# OUR LADY OF SORROWS PARISH

*An Ever-Growing Beacon of God's Love, Hope and Joy for All*

Office Hours: Monday to Friday, 9:30 am – 4:00 pm
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**Mass Schedule**
Weekdays (Monday to Saturday): 9:00 am
Saturday Vigil: 5:15 pm
Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm*
**Includes Liturgy of the Word with Children*

**Adoration**
Monday: 7:00 pm – 8:30 pm

**Rosary**
Monday to Saturday: 8:25 am

**Reconciliation**
Monday: 7:00 pm – 8:30 pm
Saturday: 4:00 pm – 5:00 pm
By appointment – call the parish office

*November 22, 2026*

Fr. Chris Cauchi, *Pastor*
Elise Lee, *Family Life Minister*
Gordon D. Mansell, M. Mus, *Music Director*

**Get Involved!** Join a ministry:

**Catechesis:** Baptism Preparation • First Communion • Confirmation • Rite of Christian Initiation of Adults (RCIA) • Rite of Christian Initiation of Children (RCIC)
**Evangelization:** Alpha • Bible Study • Family Life • Millions of Monicas • Young Adults
**Liturgy:** Altar Servers • Altar Society • Children & Adult Choirs • Lectors • Liturgy of the Word with Children • Extraordinary Ministers of Holy Communion • Extraordinary Ministers of Holy Communion to the Sick and Homebound • Ministers of Hospitality
**Outreach:** Eculinks and Social Justice • Friendly Caller • Mental Health Initiative • ShareLife • St. Vincent de Paul
**Parish Support:** Building Committee • Finance Council • Livestream Team • Senior Leadership Team • Volunteer Screening
**Social Groups:** Bridge • Community Building Ministry • Garden Buddies • Knitting Circle
**Stewardship brochure** available in the narthex or visit bit.ly/3O0SYJX

**Society of St. Vincent de Paul**
647-770-4805

**Our Lady of Sorrows School**
www.tcdsb.org/ourladyofsorrows

**Bishop Allen Academy**
www.tcdsb.org/o/bishopallen

## Solemnity of Christ the King



On this last Sunday of the liturgical year, Christ the King does not wait for us on a distant throne. He comes looking for us, like a shepherd searching the hillside for every lost and injured sheep, binding wounds and bringing the scattered home.

When the King takes His seat, He will not ask how much we achieved, but whom we loved. For He is both the Shepherd and the lost sheep — what Pope Francis called Christ's "double identity." He has been hidden all along in the hungry neighbour, the lonely parishioner, the stranger new to Etobicoke, the sick relative we keep meaning to visit. Every small mercy was offered to Him, even when we didn't recognize His face.

Let us take this weekend's readings into our daily life. As Pope Francis said, "we come to possess life, now and in eternity, only by giving it away."

### Reflection Questions

- *Before Advent begins, what one act of mercy can I offer?*
- *How can I make Jesus' love more visible in my daily life?*

### Cardinal Leo's Message for World Youth Day

*"Christian courage comes from knowing Christ and trusting him. It is the inner strength to believe when faith is questioned, to hope when the future seems uncertain, and to love generously in a world often marked by division and indifference." Read the full message: bit.ly/4t5Xlad*

***Find readings here:*** *readings.livingwithchrist.ca*

***Cover:*** *Timothy Schmalz. Homeless Jesus in Minneapolis; the first statue was installed in Regis College at the University of Toronto in 2013*

**CHRISTMAS EVE**
Thursday, Dec. 24
**5:00 pm · 8:00 pm · 11:00 pm**

**CHRISTMAS DAY**
Friday, Dec. 25
**8:00 am · 9:30 am**
**11:00 am · 12:30 pm**

### Help Welcome Others This Christmas

We are looking for additional Ministers of Hospitality to assist at our Christmas Masses. Please contact luisa@sorrows.ca to volunteer.

## Christmas Is Only a Month Away!

Christmas remains one of the most meaningful opportunities of the year to invite someone to encounter Christ and His Church. Consider inviting a family member, friend, neighbour or colleague to join you this Christmas.

To help us offer a safe and welcoming experience for everyone, especially visitors and guests, those with flexible schedules are encouraged to attend our typically less crowded Masses: **Christmas Eve at 8:00 pm** or **Christmas Day at 8:00 am**.

Because fire safety regulations limit the number of people who can be in our church and parish hall, we may not be able to admit additional attendees once capacity has been reached. Thank you for helping us create space for others through your flexibility, hospitality and understanding.

## SACRAMENTS

### Updated Process for Bringing Holy Communion to the Sick and Homebound



Beginning **Jan. 1, 2027**, Holy Communion will not be placed in pyxes brought forward during the Communion procession. Current and prospective ministers should begin the preparation process. **Contact**: gabriella@sorrows.ca

### Baptisms – With Joyful Hearts



We will welcome **Mia and Michael** at the Saturday, Nov. 28, 5:15 pm Mass, **Charles, Sloane and Sofia** at the Sunday, Nov. 29, 9:30 am Mass, and **James and Victoria** at the Sunday 12:30 pm Mass. Please pray for them and their families.

## YOUTH & FAMILY

### Parents Small Group – Share and Learn

**Wednesday, Nov. 25 · 5:00–6:30 pm · Parish hall**
**Register:** bit.ly/3YYnlpp

### Faith and Film – The Sound of Music

**Saturday, Nov. 28 · 2:00 pm · Parish hall**
Doors open at 1:30 pm. Popcorn will be served!

### Catechesis of the Good Shepherd (CGS)

Montessori-based faith formation rooted in children's innate capacity for a relationship with God, launching for **ages 3–6 in Fall 2027** at OLS. Meet the CGS team at the back of the church after all Masses, **Nov. 28–29.**

## COMMUNITY

### OLS is hiring: Housekeeper / Cook

**Apply by Monday, Nov. 23**
Please apply or pass this along: bit.ly/4AwvDWJ

### Adopt a Family for Christmas

Many of our neighbours who use the services of St. Vincent de Paul can only dream about their children opening Christmas presents or having a festive meal. Share your Christmas spirit with our neighbours in need. **Contact:** olschristmas@gmail.com or 647-770-4805. If you prefer to make a cash or gift card donation, place your donation in an envelope marked "SSVP Christmas Campaign" along with your receipt and contact information in the collection basket at any Mass. Tax receipts are available. Cheques must be made out to "Society of St. Vincent de Paul."

### ShareLife: Your Love Leads the Way

Until Dec. 31, your gifts will **go twice as far** thanks to a matching donation. Give with a ShareLife envelope, through our parish website or online: sharelife.org/donate (under "How would you like to direct your gift?", select Our Lady of Sorrows Parish, Etobicoke).

### Christmas Magnificat Concert – St. Pius X Church

**Friday, Dec. 4 · 7:30 pm · 2305 Bloor Street W.**
Tickets ($20) will be sold at the St. Pius X church doors after Sunday Masses, 9:00 am & 11:00 am.

NOV
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# OUR LADY OF SORROWS PARISH

## Annual Building Committee Report

We are pleased to provide this annual update on the building and maintenance projects undertaken at Our Lady of Sorrows Parish in 2026, as well as a look ahead to priorities currently being planned for 2027.

Throughout the year, the OLS Building Committee reviews an ongoing list of projects involving our church buildings and grounds. In their stewardship of our parish facilities, committee members generously contribute their professional expertise and experience to help identify priorities, evaluate needs, and make thoughtful recommendations regarding the care of our parish property.

This list is assessed with a focus on restoration and repair, prevention of future deterioration and unforeseen costs, and parishioner safety and security. Like any older home, our parish requires ongoing attention and care. In fact, our church building is now 86 years old. It has served generations of parishioners faithfully and, with proper care, will continue to serve future generations as well.

On the first weekend of each month, your contributions to the OLS Building and Maintenance Fund help ensure the ongoing upkeep of our parish home, supporting everything from preventative maintenance and repairs to major capital projects. Thank you for your continued generosity and commitment to preserving the facilities and grounds that support the worship, ministries, and community life of our parish.

### Heating and Cooling System Replacement

In 2026, Our Lady of Sorrows prioritized a number of projects. The most significant was the replacement of the church's heating and cooling system, which was almost 30 years old.

With guidance from the Archdiocese, a mechanical consultant reviewed the system and recommended moving forward with a Variable Refrigerant Flow (VRF) system, offering zoned temperature control, greater energy efficiency, and improved long-term performance.

Planning for this major renewal began in 2025, when the Building Committee and Finance Council undertook the necessary evaluation, budgeting, and preparation work to support the project's successful implementation.

The project commenced in June 2026. During the summer months, there was no access to the parish hall or indoor washroom facilities while the work was being completed, and air conditioning was unavailable throughout the church. Every effort was made to support parishioners during this period through the installation of fans throughout the church and the provision of portable washroom facilities in the Cliveden Avenue piazza and church parking lot.

We are pleased to report that the installation was completed successfully and proceeded very smoothly. We are grateful to the contractors and project team for their diligent work and professionalism throughout the project.




Crane removing old unit



New VRF outdoor units



Installed HVAC unit

We would like to thank our parishioners for their patience and understanding during the months of construction. Major building projects inevitably bring some inconvenience, and we were grateful for the good spirit with which our parish community adapted throughout the process.

Finally, we are deeply grateful to everyone who supported this project through our monthly Building and Maintenance Fund collections, special gifts, online donations, and prayers. Thanks to your generous response, this important investment in our parish home has now been completed and fully funded.

## Other Projects Undertaken in 2026

The following is an overview of other projects completed during the year. Financial information will be included in the Finance Council's annual report to be released next spring.

- **Rectory improvements: $22,000**
- **Church sound and livestreaming systems: $24,000**
- **Hymnal rack modifications: $14,000**
- **Grounds maintenance: $14,000**
- **Elevator and fire safety systems: $10,000**
- **Electrical work: $8,500**

Rectory improvements included replacing the stove, updating the kitchen with durable vinyl flooring, and repainting. The front reception room was refreshed with new furniture, a new area rug, and a fresh coat of paint. We extend our sincere thanks to Monte Design for their generous donation of the new furniture.



Refreshed rectory reception room

Work on the church sound and livestreaming systems included Phase 1 of the sound system renewal, replacement of the main soundboards, upgrades to the assisted listening system, and replacement of the livestream camera. These improvements help support worship, accessibility, and our ability to remain connected with parishioners who participate remotely.

The elevator and fire safety systems require ongoing inspection, testing, and maintenance to ensure that our facilities remain safe, accessible, and compliant with applicable regulations.

## Looking Ahead: 2027 and Beyond

The OLS Building Committee and Finance Council have completed a detailed review of major items requiring attention in the coming years. Consistent with our focus on repair, prevention, and responsible stewardship, several projects are currently under consideration.

### Church Energy Efficiency Improvements

During the installation of the new heating and cooling system, several related building concerns were identified and are now being reviewed by the Building Committee. These include areas of energy loss within the church building, deterioration in sections of the foundation walls, conditions within the church attic, and roof drainage issues affecting both the church and rectory.




Thermal image of the church attic



Corroded snow guards, west side of the church

Because these matters are closely interconnected, the Finance Council recommended that they be evaluated as part of a coordinated project rather than through a series of smaller projects spread over multiple years. A preliminary assessment has been completed, and project scope and cost estimates are currently being developed.

With an ongoing focus on preventative maintenance and restoration, we will also continue to monitor the condition of the church marble and stained-glass windows, with the hope that these important elements of our parish's heritage can be addressed in future years.

### Rectory Flat Roof

As mentioned in last year's update, the flat roof on the south side of the rectory has deteriorated and will need to be replaced. Quotes and project planning are now underway, with replacement anticipated in 2027.



Water pooling on the rectory flat roof

In the coming months, the Building Committee will continue developing detailed plans and obtaining multiple quotes for future projects, working closely with the Finance Council to ensure that parish resources are used prudently and effectively. We will keep parishioners informed as plans continue to develop.

These projects are funded in large part through your generous support of the monthly OLS Building and Maintenance Fund. We remain deeply grateful for your ongoing contributions and are committed to being careful stewards of the resources entrusted to us.

While much of this work takes place behind the scenes, its purpose is simple: to ensure that Our Lady of Sorrows remains a safe, welcoming, and beautiful place where people can encounter Christ, celebrate the sacraments, grow in faith, and experience Christian community for generations to come.

If you are interested in making a targeted donation or special in-memory gift, we invite you to contact Fr. Chris or our bookkeeper, Johnri Velez, at **bookkeeper@sorrows.ca** or **647-933-6248**.

We also extend our sincere thanks to the members of the OLS Building Committee for their ongoing dedication and service: **Mark McKee, Dennis Rossetti, Anna Stranks, David Tyrrell, and Rino Zan.**

If you have questions or comments regarding this report, please contact **Luisa McKee, Operations Manager**, at **luisa@sorrows.ca** or **647-933-6209**.

Thank you for helping us care for the parish home that God has entrusted to us. Together, we continue to preserve and strengthen the facilities that support the mission and ministry of Our Lady of Sorrows Parish, today and for future generations.

## PARISH LIFE

### OLS Friendly Calls Ministry

Our volunteers offer a regular friendly call and prayer to our Friends at Home. To request a call, contact 416-231-6016.

### 2027 Pilgrimage to Japan & South Korea

Discover the beauty and fascinating culture of Japan on a pilgrimage with Fr. Chris (Sept. 11-24, 2027). Explore its rich Catholic heritage, encounter the inspiring stories of St. Francis Xavier, St. Maximilian Kolbe and Takashi Nagai, and deepen your faith through daily Mass and reflection. Come and experience Japan in a truly distinctive way!
**Itinerary and details:** bit.ly/4itw78o
**Contact:** Halina at IH Tours, 647-294-4116.

### Contemplative Prayer Group

**Friday, Nov. 27 · 6:30 pm · Parish hall meeting room**
Facilitated by Dr. Ann Sirek. All are welcome.

### Mental Health Initiative: Discover Your Temperament

**Tuesday, Dec. 1 · 10:00–11:30 am · Parish hall**
Explore the four classical temperaments and how they can strengthen relationships, improve communication and help us grow in virtue. Presented by Nathalie Bedros, RN, adult educator and certified coach.
**Register:** call or text Anne Marie at 416-559-9455.
Optional: bring an Ivory bar or cash donation for the Knitting Group's charity work with Dr. Simone.

### Advent Talk with Fr. John Abad

**Saturday, Dec. 5 · 6:30–7:30 pm · Parish hall**



*God's Generosity as an Invitation to Radical Hospitality: An Advent Reflection.* How do we reclaim Christian hospitality amid an environment of fear, suspicion and self-centredness? Father John will share his perspective, followed by Q&A. Light refreshments will be served.

### Out of the Cold Christmas Concert

**Tuesday, Dec. 15 · 7:00–9:00 pm · Church**
Our annual concert supports Out of the Cold at All Saints Kingsway. Sing carols and enjoy music by our choirs, MOSAIC Ensemble and more. **Free admission; donations welcome.**

## SAVE THE DATE

**DEC 4** — **Coffee Friday**
Friday, after 9:00 am Mass · Parish hall

**DEC 19** — **Advent Day of Confessions**
Saturday, 9:30 am–5:00 pm

*More events in our 3-month calendar: bit.ly/3VbpNHF*

### 2027 Donation Envelopes and Calendars

Pick up next weekend **Nov. 28-29** from a Minister of Hospitality at the church entrances. Please write your name and address on the first few envelopes.

### 2026–2027 Sunday Missals Now Available




$7 for the regular edition and $10 for the Young Catholic edition.

## Mass Intentions FOR THE WEEK

**Nov. 23 – Nov. 29**

**Mon.** †Patricia Brennan by Marieta Brosas
**Tue.** †Numeriano & †Dolores Chua by family
**Wed.** †Ali Mansouri by family
**Thu.** †All deceased members of Gorski family by Danuta Gorski
**Fri.** †Agnes Tabujara by Olivia Torres
**Sat.** †Edward Rzadki by Teresa, Helen Wolinski & Patrick Nicholson
†Julie Soden by Peggy Hughes
†Edward Rzadki by the Southdown Staff
†All deceased members of Murawiecki & Piotrowski by family
†Mike & †Josie Scott by Mary Lee
†Leeah (Lee) Inglis

**Sat.** **5:15 pm** †Ida Riccio by Debra Gervasio
**Sun.** **8:00 am** Parish Intentions
**9:30 am** †Esterina & †Modestino Viola by family
**11:00 am** †Fausto Capuano by Carmela Capuano
**12:30 pm** †Frank & †Melba De Witt by Connie De Witt

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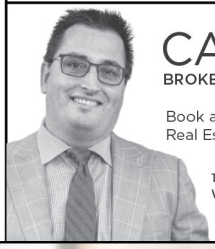

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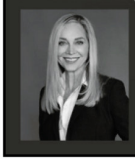
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