PREMIER TREE MANAGEMENT INC. (647) 967-1463 joel@premiertreemgmt.com  PETER'S PLUMBING Reasonable Rates Free Estimate Discount for Seniors Tel: 416-880-3171 CEDAR & STONE CO. DESIGN. BUILD. STYLE. www.cedarandstoneco.ca People Describe How They Restored Their Health 
Ashley Shaw & ASSOCIATES Your South Etobicoke Real Estate Experts Stephanie Mitchell - Sales Representative stephanie.mitchell@sothebysrealty.ca • 416.899.4898 ashleyshawandassociates.com E.&O.E.: Sotheby's International Realty Canada Brokerage is Independently Owned And Operated. 		Sutton GROUP ASSOCIATES REALTY INC., BROKERAGE PINA RAO-WITTERSHEIM Broker/Parishioner Platinum Award Winner 416-966-0300 Office / 416-567-0635 Direct www.BloorCourtVillage.com  the children's DENTAL CENTRE Certified Specialists in Pediatric Dentistry 523 The Queensway, Suite 104 416-252-KIDS (5437) www.childrensdentalcentre.ca VIBO ITALIAN RESTAURANT Casual Fine Dining 2995 Bloor Street West 416-239-1286 www.vibo.ca	
CATHOLIC CEMETERIES FUNERAL SERVICES www.catholic-cemeteries.com Holy Cross Cemetery & Funeral Home 905-889-7467 Queen of Heaven Cemetery 905-851-5822	LOOKING FOR A PRIVATE PSW? CareSupportWorker is here to help. Call: 647-894-0588 Email: lourdcsw@gmail.com Visit: caresupportworkers.ca	the Crooked Cue A Neighbourhood Tradition 32 years of serving our valued community. We look forward to hosting you. Open daily at 11:30 am. Pub • Pool Hall • Special Events	Kingsway Foot Clinic Hartley Silver D.Ch. Chiroprapist Foot Care Specialist Custom Foot Orthotics 416-239-3338 3101 Bloor St. W. Unit 203 kingswayfootclinic.com
AVA Interior Design 416-889-2642  • Beautifying Spaces • Home, office, cottage • Design & Decor • Consultations • Ania Maternicki • 416-889-2642	Wealth Management Dominion Securities Experience you can trust The Kerrigan Advisory Team teamkerrigan@rbc.com 416-231-6312 kerriganadvisory.ca "KERRIGAN" ADVISORY TEAM	SMCS ST MICHAEL'S COLLEGE SCHOOL BASILIAN PATHERS YELLOW CUP CAFE 416-231-6688 www.yellowcupcafe.com	BE THE GOOD
THE ANGEL FOUNDATION FOR LEARNING Helping Toronto Catholic District School Board Students Succeed angelfoundationforlearning.org Ont. Reg. #: 10807-5946-RR-0002	EPS FAMILY HEALTH Your Neighbourhood Psychology Clinic Therapy, Assessments, and ADHD Coaching. West Etobicoke Clinic 5359 Dundas Street West Suite 301 M9B 1B3 Central Etobicoke Clinic 3101 Bloor Street West Suite 208 M8X 2W2 647-797-4039 epsfamilyhealth.com		Let's start a conversation. turnerporter.ca Turner & Porter FUNERAL DIRECTORS Serving The Kingsway, Bloor West and the GTA for over 150 years.
Life's better with an agent  Contact Me Lorrie Howe, Agent 416-239-7714 Desjardins Insurance	Tony's Flooring Centre Family Owned & Operated Since 1961 www.tonysflooring.ca (416)255-9631 ROTO-ROOTER 416-503-4444 www.rotorooter.com • Plumbing • Disaster Cleanup • Drains • Restoration Services "1 Call Solves it All"	CJ's SKATEPARK SINCE 2008 CANADA LARGEST NOT-FOR-PROFIT SKATEPARK IN THE WORLD! LESSONS & CAMPS CHECK OUT OUR NEW TODDLER PROGRAMS (AGE 1 ½ - 5+) ADULTS 10AM SATURDAYS & 5PM WEDNESDAYS OWNED AND OPERATED BY PARISHIONER JAY MANDARINO CJSKATEPARK.com 905.272.6888	