



OUR LADY OF SORROWS PARISH

An Ever-Growing Beacon of God's Love, Hope and Joy for All

Office Hours: Monday – Friday, 9:30 am – 4:00 pm

3055 Bloor St W, Etobicoke ON M8X 1C6

416-231-6016 | office@sorrows.ca | www.sorrows.ca

Mass Schedule

Weekdays (Monday to Saturday): 9:00 am

Saturday Vigil: 5:15 pm

Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm*

*Includes Liturgy of the Word with Children

Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm – 8:30 pm

Reconciliation

Monday: 7:00 pm – 8:30 pm

Saturday: 4:00 pm – 5:00 pm

By appointment – call the parish office

October 25, 2026

Fr. Chris Cauchi, *Pastor*

Elise Lee, *Family Life Minister*

Gordon D. Mansell, M. Mus, *Music Director*

Get Involved! Join a ministry:

Catechesis: Baptism Preparation • First Communion • Confirmation • Rite of Christian Initiation of Adults (RCIA) • Rite of Christian Initiation of Children (RCIC)

Evangelization: Alpha • Bible Study • Family Life • Millions of Monicas • Young Adults

Liturgy: Altar Servers • Altar Society

• Children & Adult Choirs • Lectors
• Liturgy of the Word with Children
• Extraordinary Ministers of Holy Communion • Extraordinary Ministers of Holy Communion to the Sick and Homebound • Ministers of Hospitality

Outreach: Eculinks and Social Justice • Friendly Caller • Mental Health Initiative • ShareLife • St. Vincent de Paul

Parish Support: Building Committee

• Finance Council • Livestream Team • Senior Leadership Team • Volunteer Screening

Social Groups: Bridge • Community Building Ministry • Garden Buddies • Knitting Circle

Stewardship brochure available in the narthex or visit bit.ly/3O0SYJX

Society of St. Vincent de Paul

647-770-4805

Our Lady of Sorrows School

www.tcdsb.org/ourladyofsorrows

Bishop Allen Academy

www.tcdsb.org/o/bishopallen

Thirtieth Sunday in Ordinary Time



In this week's Gospel, Jesus speaks in Jerusalem, only days before the Passion. When He names love as the heart of the Law, He is not offering a theory. He is about to show what love costs, giving His life on the Cross for the very people trying to trap Him, and for us. The One who gives the commandment is the first to keep it.

That is the true order of things. We do not begin by loving God. God begins by loving us, before we have done anything to deserve it. Pope Francis observed that Jesus places this commandment not at the top of a list but at the centre, where everything begins and to which everything returns.

So the call to love is not a burden laid on us from outside. It is an invitation to pass on what we have already received. Loved first, and loved to the end, we are asked to love in return.

Reflection Questions

- *When did I last come before God simply to adore, asking for nothing?*
- *The cloak had to be returned before nightfall. What am I holding onto (time, attention, a grudge) that someone needs back from me today?*

Find readings here: readings.livingwithchrist.ca

Cover: Master of Alkmaar, *The Seven Works of Mercy* (detail), 1504. Rijksmuseum

Archdiocesan Day for Palliative Care – This Weekend, Oct. 24–25

Cardinal Leo reminds us that palliative care “is ultimately about life not death”, building communities “marked by hope, solidarity, and genuine care for one another”. Please join him in praying for patients, their families and caregivers, medical staff, and those who shape law and policy. **Read the full message:** bit.ly/palliative26

SACRAMENTS

Preparation for the Sacrament of Confirmation

Register by this Friday, Oct. 30: bit.ly/4xe9ieh

Volunteer Catechists needed – training will be provided.

Contact: office@sorrows.ca



Updated Process for Bringing Holy Communion to the Sick and Homebound

Beginning **Jan. 1, 2027**, Holy Communion will no longer be placed in pyxes brought forward during the Communion procession. Current and prospective ministers are encouraged to begin the preparation process in the coming months.

Contact Gabriella at gabriella@sorrows.ca



PARISH LIFE

Social Justice Group – New Members Welcome!

Thursday, Oct. 29 · 7:00–9:00 pm · Parish hall

All Souls' Day Masses

Monday, Nov. 2 · 9:00 am & 7:30 pm · Church

On this sacred day, we remember and pray for all the faithful departed. Please join us at either Mass as we light a candle and call out the name of each parishioner whose funeral was held at OLS Church in the past year. No Adoration or Reconciliation that evening.



Book of Remembrance

Throughout November, starting Monday, Nov. 2

You are invited to add the names of family and friends who have died to the Book of Remembrance, located in front of St. Joseph's altar. Prayers will be offered for all names in the book at all Masses during the month of November.

PARISH LIFE (CONTINUED)

Navigating AI with Faith and Wisdom

Tuesday, Nov. 3 · 10:00–11:30 am · Parish hall

The Mental Health Initiative welcomes Giancarlo Brotto, global keynote speaker and AI strategist. Free. Call/text Anne Marie to register: 416-559-9455
More on this topic: watch Pope Leo's encyclical explained, bit.ly/encyclical

Coffee Friday – Bring a friend & a treat to share

Friday, Nov. 6 · Parish hall

Join us after the 9:00 am Mass. All are welcome!

Contemplative Prayer Group

Friday, Nov. 6 · 6:30 pm · Church

Meets every two weeks and is facilitated by Dr. Ann Sirek. All are welcome.

Estate Planning from a Catholic Perspective

Monday, Nov. 9 · 7:00 pm · Parish hall

All are welcome to join this event hosted by the Archdiocese of Toronto. You'll learn:

- How to avoid problems in your Will, Powers of Attorney, and Estate Trustee selection
- How to create your own Catholic legacy
- Catholic traditions around cremation, burials, and funerals

Register: Contact Parish Office (office@sorrows.ca; 416-231-6016) or by QR



Mozart's Requiem: A Concert for Remembrance Day & Polish Independence Day

Sunday, Nov. 15 · 4:00 pm · Church

The OLS Adult Choir joins guest choirs, soloists and the Toronto Sinfonietta Orchestra.

Tickets: \$40 at the parish office, or scan the QR code.



COMMUNITY

Municipal Election – Vote Monday, Oct. 26

Along with the mayor and councillors, we will elect Catholic School Board Trustees. Trustee candidates may distribute literature after weekend Masses in October.

Watch Cardinal Leo's video on voting: bit.ly/votingto



ECULINKS Etobicoke also reminds us that we are called to do justice. Those we elect must push senior governments for supportive housing funding, fair social assistance rates, among other supports. Which candidates demonstrate a commitment to action on social justice? Become an advocate. It is time to vote.

ShareLife: Your Love Leads the Way

Thanks to your support, we have raised \$371,822 for ShareLife, 66% of our parish goal of \$562k. You can continue to give with a ShareLife envelope, through our parish website, or online.

Give online: sharelife.org/donate (under "How would you like to direct your gift?", select Our Lady of Sorrows Parish, Etobicoke)



OUR PARISH HOME

Maintenance Update (October)

- Church Attic Report. \$12,316.88

Heating & Cooling Project Update

Special collection next weekend, Oct. 31–Nov. 1

The work on our new heating and cooling system is now complete, and the heat is on! We are grateful to everyone whose generosity has helped make this important project possible. In the coming weeks, we will provide a project update, including a final report and budget summary, as we conclude this significant investment in our parish home.



Support our parish with a simple tap

using our *TipTap Pay* stand available at the church main entrance.

SAVE THE DATE

NOV
21

Family Advent Celebration

Saturday, 3:00–5:00 pm · Parish hall

NOV
25

Family Life: Parents Small Group

Wednesday, 5:00–6:30 pm · Parish hall

DEC
5

Advent Talk with Fr. John Abad

Saturday, 6:15–7:15 pm · Parish hall



*More events in our 3-month calendar:
bit.ly/3VbpNHF*

Securities as a Charitable Gift Option

Give stocks, bonds or mutual funds directly and pay no capital gains tax on their increase in value.

Info sheet & forms: bit.ly/40uQutp or call Peter at 437-524-8644.

Mass Intentions FOR THE WEEK

Oct. 26 – Nov. 1

Mon. †Evelyn Collins by Ronayne O'Connor

Tue. †Dixie & †Ed Wickham by Marianne Wickham

Wed. †Isabel Muto by Rosemarie Longo

Thu. Int. of Vittoria Greco by Olivia Torres

Fri. †John Keane by Gerry Simpson

Sat. †Mary & †Clarence Manion by Parente & Manion families

†Lucy Sousa by Nixon family

†Joseph McMullan by McMullan family

†Niki Kimonos by Rego-Kimonos family

†Vincent Corvese by Anne Marie Rodrigue

†Agostinho Marmelo by Tony & Cathy Dodds

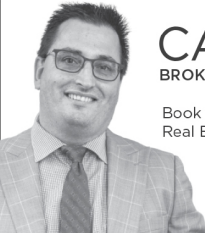
Sat. 5:15 pm †Maria Donata & †Salvatore Sabetti by Carmela Capuano

Sun. 8:00 am Parish Intentions

9:30 am †Pedron Cerna by Mansouri family

11:00 am †All Souls of Purgatory by Germana Pereira

12:30 pm †Richard Wojszel by Ursula Wojszel & family

THE SPA BY NAILS FOR YOU HUMBERTOWN Scan for location & booking  270 The Kingsway, Etobicoke (416) 231-3900	Paul Tiberia CEM Insurance Broker 647-567-9706 paul@ceminsurance.ca Auto • Home • Commercial CEM Insurance Brokers Ltd.	CROATIAN ELECTRIC ELECTRICAL CONTRACTORS 416.234.9006	Corinne Del Piero Salesperson ROYAL LEPAGE Realty Centre, Brokerage* Office: 416-239-1818 Direct: 416-804-3829 Email: cdelpiero99@gmail.com 	
ORCHDALE CUSTOM HOMES  BOOK YOUR FREE CONSULTATION! ORCHDALEHOMES.COM	OSTEOFIT SOLUTIONS BY CRISTINA FUCHS CERTIFIED PERSONAL TRAINER & GROUP FITNESS INSTRUCTOR FOR OLDER ADULTS (647) 327-8440 OSTEOFITSOLUTIONS@GMAIL.COM WWW.OSTEOFITSOLUTIONS.COM	CONNOR CASTELLARIN Western University Student (647) 980-2585 MOW & GROW LAWN CARE KINGSWAY FISH & CHIPS "For the Finest Fish & Chips this side of the Atlantic" 3060 Bloor St. W. 416-233-3355	Bruno's Foods Top Quality Meats • Produce • Grocery • Gourmet Foods 4242 Dundas St. W. 416-234-1106	
Brook & Braddock Opticians Your family opticians since 1965 3101 Bloor St. W. 416-233-2611 * 416-233-4030	GIB-SAN® Pool & Landscape Creations Swim for the Health of it! www.gibsanpools.com 416-749-4361	PRISTINE GROUP OF COMPANIES www.pristineprinting.com CANDIDO FARIA BROKER & PARISHIONER Book a Free Consultation or Real Estate Overview, Contact Me TEL. 416.459.2007 WWW.CANDIDOFARIA.CA 	TREE CARE PREMIER TREE MANAGEMENT INC. (647) 967-1463 joel@premierreemgmt.com PETER'S PLUMBING Reasonable Rates Free Estimate Discount for Seniors Tel: 416-880-3171 CEDAR & STONE CO. DESIGN. BUILD. STYLE. www.cedarandstoneco.ca People Describe How They Restored Their Health 	
Ashley Shaw & ASSOCIATES Your South Etobicoke Real Estate Experts Stephanie Mitchell - Sales Representative stephanie.mitchell@sothebysrealty.ca • 416.899.4898 ashleyshawandassociates.com E.&O.E.: Sotheby's International Realty Canada Brokerage is Independently Owned And Operated. 				Sutton GROUP ASSOCIATES REALTY INC., BROKERAGE PINA RAO-WITTERSHEIM Broker/Parishioner Platinum Award Winner 416-966-0300 Office / 416-567-0635 Direct www.BloorCourtVillage.com 
CATHOLIC CEMETERIES FUNERAL SERVICES www.catholic-cemeteries.com Holy Cross Cemetery & Funeral Home 905-889-7467 Queen of Heaven Cemetery 905-851-5822	LOOKING FOR A PRIVATE PSW? CareSupportWorker is here to help. Call: 647-894-0588 Email: lourdescsw@gmail.com Visit: caresupportworkers.ca	the children's DENTAL CENTRE Certified Specialists in Pediatric Dentistry 523 The Queensway, Suite 104 416-252-KIDS (5437) www.childrensdentalcentre.ca	VIBO ITALIAN RESTAURANT Casual Fine Dining 2995 Bloor Street West 416-239-1286 www.vibo.ca	
AVA Interior Design www.ava-interior.com 416.889.2642 • Designing • Decorating • Updating Consultation: Ania Maternicki 416-889-2642 	Wealth Management Dominion Securities RBC Experience you can trust The Kerrigan Advisory Team teamkerrigan@rbc.com 416-231-6312 kerriganadvisory.ca "KERRIGAN" ADVISORY TEAM	the Crooked Cue A Neighbourhood Tradition 32 years of serving our valued community. We look forward to hosting you. Open daily at 11:30 am. Pub • Pool Hall • Special Events	Kingsway Foot Clinic Hartley Silver D.Ch. Chiroprapist Foot Care Specialist Custom Foot Orthotics 416-239-3338 3101 Bloor St. W. Unit 203 kingswayfootclinic.com BE THE GOOD SMCS ST MICHAEL'S COLLEGE SCHOOL JASIAN PATHWAYS YELLOW CUP CAFE 416-231-6688 www.yellowcupcafe.com	
THE ANGEL FOUNDATION LEARNING Helping Toronto Catholic District School Board Students Succeed angelfoundationforlearning.org Ont. Reg #: 10807-5946-RR-0002 	EPS FAMILY HEALTH Your Neighbourhood Psychology Clinic Therapy, Assessments, and ADHD Coaching. West Etobicoke Clinic 5359 Dundas Street West Suite 301 MBB 1B5 Central Etobicoke Clinic 3101 Bloor Street West Suite 208 MBX 2W2 647-797-4039 epsfamilyhealth.com Let's start a conversation. turnerporter.ca Turner & Porter FUNERAL DIRECTORS Serving The Kingsway, Bloor West and the GTA for over 150 years. The best way for your wishes to be followed is to share and record them. We can help, call 416-767-3153			
Life's better with an agent Contact Me Lorrie Howe, Agent 416-239-7714 Desjardins Insurance 	Tony's Flooring Centre Family Owned & Operated Since 1961 www.tonysflooring.ca (416)255-9631 ROTO-ROOTER 416-503-4444 www.rotorooter.com • Plumbing • Disaster Cleanup • Drains • Restoration Services "1 Call Solves it All"	CJ's SKATEPARK SINCE 2008 CANADA LARGEST NOT-FOR-PROFIT SKATEPARK IN THE WORLD! LESSONS & CAMPS CHECK OUT OUR NEW TODDLER PROGRAMS (AGE 1 ½ - 5+) ADULTS 10AM SATURDAYS & 5PM WEDNESDAYS OWNED AND OPERATED BY PARISHIONER JAY MANDARINO CJSKATEPARK.com 905.272.6888		