



OUR LADY OF SORROWS PARISH

Office Hours: Monday - Friday, 9:30 am - 4:00 pm
3055 Bloor St. W, Etobicoke ON M8X 1C6
416-231-6016 office@sorrows.ca www.sorrows.ca

Mass Schedule

Weekdays (Monday to Saturday): 9:00 am
Saturday Vigil: 5:15 pm
Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm
*Children's Liturgy of the Word (ages 4-10 yrs.)
Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm - 8:30 pm

Reconciliation

Monday: 7:00 pm - 8:30 pm
Saturday: 4:00 pm - 5:00 pm
By appointment - call the parish office

October 6, 2024

Fr. Chris Cauchi, *Pastor*
Angelica Chacon, *Family Life Minister*
Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

Sacrament of Baptism - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Parents are invited to attend a baptism preparation session every third week of the month.

Rite of Christian Initiation for Adults (RCIA) - This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

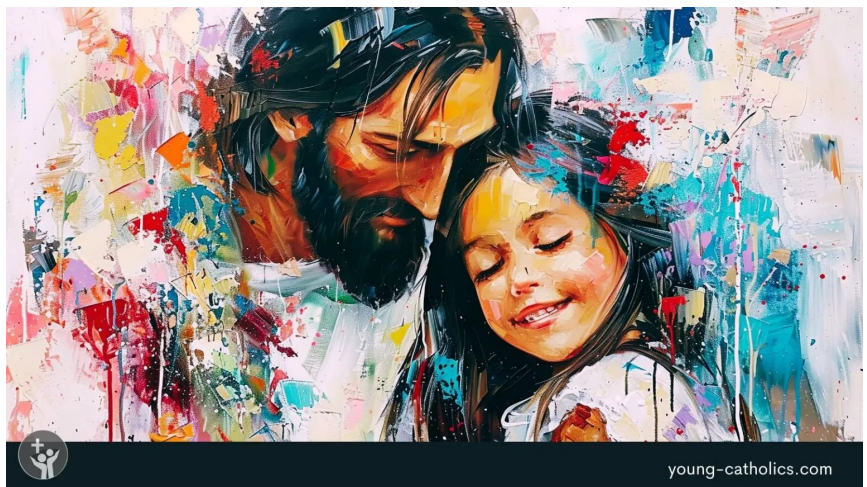
Society of St Vincent de Paul
647-770-4805

Our Lady of Sorrows School
www.tcdsb.org

Archdiocese of Toronto
www.archtoronto.org

Catholic Cemeteries
www.catholic-cemeteries.com

Twenty-Seventh Sunday in Ordinary Time



The readings today focus on marriage, family, and living as children of God. God created woman from man's rib, symbolizing that they are of the same flesh and meant to support each other. Marriage is a sacred bond that calls for mutual respect and love. We are reminded to cherish and nurture our relationships, keeping them strong and faithful. Family is the basic unit of society, and we are called to reflect God's love by caring for each other. A strong foundation in the family helps to build a stronger community and church.

Just as children trust their parents completely, Jesus teaches that we must depend on God to enter heaven. We are God's children, and He loves us unconditionally. We can live more fully and freely in God's love without worrying about judgement from others, letting go of our fears and trust that God will take care of us.

Reflection Questions:

- *What should I do to strengthen my marriage or family relationships?*
- *How can I reflect God's love in my family?*
- *What does it mean to be a child of God?*

The Stewardship Journey: Focus on Evangelization

Perhaps the best way to explore the right fit for your personal talents and gifts at OLS is through the journey of other fellow parishioners. This week's "The Stewardship Journey" communication features Evangelization – with a focus on our OLS Bible Study Ministry.

Read Jennifer Sontrop's personal Stewardship Journey as a Bible Study leader -- and consider how you can share your gifts and grow your faith at OLS!

Liturgy of the Word with Children

Sundays at the 9:30 am Mass in the parish hall after the opening hymn.

No registration required. To volunteer, email familylife@sorrows.ca.



Volunteer Catechists Needed!

We are looking for volunteers to help teach our younger parishioners in our Religious Education, First Communion, and Confirmation programs. You don't need to be an expert, we will help train you! Contact office@sorrows.ca for information.

Baptism Preparation for School-Aged Children

Families whose children have reached their 6th birthday and have not yet been Baptized, are invited to learn more about this process. Contact baptism@sorrows.ca or Gabriella in the parish office for any inquiries.



2024/2025 Sacramental Preparation

The sacraments of **First Communion** and **Confirmation** are significant milestones in the faith journey of our young parishioners. Registration packages are available at the back of the church after Mass. Email firstcommunion@sorrows.ca or confirmation@sorrows.ca for any inquiries.

2024/2025 OLS Religious Education — Register now!!

Parishioner families with children in grades 2-7 attending non-Catholic schools are encouraged to register. In-person classes are held at OLS school on Monday evenings from 7:00 pm to 7:40 pm, October to May. There will be a welcome meeting on Oct. 7 in the parish hall at 7:00 pm. Please visit our [website](http://www.sorrows.ca) or email ReligiousEd@sorrows.ca. Note: Grade 1 students are invited to participate in the Liturgy of the Word with Children at the 9:30 am Sunday Family Mass.

FAMILY LIFE MINISTRY

Mom's Group: Pray & Play — Tuesday, Oct. 15

We warmly invite all mothers and their children under 4 years to join us for our next get-together from 10:00 am to 12:00 pm in the parish hall. Take time to reflect on the joys and challenges of motherhood!

Family Movie Afternoon — Saturday, Oct. 19

Watch a family-friendly movie and get to know other OLS families! Movie starts at 3:00 pm in the parish hall. Free admissions, free popcorn, \$2 pizzas. Stay tuned for more information.

SAVE THE DATE — Couples' Night

Join us for a special evening dedicated to enriching your relationships and deepening your faith.



Date: Friday, October 25

Time: 6:00 PM

Location: Parish Hall

More details to come. Mark your calendars!

Parents' Small Group — Monday, Oct. 28

Parents of all ages and stages are welcome to join! Light dinner and childcare will be provided. Program runs from 5:30 pm to 6:30 pm in the parish hall. Registration link to come.

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We need volunteers! Email [familylife@sorrows.ca](mailto:familylife@sorrows.ca).


### Children's Choir

Learn and sing with Ms. Ale, the Choir Director. Rehearsals Thursdays at 4:00 pm. Questions? Contact [aballon2@gmail.com](mailto:aballon2@gmail.com). Details at [bit.ly/olschoir](http://bit.ly/olschoir)

### An Invitation to Become Catholic:

**Rite of Christian Initiation of Adults (RCIA)** prepares unbaptized individuals and baptized non-Catholic Christians to be received into the Catholic church. Combining catechesis with discussion, scriptural reflection, and liturgical celebration, this holistic process of faith formation culminates at the Easter Vigil. Interested? Contact Gabriella at 647-933-3705 or [gabriella@sorrows.ca](mailto:gabriella@sorrows.ca).

## Alpha: Come & See — Begins Oct. 15

Alpha creates a space to ask questions about life, faith and meaning. Not sure if it's for you?  Come to the first session Tuesday, October 15 and see! Alpha meet Tuesdays from 6:45 pm to 8:45 pm in the Parish Hall. Program and meals are free. Contact [alpha@sorrows.ca](mailto:alpha@sorrows.ca) for details. Register at [bit.ly/3MJuVhK](https://bit.ly/3MJuVhK).

### Looking to learn about palliative care?

The **OLS Mental Health Initiative Group** invite you to participate in learning sessions on Horizons of Hope, a four-module program to help parishioners, caregivers, and family members facing a terminal illness learn more about palliative care and the importance of building compassionate communities in the context of our Catholic faith.

Sessions will be held in the parish hall on **Mondays from Oct. 21 until Nov. 11**, from 10:00 a.m. to 12:00 p.m. All are welcome to contribute a sweet or savoury treat to share!! Hot coffee and tea will be available. **Workshops are free but require registration!** Contact Anne Marie at 416-559-9455.



### October: Month of Mary and the Rosary

October is designated by the Catholic Church as the "Month of the Rosary." Join us for communal prayer of the rosary every weekday at 8:25 am prior the 9:00 am Mass at OLS. At home, we encourage families to:

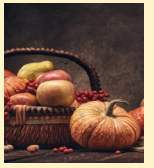
1. Pray the rosary daily
2. Set up a "prayer corner" — a special place that is used almost exclusively for prayer
3. Recite the Angelus at 6:00 pm

### Men's ACTS Retreat at Queen of Apostles Renewal Centre 1617 Blythe Rd, Mississauga

Come and renew yourself spiritually, to strengthen your faith and to apply it to your daily life. Oct. 31 to Nov. 3, 2024. For more information or to register, please visit [www.actscanada.org](http://www.actscanada.org) or email [actscanadacore@gmail.com](mailto:actscanadacore@gmail.com).

## 2024 Thanksgiving Food Drive

We welcome your generous donation of non-perishable food items for the Good Shepherd Ministries.. Collection boxes will be available at the front entrance of the church on Thanksgiving weekend: Oct. 12 & 13, and Monday, Oct. 14. Thank you in advance for your support!



### Praying with the Saints / St. Teresa of Avila

This webinar on prayer is led by Dr. Josephine Lombardi this Thursday, October 10, 1:00 pm to 2:30 pm. You're invited to the parish hall to watch with other parishioners. Register for the Fall series "A Great Symphony of Prayer: Mary, the Saints and Scripture" at [bit.ly/3MJhsGW](https://bit.ly/3MJhsGW).



### Life Chain — October 6

Join parishioners today on the corner of Bloor & Islington from 2:00 pm to 3:00 pm in witnessing the sanctity of life on behalf of the most vulnerable. [bit.ly/3Tv82T8](https://bit.ly/3Tv82T8).

### St Vincent de Paul Bundle Up Weekend

Please mark your calendars for the St Vincent de Paul Bundle Up Weekend on November 2 and 3! We are collecting gently used items in support of our neighbours in need in the community. The Society welcomes clothing, coats, shoes, boots, linens, towels, drapes, and toys (new only). Please note we cannot accept appliances, furniture, mattresses, dishes, books, cassettes, video tapes, or construction materials.



## Mass Intentions FOR THE WEEK


### October 7 to 13

- |                    |                                                   |
|--------------------|---------------------------------------------------|
| <b>Mon.</b>        | †Virgilio Sr. & †Consuelo Torres by Olivia Torres |
| <b>Tue.</b>        | †Ed, Rose & Eddie Flanagan by Pool family         |
| <b>Wed.</b>        | †Michael Jurkiewicz by Maureen Johnson & family   |
| <b>Thu.</b>        | †Brian & Nan Fagan by Patricia Leen               |
| <b>Fri.</b>        | †Virgilio Sr. & †Consuelo Torres by family        |
| <b>Sat.</b>        | †Concetta Ferrara by Anique Asher                 |
| <b>Sat. 5:15pm</b> | †Pasko & †Mark Pavkovic by Frances Pavkovic       |
| <b>Sun. 8:00am</b> | Parish Intentions                                 |
| <b>9:30am</b>      | †Tom Scollard by Frank Golden                     |
| <b>11:00am</b>     | †Charlie Bonett by Nixon family                   |
| <b>12:30pm</b>     | †Wallace, †Irene & †Ed Milanczak by Janet Braun   |



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OUR LADY  
OF SORROWS  
PARISH

# The Stewardship Journey



*"As each one has received a gift, use it to serve one another as good stewards of God's varied grace." - Peter 4:10*

## What is Stewardship?

As individuals, we are stewards or managers of the gifts God has given us. We are called to imitate Jesus by being other-centred rather than self-centred and be grateful and generous with our gifts. Living out our faith means that we are expected to share our time, talent and treasure to build up our Church and make our world a better place. The goal of stewardship at Our Lady of Sorrows is for us to become more involved, and in turn, deepen our relationship with God.

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## How can I grow in my faith?

The more deeply we grow in love for God, the more our hearts see stewardship as a way of life and see the gifts we have received from God -- and respond in gratitude with the gift of self.

In the deepening conversion of love, a steward learns to give of self, not out of obligation and duty, but out of a sincere and growing desire. As Archbishop Leo reflects in his 2024 Stewardship address:

*"Stewardship is the crucial process or a way of living our Catholic faith...a life-giving development of faith and engagement...a living and active commitment that changes life and changes lives -- not a one-time act of giving or sacrifice."*

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## What's the best path for me?

Stewardship is a natural part of our faith journey. The first step is to reflect on your own personal talents and actively discover what options are available. Ask yourself: What are my natural talents? What do I like to do?

There are many ways to share your gifts and live your faith at OLS. To learn more, please refer to the OLS "Get Involved" Stewardship brochure, available at the back of the church or online at [www.sorrows.ca](http://www.sorrows.ca).

*"Use the gifts you have received and pass on the love that has been given to you."*  
– St Therese of Lisieux



## Stewardship Focus: Evangelization – Bible Study Ministry

Perhaps the best way to explore the right fit for you is through the journey of others. Let's take a closer look at the Bible Study Ministry at OLS. Bible Study helps others grow in their knowledge of scripture as it relates to the many aspects of our faith and enables a personal encounter with Jesus through His living Word.

### Introducing: Jennifer Sontrop



**Why were you drawn to volunteer in this ministry at OLS?** It had been several years since I served in a ministry at the parish level and it felt like the right time to step into something. My interest began when I attended a couple of bible studies that were led by Seminarian Ryan Nigli – now Father Ryan. I really enjoyed the opportunity to dive deeper into Scripture – but I wasn't making the time to do this consistently on my own time. When I heard that another person was needed to help lead this ministry, I was immediately drawn to it.

**What personal talents do you have and enjoy sharing?** I'm a teacher by training and really enjoy facilitating discussions. I also studied some theology several years ago and I'm a life-long learner when it comes to growing in my knowledge and understanding of faith. I love sharing this with others.

### What skills would be a good fit for others who are interested in this ministry?

The top items that come to mind are:

- a love of Jesus and being Catholic, and a desire to share that with others
- a good foundational understanding of the Catholic faith, and a yearning to learn more
- an appreciation for scripture as part of prayer life
- past participation in bible study classes, or some personal study
- comfortable speaking in front of a group and facilitating small group discussions

### How has your volunteer stewardship in this ministry helped you grow in your faith?

Taking on a leadership role has helped me make time for scripture as part of my prayer life. While I lead and facilitate the small group discussions; we all unlock the mysteries of the bible together. This has also helped me learn more and deepen my personal understanding of what our faith teaches. It all goes together – and it's beautiful! I also find my desire to make time for reading the bible in my personal prayer time continues to grow. God speaks to us personally through his living Word, but it's up to me to make time to read and listen.

**For more information about volunteering in the Bible Study Ministry at OLS,  
please email: [ministry01@sorrows.ca](mailto:ministry01@sorrows.ca)**