



OUR LADY OF SORROWS PARISH

Office Hours: Tuesday - Friday, 9:30 am - 4:00 pm
3055 Bloor St. W, Etobicoke ON M8X 1C6
416-231-6016 office@sorrows.ca www.sorrows.ca



Mass Schedule

Weekdays (Monday to Saturday): 9:00 am
Saturday Vigil: 5:15 pm
Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm
*Children's Liturgy of the Word (ages 4-10 yrs.)
Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm - 8:30 pm

Reconciliation

Monday: 7:00 pm - 8:30 pm
Saturday: 4:00 pm - 5:00 pm
By appointment - call the parish office

October 6, 2024

Fr. Chris Cauchi, *Pastor*
Angelica Chacon, *Family Life Minister*
Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

Sacrament of Baptism - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Parents are invited to attend a baptism preparation session every third week of the month.

Rite of Christian Initiation for Adults (RCIA) - This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

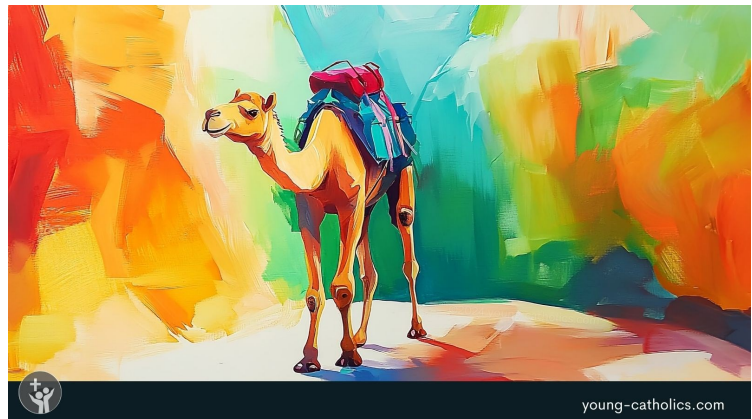
Society of St Vincent de Paul
647-770-4805

Our Lady of Sorrows School
www.tcdsb.org

Archdiocese of Toronto
www.archtoronto.org

Catholic Cemeteries
www.catholic-cemeteries.com

Twenty-Eighth Sunday in Ordinary Time



***“Children, how hard it is to enter the kingdom of God!
It is easier for a camel to pass through the eye of a needle than
for one who is rich to enter the kingdom of God.”***

Mark 10:24-25

In the Gospel, Jesus encounters a rich young man who asks how to inherit eternal life. Jesus tells him to sell all he has, give to the poor, and follow Him. This is a difficult command, but it highlights the challenge of detachment from worldly riches.

Clinging to wealth can hinder our relationship with God. True discipleship requires letting go of material attachments and trusting in Jesus. If we trust in God and seek His help, we can overcome the obstacles that keep us from following Jesus fully.

Reflection Questions:

- *How can I seek and value God's wisdom in my daily life?*
- *In what areas of my life do I need God's help to overcome challenges?*
- *What steps can I take to detach from things that hinder my relationship with God?*

Have a Blessed Thanksgiving!

The parish office will be closed on Monday, Oct. 14. There will be 9:00 am Mass, but no Adoration and Confession in the evening.

The Stewardship Journey: Focus on Evangelization

Perhaps the best way to explore the right fit for your personal talents and gifts at OLS is through the journey of other fellow parishioners. This week we feature Outreach Ministry – with a focus on our OLS Mental Health Initiative Group.

Discover Marta Mrozek's personal Stewardship Journey and consider how you can share your gifts and grow your faith at OLS!

Alpha Come & See — This Tuesday, Oct. 15

Alpha creates a space to ask questions about life, faith and meaning. Not sure if it's for you? Come to the first session this Tuesday and see! Program and meals are free. Contact alpha@sorrows.ca for details. Register at bit.ly/3MJuVhK.



Thanksgiving Food Drive

Please support the Good Shepherd Ministries with non-perishable food items. Collection boxes will be available at the front entrance of the church on this weekend and Monday, Oct. 14.



With Joyful Hearts - Baptisms Next Weekend

We welcome Adeline, Edmund, Erica and Wyatt who will be celebrating their Baptism on Sunday, Oct. 20 at the 9:30am Mass. Please keep these children and their families in your prayers.



Rite of Christian Initiation for Children (RCIC) Baptism Preparation for School-Aged Children

Families whose children have reached their 6th birthday and have not yet been Baptized, are invited to learn more about this process. Contact baptism@sorrows.ca or Gabriella in the parish office.

2024/2025 Sacramental Preparation

First Communion and **Confirmation** Registration packages are available at the back of the church after Mass. Email firstcommunion@sorrows.ca or confirmation@sorrows.ca for any inquiries.



Community Building Sunday

Sunday, Oct. 27, 2024 after 12:30 pm Mass—Parish Hall

Join us for coffee/tea, bring a treat to share, and make new friends! Meet people from our Ministries; Eucharistic ministers, lectors, altar servers. Explore a new way to be part of our church community.



Mom's Group: Pray & Play — Tuesday, Oct. 15

We warmly invite all mothers and their children under 4 years to join us for meaningful conversations from 10:00 am to 12:00 pm in the parish hall. Take time to reflect on the joys and challenges of motherhood!

Family Movie Afternoon — Saturday, Oct. 19

Watch Disney's "Cinderella (2015)," a beloved movie that highlights family and friendship. Cinderella's story reflects virtues like kindness, forgiveness, and humility. (PG/Parental Guidance advised). Doors open at 2:30 pm, and the movie starts at 3:00 pm in the parish hall. Free admission, free popcorn, and \$2 pizza.

Couples' Night: The Power of Words Effective Communication for Couples

If you are dating, engaged or married, OLS Family Life Ministry invites you for an evening with Dinner, Conversation & Fun Activities on **Friday, Oct. 25**, 6:00 pm to 9:30 pm in the parish hall. Cost is \$70 per couple. Tickets available at the back of the church or at the parish office. Contact Angelica at familylife@sorrows.ca.

**An Invitation to Become Catholic:
Rite of Christian Initiation of Adults (RCIA)** prepares unbaptized individuals and baptized non-Catholic Christians to be received into the Catholic church. Combining catechesis with discussion, scriptural reflection, and liturgical celebration, this holistic process of faith formation culminates at the Easter Vigil. Interested? Contact Gabriella at 647-933-3705 or gabriella@sorrows.ca.

2024/2025 OLS Religious Education

Parishioner families with children in grades 2-7 attending non-Catholic schools are encouraged to register. In-person classes have begun, but it's not too late to sign up! Classes take place at OLS school on Monday evenings, 7:00 pm to 7:40 pm, from October to May. Email ReligiousEd@sorrows.ca.

Horizons of Hope

Join the **OLS Mental Health Initiative Group** to learn about palliative care, explore compassionate care rooted in our Catholic faith, and foster supportive communities. Sessions will be held in the parish hall **Mondays, 10:00 am to 12:00 pm, from Oct. 21 to Nov. 11.**



- Understanding the Human Experience of Dying and Death
- Discerning and Making Decisions at the End of Life
- Accompanying Those at the End of Life
- Supporting and Integrating within the Wider Community

Join anytime, even if you miss a session; each one offers valuable teachings. Feel free to bring treats to share. **Workshops are free! To register, contact Anne Marie at 416-559-9455.**

Second Collection Next Weekend: World Mission Sunday

This worldwide collection is for the missionary Church to assist at-need Catholic communities globally. Offerings are combined with those from other Catholics around the world and distributed to missions and dioceses in-need.

Archbishop Francis Leo elevated to the College of Cardinals



Pope Francis has elevated our Archbishop, Most Rev. Francis Leo, to the College of Cardinals, a decision announced during the Sunday Angelus in Rome. Please keep him in your prayers as he embarks on this important new ministry. Visit bit.ly/4ev1RqP for details.

Free Catholic Estate Planning Webinar Saturday, Oct. 19



- How to avoid problems: in your Will, in the Powers of Attorney, and through proper Estate Trustee selection
- How to create your own legacy
- About our Catholic traditions around cremation, burials and funerals

This webinar is hosted by the Archdiocese of Toronto. Register at qrco.de/WebOct19

Prayer Corner: Jubilee



Purpose of this Prayer Corner - to expand our prayer life and strengthen our relationship with God. Gratitude is the focus of this Thanksgiving Weekend:

Heavenly Father, we gather today with hearts filled with gratitude. This meal we share reminds us of the endless blessings You've bestowed upon us. We pray in thanksgiving not only for this food we share but in all the ways You've shown us Your love. In Jesus' name we pray. Amen. (Source: Hallow App)

Praying of Jesus / John 17

Participate in the Year of Prayer announced by Pope Francis by attending this prayer webinar led by Dr. Josephine Lombardi this Thursday, Oct. 17. Watch the video with other parishioners from 1:00 pm to 2:30 pm in the parish hall.

Bundle Up Weekend — Nov. 2 & 3



St. Vincent de Paul is collecting gently used items in support of our neighbours in need, in the community. The truck will be in the parking lot that weekend to receive your donations.


Mass Intentions FOR THE WEEK

October 14 to 20

- | | |
|--------------------|---|
| Mon. | †Dr. Frank Mader by Sylvia & Arthur Keyes |
| Tue. | †Pasko & †Mark Pavkovic by Frances Pavkovic |
| Wed. | †Maura Christina Walsh by Frank Golden |
| Thu. | †Luke Nigli by Linda Sharma & family |
| Fri. | †Julian Abadicio by family |
| Sat. | Int. of Paul Clarence Manion by family, Nicole Hoang & Le Hang Hoang by Mendes family, Paulo Guerra by Mendes family
Deceased: †Debbie & Alfredo Sousa by Carlos & Lucy Alves, †Dr. Ngoc Khai Hoang by Mendes family, †Davor David Milic & †Stoge Milic by Graciela de Jesus Leom, †Dragica Vincen by Graciela de Jesus Leom |
| Sat. 5:15pm | †Patrick & Mirta Poce by Poce family |
| Sun. 8:00am | Parish Intentions |
| 9:30am | †Earl Anselm by Mercy Anselm & family |
| 11:00am | †Denis Guerard and living & deceased intentions of Giacomini & Guerard families by Rena Guerard |

THE ISLINGTON

RETIREMENT RESIDENCES

INSPIRED SENIOR LIVING WITH 

COMING SOON

CALL (437) 826-9696 TO
RESERVE YOUR SUITE



Corinne Del Piero
Sales Representative

O: (416) 239-1818 | D: (416) 804-3829
cdelpiero99@gmail.com

ROYAL LEPAGE

HOTPRPTY

Realty Centre, Brokerage* Independently Owned and Operated

Bruno's Foods

Top Quality Meats • Produce • Grocery • Gourmet Foods
4242 Dundas St. W. 416-234-1106

Bernardo Funeral Homes
Albion 855 Albion Rd. Etobicoke (416) 747-7231
Dufferin 2960 Dufferin St. Toronto (416) 789-7661
www.bernardofh.com

Edward Jones
By your side for a better future

Ioana Nedu
Financial Advisor
5135 Dundas St. W.
Toronto, ON
416-237-0924



KINGSWAY FISH & CHIPS
"For the Finest Fish & Chips this side of the Atlantic"
3060 Bloor St. W. 416-233-3355

PRISTINE
GROUP OF COMPANIES
www.pristineprinting.com

Brook & Braddock Opticians

Your family opticians since 1965

3101 Bloor St. W.
416-233-2611 * 416-233-4030

YELLOW CUP CAFE
416-231-6688
www.yellowcupcafe.com

50's and Up Club
is the place to be.
Make new friends and enjoy social events.
Call Shirley 905 848 1438
www.50sandup.com



CANDIDO FARIA

BROKER & PARISHIONER



For a Free Consultation or Real Estate Overview Contact Me

TEL. 416.459.2007
RE/MAX ULTIMATE WWW.CANDIDOFARIA.CA



PHYSIOTHERAPY
(Paid by OHIP)
2146 Bloor St. W.
physiotherapybloorwest.com
Evelyn Brett 416-766-8565



Etobicoke Media Network
Community News
http://locale.ddns.net:8080

the children's DENTAL CENTRE

Certified Specialists in Pediatric Dentistry

523 The Queensway, Suite 104
416-252-KIDS (5437)
www.childrensdentalcentre.ca

Just downsize
Downsizing, Organizing & Moving Specialists
Justine McVeigh
Professional Organizer, Owner & Parishioner
416-894-1556
justdownsize.ca

GIB-SAN
Pool & Landscape Creations

Swim for the Health of it!

www.gibsanpools.com
416-749-4361

Sutton
GROUP ASSOCIATES
REALTY INC., BROKERAGE

PINA RAO-WITTERSHEIM
Broker/Parishioner
Platinum Award Winner
416-966-0300 Office / 416-567-0635 Direct
www.BloorCourtVillage.com



RE/MAX
Professionals Inc., Brokerage
Independently owned and operated
Ed Koenig
Sales Representative
www.koenigsells.ca • 416-553-5439
ekoenig@rogers.com

VIBO
ITALIAN RESTAURANT
Casual Fine Dining
2995 Bloor Street West
416-239-1286
www.vibo.ca



CATHOLIC CEMETERIES & FUNERAL SERVICES

www.catholic-cemeteries.com
Holy Cross Cemetery & Funeral Home 905-889-7467
Queen of Heaven Cemetery 905-851-5822

Tony's Flooring Centre
Family Owned & Operated Since 1961
www.tonysflooring.ca (416)255-9631

RBC Wealth Management
Dominion Securities

Complete Wealth Management

Individuals, Retirees Holding/Operating Companies

Strategies

Charitable Giving, Family Trusts, Estate, Investment & Financial Planning

Christopher Kerrigan VP, PM
416-231-6312
www.kerriganadvisory.ca

KERRIGAN
ADVISORY TEAM

PETER'S PLUMBING
Reasonable Rates
Free Estimate
Discount for Seniors
Tel: 416-880-3171

the Crooked Cue

A Neighbourhood Tradition

32 years of serving our valued community.

We look forward to hosting you.

Open daily at 11:30 am.

Pub • Pool Hall • Special Events

Kingsway Foot Clinic

Hartley Silver D.Ch.
Chiroprodist

Foot Care Specialist
Custom Foot Orthotics

416-239-3338

3101 Bloor St. W. Unit 203
kingswayfootclinic.com

LOOKING FOR A PRIVATE PSW?
CareSupportWorker is here to help.
Call: 647-894-0588
Email: lourdschw@gmail.com
Visit: caresupportworkers.ca

LEMONWOOD

Inspired | Luxurious | Ethical

Visit us on store
Oakville
Summerhill
Collingwood
TD Centre Path
Port Carling (Seasonal)

Online
www.lemonwood.ca
855-827-0778



AVA Interior Design
www.AVAinteriordesign.ca
416-889-2642
Love Your Home
Interior & Exterior Design & Decor Consultation
AVAinteriordesign@yahoo.ca
416-889-2642

COLLEGE SCHOOL
A university preparatory, independent Catholic school for girls (Grades 5-12)
905.891.1890 admissions@hnmcs.ca

HAFTA FRAME IT GALLERY
ORIGINAL ART SALES
CUSTOM FRAMING
PASSPORT PHOTOS
3066 BLOOR ST W
416 231 8064

CROATIAN ELECTRIC
ELECTRICAL CONTRACTORS
416.234.9006

CJ's SKATEPARK
SINCE 2008
CANADA
LARGEST NOT-FOR-PROFIT SKATEPARK IN THE WORLD!

The best way for your wishes to be followed is to share and record them. We can help, call 416-767-3153 and ask for Bill.

Let's start a conversation.

turnerporter.ca

Turner & Porter
FUNERAL DIRECTORS

Serving The Kingsway, Bloor West Village and the GTA for over 148 years.

LESSONS & CAMPS

CHECK OUT OUR NEW TODDLER PROGRAMS (AGE 1 1/2 - 5+)
ADULTS 10AM SATURDAYS & 5PM WEDNESDAYS
OWNED AND OPERATED BY PARISHIONER JAY MANDARINO

CJSKATEPARK.com 905.272.6888



OUR LADY
OF SORROWS
PARISH

The Stewardship Journey



"As each one has received a gift, use it to serve one another as good stewards of God's varied grace." - Peter 4:10

What is Stewardship?

As individuals, we are stewards or managers of the gifts God has given us. We are called to imitate Jesus by being other-centred rather than self-centred and be grateful and generous with our gifts. Living out our faith means that we are expected to share our time, talent and treasure to build up our Church and make our world a better place. The goal of stewardship at Our Lady of Sorrows is for us to become more involved, and in turn, deepen our relationship with God.

How can I grow in my faith?

The more deeply we grow in love for God, the more our hearts see stewardship as a way of life and see the gifts we have received from God -- and respond in gratitude with the gift of self.

In the deepening conversion of love, a steward learns to give of self, not out of obligation and duty, but out of a sincere and growing desire. As Archbishop Leo reflects in his 2024 Stewardship address:

"Stewardship is the crucial process or a way of living our Catholic faith...a life-giving development of faith and engagement...a living and active commitment that changes life and changes lives -- not a one-time act of giving or sacrifice."

What's the best path for me?

Stewardship is a natural part of our faith journey. The first step is to reflect on your own personal talents and actively discover what options are available. Ask yourself: What are my natural talents? What do I like to do?

There are many ways to share your gifts and live your faith at OLS. To learn more, please refer to the OLS "Get Involved" Stewardship brochure, available at the back of the church or online at www.sorrows.ca.

*"Use the gifts you have received and pass on the love that has been given to you."
- St Therese of Lisieux*



Stewardship Focus: Outreach – Mental Health Initiative

The primary mission of The Mental Health Initiative Group at Our Lady of Sorrows parish is to build a sense of belonging by offering group sessions and workshops led by trained volunteers or professionals. The group's objective is to empower parishioners to connect in order to raise awareness about mental health, reduce stigma, and encourage open conversations. This approach highlights how faith plays a key role in mental health and the parish's role in offering support and strength to those in need.

Introducing: Marta Mrozek



Why were you drawn to volunteer in this ministry at OLS? I've lived with chronic migraines since childhood, but for the past 15 years, I've faced severe disability due to daily physical pain. This greatly impacted my mental health, as well as my personal and professional life. Thankfully, I'm now in a much better place thanks to medication that helps manage my migraine attacks, and the knowledge I've gained over the years about how to cope with my condition. I'm passionate about helping at the community level and was drawn to help out in this ministry at OLS from the very first time I attended a meeting last June!

What personal talents do you have and enjoy sharing? I'm studying to become a psychotherapist, and with my marketing and event planning background, it felt natural to get involved. Mental health has always been a topic close to my heart, so when I heard Fr. Chris inviting people to join, my husband helped me overcome my fears and gained the confidence to join.

What skills would be a good fit for others who are interested in this ministry? Beyond a genuine interest in mental health and wellness, the skills are similar to those required for any volunteer group. Good communication skills are essential for effectively sharing information and understanding people's needs. Organizational abilities are crucial for planning and managing events. Flexibility, teamwork, empathy, and a caring attitude are also important for working well with others and providing support.

How has your volunteer stewardship in this ministry helped you grow in your faith? Volunteering in this ministry has deeply enriched my faith. It's been a unique experience working with people who are committed to making a difference. I deeply appreciate the connections I've formed with my group members and the kindness, talents, and the enthusiasm they share so freely. This journey has taught me the value of giving over receiving and has deepened my understanding of love and compassion. I've come to understand what it means to 'love one another' by giving my time, sharing the gifts I've received from God, and wanting to make a positive difference. In return, the knowledge and experiences I gain from my group are priceless – they help me grow in my faith.

For more information about volunteering in the Mental Health Initiative Ministry, please email Marlene Robinson: marlener@rogers.com