



OUR LADY OF SORROWS PARISH

An Ever-Growing Beacon of God's Love, Hope and Joy for All

Office Hours: Monday – Friday, 9:30 am – 4:00 pm

3055 Bloor St W, Etobicoke ON M8X 1C6

416-231-6016 | office@sorrows.ca | www.sorrows.ca

Mass Schedule

Weekdays (Monday to Saturday): 9:00 am

Saturday Vigil: 5:15 pm

Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm*

*Includes Liturgy of the Word with Children

Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm – 8:30 pm

Reconciliation

Monday: 7:00 pm – 8:30 pm

Saturday: 4:00 pm – 5:00 pm

By appointment – call the parish office

October 18, 2026

Fr. Chris Cauchi, *Pastor*

Elise Lee, *Family Life Minister*

Gordon D. Mansell, M. Mus, *Music Director*

Get Involved! Consider being part of one of our several ministries:

Catechesis: Baptism Preparation • First Communion • Confirmation • Rite of Christian Initiation of Adults (RCIA) • Rite of Christian Initiation of Children (RCIC)

Evangelization: Alpha • Bible Study • Family Life • Millions of Monicas • Young Adults

Liturgy: Altar Servers • Altar Society

• Children & Adult Choirs • Lectors

• Liturgy of the Word with Children

• Extraordinary Ministers of Holy Communion • Extraordinary Ministers of Holy Communion to the Sick and Homebound • Ministers of Hospitality

Outreach: Eculinks and Social Justice • Friendly Caller • Mental Health Initiative • ShareLife • St. Vincent de Paul

Parish Support: Building Committee • Finance Council • Livestream Team • Senior Leadership Team

Stewardship brochure available in the narthex or visit bit.ly/3O0SYJX

Society of St. Vincent de Paul
647-770-4805

Our Lady of Sorrows School
www.tcdsb.org/ourladyofsorrows

Bishop Allen Academy
www.tcdsb.org/o/bishopallen

Twenty-Ninth Sunday in Ordinary Time



When Jesus is shown a coin, he asks a simple question: whose image is on it? The coin carries Caesar's face, so it goes back to Caesar. But we carry a different image, pressed into us at creation and renewed in Baptism.

If we belong wholly to God, everything else finds its proper place in him. And when believers live united in God's faithful love, that shared life becomes a proclamation in itself, one our neighbours can see long before they hear a word.

Reflection Questions

- *What in my life competes with God for first place?*
- *Where can my daily life show God's love before I say a word?*

Find readings here: readings.livingwithchrist.ca

Further reading: Pope Leo's message for World Mission Day, bit.ly/4dJDbfM

Prayer for World Mission Sunday

Father, make us one in Christ, rooted in his love that unites and renews. May all members of the Church be united in mission, docile to the Holy Spirit, courageous in bearing witness to the Gospel, proclaiming and daily embodying your faithful love for all creatures.

Bless all missionary men and women, support them in their efforts, and watch over them in hope. Amen.

SACRAMENTS

With Joyful Hearts

Next weekend, we will welcome Henry, Jack, Sienna and Stirling for baptism at the Saturday 5:15 pm Mass, as well as Amara, Charlotte, Lorenzo and Sebastian at the Sunday 12:30 pm Mass. Please pray for them and their families in their faith journey.



Preparation for the Sacrament of Confirmation

Register by Friday, Oct. 30: bit.ly/4xe9ieh

Volunteer Catechists needed – training will be provided.

Contact: office@sorrows.ca



Updated Process for Bringing Holy Communion to the Sick and Homebound

Beginning **Jan. 1, 2027**, Holy Communion will no longer be placed in pyxes brought forward during the Communion procession. Current and prospective ministers are encouraged to begin the preparation process in the coming months so that they are ready when the new procedures take effect.

Please contact Gabriella at gabriella@sorrows.ca



YOUTH & FAMILY

Mom's Group: Pray & Play

Tuesday, Oct. 20 · 10:30 am–12:30 pm

Parish hall meeting room

Faith & Film Series – The Mission

Saturday, Oct. 24 · 3:00–5:00 pm · Parish hall

Join us for an afternoon with this thought-provoking classic. Recommended for teens and adults only (some violence).

No registration required.



Young Adult Conference: RENEW Toronto

Friday–Saturday, Nov. 20–21 · Ages 18–39

An opportunity to deepen your faith, connect with others, and be inspired in your spiritual journey.

Register by Nov. 4: simpli.events/e/RENEWToronto

PARISH EVENTS

Thank You from the Social Justice Group

We appreciate your generosity for the Seeds of Hope and Thanksgiving Food Drives.



Come & See: Alpha

Tuesdays from Oct. 13 · 6:45–8:45 pm · Parish hall

Alpha welcomes all to share a meal and discuss an engaging video on the purpose of life, Jesus' teachings, and more. **Register for free:** bit.ly/3Vp8035



Contemplative Prayer Group

Friday, Oct. 23 · 6:30 pm · Church

Meets on the second and fourth Friday evenings of the month, facilitated by Dr. Ann Sirek. All are welcome.

St. Vincent de Paul Bundle Up Weekend

Oct. 24–25 · 9:00 am–6:00 pm · Church parking lot

We are collecting gently used items for our neighbours in need. **We accept** clothing, coats, shoes, boots, linens, towels, drapes, and toys (new only). **We cannot accept** appliances, furniture, mattresses, dishes, books, cassettes, video tapes, or construction materials.



All Souls' Day Mass

Monday, Nov. 2 · 9:00 am & 7:30 pm · Church

On this sacred day, we remember and pray for all the faithful departed. Please join us at either Mass as we light a candle and call out the name of each parishioner whose funeral was held at OLS Church in the past year. No Adoration or Reconciliation that evening.



Navigating AI with Faith and Wisdom

Tuesday, Nov. 3 · 10:00–11:30 am · Parish hall

The Mental Health Initiative welcomes Giancarlo Brotto, global keynote speaker and AI strategist. Free. Call/text Anne Marie to register: 416-559-9455

More on this topic: watch Pope's encyclical explained bit.ly/encyclical

Municipal Elections 2026 – Cast Your Vote

“Voting is more than a civic privilege. It is an important opportunity to contribute to the common good to help form communities that respect the dignity of every human person.” — Cardinal Leo

Election day: Monday, Oct. 26

Along with the mayor and councillors, we will elect Catholic School Board Trustees. Trustee candidates may distribute literature after weekend Masses in October. Take time to learn about the candidates seeking this important role, and make sure you are registered as a separate school supporter. Thank you for discerning prayerfully. Watch Cardinal Leo’s video on voting: bit.ly/votingto



Be Faithfully Informed: Housing Needs

Some 40% of Toronto renters spend 30% or more of their income on housing, which leaves many of our neighbours and friends at real risk of losing their homes. Tackling the causes costs society far less than responding to the crisis. Before you vote, **ECULINKS Etobicoke** invites you to ask candidates where they stand on affordable housing.

Mozart’s Requiem: A Concert for Remembrance Day & Polish Independence Day

Sunday, Nov. 15 · 4:00 pm · Church

The OLS Adult Choir joins guest choirs, soloists and the Toronto Sinfonietta Orchestra.

Tickets: \$40 at the parish office, or scan the QR code.



Millions of Monicas

Every Wednesday · 7:30–8:30 pm · Church

Inspired by St. Monica, this group gathers mothers to intercede for their children. All are welcome.



Support our parish with a simple tap
using our TipTap Pay stand available at the church main entrance.

NOV
9

Estate Planning from a Catholic Perspective
Monday, 7:00 pm · Parish hall

NOV
21

Family Advent Celebration
Saturday, 3:00–5:00 pm · Parish hall



More events in our 3-month calendar:
bit.ly/3VbpNHF

Securities as a Charitable Gift Option

Give stocks, bonds or mutual funds directly to the Archdiocese of Toronto and pay no capital gains tax on their increase in value.

Info sheet & forms: bit.ly/40uQutp

Questions: development@archtoronto.org

Mass Intentions

FOR THE WEEK

October 19 – 25

- | | |
|-------------|---|
| Mon. | †Denis Guerard by Rena Guerard |
| Tue. | †Mary Duggan-Ashbee by Ashbee family |
| Wed. | †Pat Matthews by the Brennan Sisters |
| Thu. | Int. of Leonor Dytoc by Olivia Torres |
| Fri. | †Alicia Vargas Villalta by Marleny Villegas |
| Sat. | †Gudrun Maria Diston by Nixon family |
| | †Jim “Couch” O’Conner by Jim Magee |
| | †Marina Flores Valencia by Mansouri family |
| | Int. of Pietro Migliore by Diana & Kevin |
| | Int. of Henry dela Cruz by Olivia Torres |
| | Int. of Anthony & Vanessa Trimboli by Francesca Racco |
| Sat. | 5:15 pm †Norma & †Jack Killoran by the Cullen family |
| Sun. | 8:00 am Parish Intentions |
| | 9:30 am †Leslie & †Anne Sharples by family |
| | 11:00 am †Dr. Hind Obaji by Namir Obaji and family |
| | 12:30 pm †Cindy Sanelli by Frank & Maria Mendicino |

THE SPA BY NAILS FOR YOU HUMBERTOWN Scan for location & booking  270 The Kingsway, Etobicoke (416) 231-3900	Paul Tiberia CEM Insurance Broker 647-567-9706 paul@ceminsurance.ca Auto • Home • Commercial CEM Insurance Brokers Ltd.	CROATIAN ELECTRIC ELECTRICAL CONTRACTORS 416.234.9006	Corinne Del Piero Salesperson ROYAL LEPAGE Realty Centre, Brokerage* *Independently Owned and Operated Office: 416-239-1818 Direct: 416-804-3829 Email: cdelpiero99@gmail.com 
YELLOW CUP CAFE  416-231-6688 www.yellowcupcafe.com	OSTEOFIT SOLUTIONS BY CRISTINA FUCHS CERTIFIED PERSONAL TRAINER & GROUP FITNESS INSTRUCTOR FOR OLDER ADULTS (647) 327-8440 OSTEOFITSOLUTIONS@GMAIL.COM WWW.OSTEOFITSOLUTIONS.COM	Support our local businesses KINGSWAY FISH & CHIPS "For the Finest Fish & Chips this side of the Atlantic" 3060 Bloor St. W. 416-233-3355	Bruno's Foods Top Quality Meats • Produce • Grocery • Gourmet Foods 4242 Dundas St. W. 416-234-1106
Brook & Braddock Opticians Your family opticians since 1965 3101 Bloor St. W. 416-233-2611 * 416-233-4030 LOOKING FOR A PRIVATE PSW? CareSupportWorker is here to help. Call: 647-894-0588 Email: lourdescsw@gmail.com Visit: caresupportworkers.ca	GIB•SAN® Pool & Landscape Creations Swim for the Health of it! www.gibsanpools.com 416-749-4361	PRISTINE GROUP OF COMPANIES www.pristineprinting.com CANDIDO FARIA BROKER & PARISHIONER For a Free Consultation or Real Estate Overview Contact Me TEL. 416.459.2007 WWW.CANDIDOFARIA.CA 	Support our local businesses PETER'S PLUMBING Reasonable Rates Free Estimate Discount for Seniors Tel: 416-880-3171 CEDAR & STONE CO. DESIGN. BUILD. STYLE. www.cedarandstoneco.ca People Describe How They Restored Their Health 
Ashley Shaw & Associates Your South Etobicoke Real Estate Experts Stephanie Mitchell - Sales Representative stephanie.mitchell@sothebysrealty.ca • 416.899.4898 ashleyshawandassociates.com E.&O.E.: Sotheby's International Realty Canada Brokerage is Independently Owned And Operated. 		Sutton GROUP ASSOCIATES REALTY INC., BROKERAGE PINA RAO-WITTERSHEIM Broker/Parishioner Platinum Award Winner 416-966-0300 Office / 416-567-0635 Direct www.BloorCourtVillage.com 	
CATHOLIC CEMETERIES FUNERAL SERVICES www.catholic-cemeteries.com Holy Cross Cemetery & Funeral Home 905-889-7467 Queen of Heaven Cemetery 905-851-5822	Support our local businesses	the children's DENTAL CENTRE Certified Specialists in Pediatric Dentistry 523 The Queensway, Suite 104 416-252-KIDS (5437) www.childrensdentalcentre.ca	
AV Interior Design Est. 2005 416-889-2642  Beautifying Spaces • Interior Design • Decorating • Organizing • Stylist • Residential • Commercial T. 416-889-2642	Wealth Management Dominion Securities Experience you can trust The Kerrigan Advisory Team teamkerrigan@rbcm.com 416-231-6312 kerriganadvisory.ca KERRIGAN ADVISORY TEAM	the Crooked Cue A Neighbourhood Tradition 32 years of serving our valued community. We look forward to hosting you. Open daily at 11:30 am. Pub • Pool Hall • Special Events	Kingsway Foot Clinic Hartley Silver D.Ch. Chiroprapist Foot Care Specialist Custom Foot Orthotics 416-239-3338 3101 Bloor St. W. Unit 203 kingswayfootclinic.com Call the parish office today to place your advertisement here. 416-231-6016
THE ANGEL FOUNDATION FOR LEARNING  Helping Toronto Catholic District School Board Students Succeed angelfoundationforlearning.org Ont. Reg. #: 10807-5946-RR-0002	EPS FAMILY HEALTH Your Neighbourhood Psychology Clinic Therapy, Assessments, and ADHD Coaching. West Etobicoke Clinic 5359 Dundas Street West Suite 301 M9B 1B3 Central Etobicoke Clinic 3101 Bloor Street West Suite 208 M8X 2W2 647-797-4039 epsfamilyhealth.com		Let's start a conversation. turnerporter.ca Turner & Porter FUNERAL DIRECTORS Serving The Kingsway, Bloor West Village and the GTA for over 148 years. The best way for your wishes to be followed is to share and record them. We can help, call 416-767-3153 and ask for Bill.
Life's better with an agent  Contact Me Lorrie Howe, Agent 416-239-7714 Desjardins Insurance	Tony's Flooring Centre Family Owned & Operated Since 1961 www.tonysflooring.ca (416)255-9631 ROTO-ROOTER 416-503-4444 www.rotorooter.com • Plumbing • Disaster Cleanup • Drains • Restoration Services "1 Call Solves it All"	CJ's SKATEPARK SINCE 2008 CANADA LARGEST NOT-FOR-PROFIT SKATEPARK IN THE WORLD!	LESSONS & CAMPS CHECK OUT OUR NEW TODDLER PROGRAMS (AGE 1 ½ - 5+) ADULTS 10AM SATURDAYS & 5PM WEDNESDAYS OWNED AND OPERATED BY PARISHIONER JAY MANDARINO CJsSKATEPARK.com 905.272.6888