



OUR LADY OF SORROWS PARISH



Office Hours: Monday - Friday, 9:30 am - 4:00 pm
3055 Bloor St. W, Etobicoke ON M8X 1C6
416-231-6016 office@sorrows.ca www.sorrows.ca

Mass Schedule

Weekdays (Monday to Saturday): 9:00 am
Saturday Vigil: 5:15 pm
Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm
*Children's Liturgy of the Word (ages 4-10 yrs.)
Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm - 8:30 pm

Reconciliation

Monday: 7:00 pm - 8:30 pm
Saturday: 4:00 pm - 5:00 pm
By appointment - call the parish office

November 3, 2024

Fr. Chris Cauchi, *Pastor*
Angelica Chacon, *Family Life Minister*
Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

Sacrament of Baptism - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Parents are invited to attend a baptism preparation session every third week of the month.

Rite of Christian Initiation for Adults (RCIA) - This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

Society of St Vincent de Paul
647-770-4805

Our Lady of Sorrows School
www.tcdsb.org

Archdiocese of Toronto
www.archtoronto.org

Catholic Cemeteries
www.catholic-cemeteries.com

Thirty First Sunday in Ordinary Time



On All Souls Day, we pray for our loved ones who have passed away. We pray that God will help them on their journey to heaven. We are reminded to love everyone, even after they've passed, and to keep them in our memories.

In the Gospel, when asked which commandment is the greatest, Jesus highlights the importance of loving God and loving our neighbour. We need to embrace this kind of love in our actions and relationships. We are called to live out the love Jesus teaches and help build God's kingdom here on Earth.

Reflection Questions:

- *How can I embrace Jesus' love in my daily actions?*
- *In what ways can I love my neighbour more fully?*
- *What does faithful love look like in my relationships?*



Remembrance Poppies

Poppies are a symbol of remembrance and gratitude for our fallen heroes who dedicated their lives for our future. Remembrance poppies are available in the parish office.

Bundle Up Weekend — This Weekend Parking Lot, Nov. 2 & 3, 8:30 am to 6:00 pm

The St. Vincent de Paul truck will be in the parking lot this weekend. Volunteers will be available to help load your donations in the truck. The Society welcomes clothing, coats, shoes, boots, linens, towels, drapes, and toys (new only). Thank you for helping our neighbours in need.



Book of Remembrance



You are invited to add the names of family and friends into the Book of Remembrance, located in front of St. Joseph's altar beginning Nov. 2. Prayers will be offered for all names included in the book, at all Masses during the month of November.

2024 - 2025 Missals

Available at the back of the church.

Cost: \$7 per Sunday Missal and \$10 per Young Catholics Missal.



Communion for the Sick and Homebound



If you are sick or homebound and would like to receive Holy Communion, contact Gabriella at gabriella@sorrows.ca or call the parish office at 416-231-6016.

FAMILY LIFE MINISTRY

Mom's Group: Pray & Play

Tuesday, Nov. 19 - 10:00 am to 12:00 noon

We invite all moms & their children under 4 years to come and join us in the parish hall. Take time to reflect on the joys and challenges of motherhood!



Family Movie Afternoon

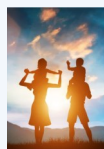
Saturday, Nov. 23, 3:00 pm in the parish hall



Mark your calendars! Watch a family-friendly movie and get to know other OLS families! More information to come.

Parents' Small Group: Wednesday, Nov. 27
5:30 pm to 6:30 pm in the parish hall

Parents of all ages and stages are welcome! Light dinner and childcare provided. To register, go to bit.ly/4dzN6BB.



Congratulations to Our Serra Award Recipients!



We are proud to congratulate our altar servers, **Andre, Brennon, Gracie, and Xavier**, who received the Serra Awards last weekend.

Serving at the altar is a beautiful expression of faith in action. We are grateful for their dedication to our parish and to God. May they continue to inspire us all through their faithfulness!

Remembrance Choral Service Sunday, Nov. 10 at 4:00 pm



Our parish adult choir, cantor Shawn Scanlan and trumpeter Michael Barth will honour the men and women who have served our country, giving their lives for the freedoms we now enjoy. All are welcome!

Christmas Cards - Nov. 9 & 10 and Nov. 16 & 17



Monsignor Joseph Shiels will be selling his home-crafted Christmas Cards with beautiful photography and a Christian message after all Masses at the back of the church. Cash only. **\$10 for 6 cards or \$20 for 12 cards!**

Celebration of Fr. Vetere's 50 Years of Service!

Join us on Saturday, November 16, following the 5:15 pm Mass, to honour Fr. John Vetere and his incredible 50 years of dedicated service at Our Lady of Sorrows Parish. Let's come together as a community to celebrate his commitment, faith, and the many lives he has touched.

Horizons of Hope #3:

Accompanying Those at the End of Life

Walking with someone through their final days is a profound experience. In this third session, we'll explore how to offer emotional, spiritual, and practical support for those at the end of life. Learn to be present in moments of suffering and help create a sense of peace and dignity for loved ones during their final journey. Join us for this free workshop on **Monday, Nov. 4**, 10:00 am to 12:00 pm in the parish hall. **To register**, contact Anne Marie at 416-559-9455. Feel free to bring treats to share.



Mass with Praise & Worship Music Saturday, Nov. 9 at 5:15 pm

Our parish is embarking on a journey to diversify our music at Mass and will pilot this effort with a small ensemble consisting of young talented musicians from the parish, led by Alejandra Ballon.



Dilexit Nos — The Heart of Jesus

Pope Francis' latest Encyclical, *Dilexit Nos*, reminds us that Christ's love is unconditional, inviting us to deepen our relationship with Him. We encourage you to take time to explore its teachings and let them inspire your faith journey. bit.ly/40qjPGC



Did you know? Thousands of lives are lost annually due to abortions and assisted suicides. Meet the Toronto Right to Life team **after Masses this weekend** to learn ways to change hearts and minds on these issues to save lives.

Free Evening — Dying to Meet You: Preventing Euthanasia & Encouraging Hope Thursday, Nov 14, 7:00 pm in the parish hall

Why has euthanasia become such a temptation for so many Canadians? How can we envision a more hopeful alternative for end of life?

Join guest speaker Amanda Achtman as she shares her experiences engaging Canadians on the profound questions of suffering, death, meaning, and hope. Free-will offerings accepted. Come ready to engage in conversations that concern us all!

RENEW Toronto — Saturday, Nov. 23



"Those who hope in the Lord will run and not be weary." – Isaiah 40.31

This conference for young adults, age 19 to 39 at Canada Event Centre offers unique opportunities for students, young adult professionals and young couples. Registration ends Monday, Nov. 4. For more information and to register: bit.ly/3YG04cT.

Prayer Corner



When do I pray?

Any time! You can pray on your own or with others anywhere. But when you do, pray with humility and reverence to God our Father. Prayers can also be sung, or be part of your Scripture reading. Sit in silence waiting on his presence and invite the Holy Spirit to come. He promises to hear you when you call.

Pope Francis "encourages us to find moments of prayer in all the circumstances we are called to face, whether in the joys or challenges of life."

Prayer to Invite the Holy Spirit

Thank you, God, for the gift of the Holy Spirit – a gift to be part of your family. Help me to strengthen my connection with you through prayer.

Romans 8:26

"And as well as this, the Spirit too comes to help us in our weakness, for when we do not know how to pray properly then the Spirit personally makes our petitions for us in groans that cannot be put into words."

ShareLife: Your YES Manifests God's Love



Thus far we have raised \$392,454.03 (78.5%) toward our goal of \$500,000.00 Please give at the parish using a ShareLife envelope, online through our parish website, or at sharelife.org/donate.

Mass Intentions FOR THE WEEK

November 4 to November 10

- Mon.** †Angela Ferreira by Tim, Angela & Lily Attley
- Tue.** †Earl Anselm by OLS Lector Ministry
- Wed.** †James O'Brien by family
- Thu.** †Pasko & †Mark Pavkovic by Frances Pavkovic
- Fri.** †Emil & †Jean Kramar by Teresa Grabowska Janicka
- Sat.** †Richard Nytko by Danuta Gorski
- Sat. 5:15pm** †William C. Schreiner by Lori & Wayne
- Sun. 8:00am** Parish Intentions
- 9:30am** †Theodore Numeriano Chua by family
- 11:00am** †Robert & Emily Brukner by Helen Brukner
- 12:30pm** Int. of Alfonso Del Valle by Beatriz Gomez

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