



OUR LADY OF SORROWS CHURCH

Office Hours: Monday - Friday, 9:30am - 4:00pm

3055 Bloor St W, Etobicoke ON M8X 1C6

416-231-6016 office@sorrows.ca www.sorrows.ca

Mass Schedule

Weekdays (Monday-Saturday): 9:00am

Saturday Vigil: 5:15pm

Sunday: 8:00am, 9:30am*, 11:00am, 12:30pm *Children's Liturgy of the Word (ages 4-10 yrs.)

Reconciliation

Monday: 7:00pm - 8:30pm

Saturday: 4:00pm-5:00pm

Fifth Sunday of Easter

May 7, 2023

Fr. Chris Cauchi, *Pastor*

Agustin Meneses, *Deacon*

Gordon D. Mansell, M. Mus, *Music Director*

Ministries and Groups

Alpha • Altar Servers • Altar Society • Bible Study • Extraordinary Ministers of Holy Communion • Garden Buddies • Knitters Circle • Lectors • Liturgy of the Word with Children • Ministers of Hospitality • Music Ministry • Religious Education for Children • Rite of Christian Initiation of Adults (RCIA) • Sacramental Preparation • Social Committee Society of St. Vincent de Paul

Call the office for info on:

Sacrament of Baptism

Rite of Christian Initiation for Adults (RCIA)

This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage

Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References

You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

Our Lady of Sorrows School

www.tcdsb.org

Archdiocese of Toronto

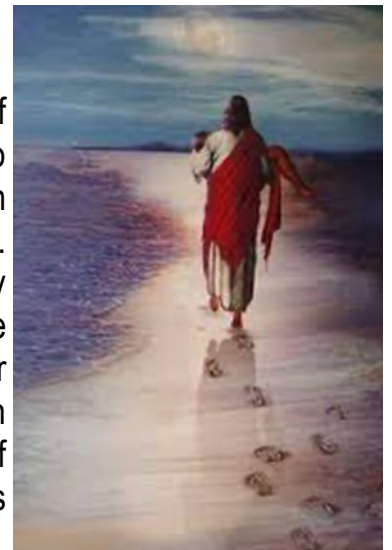
www.archtoronto.org

Catholic Cemeteries

www.catholic-cemeteries.com

Walking with Jesus

The readings for the 5th Sunday of Easter remind us that we are called to follow Jesus and serve him, even though we don't know where that might lead. The first reading describes how and why the first deacons were chosen. The second reading reminds us of our precious identity as God's Chosen People, beloved sons and daughters of God. And in the Gospel, Jesus asks us to have faith in him.



The Gospel offers us comfort, guidance, and encouragement: *"Do not let your hearts be troubled. Believe in God, believe also in me."* Jesus describes himself as *"the way, the truth, and the life."* These words, his life and his teachings demonstrate how He is the way to healing and wholeness.

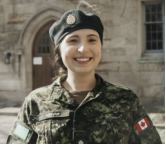
Jesus also calls us to make the world a better place for all by caring for those in need, working together as a community and seeking to do the will of God in all that we do.

Reflection Questions:

- *How can I follow the path that Jesus has laid out for me?*
- *Do I have faith that Jesus walks with me on my journey, ready to carry me during difficult times?*
- *What are some practical ways in my everyday life that I can continue Jesus' work in the world?*

PARISH NEWS & EVENTS

Best Wishes to Virginia



Virginia is finishing her work term next week at OLS as a Canadian Armed Force Chaplain. Please share your best wishes by signing the card available at the back of the church and joining us for cake after the 12:30pm Mass today.

Serving those who are Homebound

Do you know someone from our parish community who is not able to attend Mass because of health issues? Let the parish office know so that we can arrange for a priest to celebrate the Sacrament of Confession and/or an Extraordinary Minister of Holy Communion to bring the Eucharist. Please call 416-231-6016.

We invite you for **Adoration & Confessions**, Monday evenings from 7:00pm to 8:30pm in the church.



Totus Tuus back at OLS! Sign up your children or grandchildren today! Email totustuus@sorrows.ca to register, volunteer or if you have any questions.

Day Program: 8:45 am – 2:30 pm. (gr 1-6)
Registration fee: \$125 (\$100 for subsequent siblings)
Evening Program: 7:00 pm – 9:00 pm. (gr 7-12)
Registration fee: \$25



Mother's Day is around the corner and we have our first **OLS Dessert Recipe Book** printed! Cost: \$10. Get your copies at the back of the church. Proceeds go to our Building/Maintenance Fund.

Digital Payment Pilot at OLS

Simply tap the pre-set giving amounts on the display for votive candles & Society of St. Vincent de Paul poor box with your debit card, credit card, Apple Pay or Google Pay. Tap giving is not receiptable.



ShareLife Thus far our parish has raised \$236,198.42 which is at 54% of our goal. Thank you for your continued support.

Donations can be made through the parish by using a ShareLife envelope or online through our website: www.sorrows.ca.

The third ShareLife Sunday of the year is June 4.

Second Collection Next Weekend Pope's Pastoral Works - May 13 & 14

The Pope's Pastoral Works collection was established by the bishops of Canada in 1970. The Papal Charities allow the Pope to contribute to various charitable causes around the world, particularly toward aiding the victims of war, famine and natural disasters.

Offering envelopes are available at the back of the church. Thank you for your generosity.



The Canadian Conference of Catholic Bishops invites all Catholics to celebrate National Family and Life Week, May 7-14, 2023. The theme chosen for this year is Jesus' words, "*Love one another. Just as I have loved you*" (John 13:34).

This annual week of prayer, reflection, and action dedicated to family and life recognizes the challenges that affect families today and provides tools to help discover concrete and creative ways to support and accompany one another in tenderness, joy, and love as a family.

For daily prayer intentions & activities for families visit www.cccb.ca

Mental Health Awareness Sunday



The Archdiocese has designated Sunday, May 7, as Mental Health in the Faith Communities Awareness Sunday. This day is intended to help raise awareness of the importance of mental health.

Throughout the Gospels, we hear how Jesus accompanies, strengthens, and empowers people He encounters. Jesus dispels the idea of a connection between illness and sin, reminding us that illness is a part of life and our human condition, and that we should seek help along the path toward healing.

Please take some time to review these Mental Health Resources:

- [FORMED](#) provides the very best Catholic content -- it's like the Netflix of Catholic information -- with thousands of movies, children's programs, e-books, audio, parish programs and studies.

There are several free Mental Health videos available on FORMED.

Our parish has a free subscription, simply download the FORMED app from the App Store or Google Play:

1. Visit formed.org/signup

2. Enter our parish postal code or name

(Our Lady of Sorrows Church 3055 Bloor St. W Toronto ON, M8X 1C6) and follow the prompt

3. Create an account. Enter your name and email

4. Enjoy the content you want, where you want and share with others!

- [Catholic Family Services](#) - Quick Access Counselling

Catholic Family Services of Toronto is a non-profit counselling agency. In addition to individual, couple, and family counselling services, they offer Quick Access – Single Session counselling to people who have an urgent need to speak with a counsellor. Please visit: <https://www.cfstoronto.com/quick-access-counselling/>



The Gift of Faith and Mental Health

Designed specifically for the Catholic community, the Southdown Institute will host this day of insightful, educational, and practical talks to promote mental health, wellness, and spirituality.

Friday, May 12, 2023, 10:00 am - 3:00 pm
Nativity of Our Lord Parish Hall,
(480 Rathburn Road, Etobicoke)

Presentation 1: Navigating Today's
Stressors with Resilience and Faith

Presentation 2: A Catholic Approach to
Mindful Spirituality

This is a free event, and registration is required to attend. To register, visit www.southdown.on.ca or scan the QR code with your the phone.



Vocations

"The one who believes in me will also do the works that I do and, in fact, will do greater works than these..." Are you willing to do the work of the Lord as a priest, deacon, sister or brother? If God is calling you, contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Mass Intentions FOR THE WEEK

May 8 to 14

Mon. †Michael & †Catherine Bennett by family

Tues. †Wendy Wade by Suzann Sutherland

Wed. †Marguerite Doran by Ursula Matthews

Thurs. †Mary Pelzl by Susan Bardwell

Fri. †Maureen, †John & †Philip Keane by
Gerry Simpson

Sat. †Christopher Lewis by Family

Sat. 5:15pm Int of Virginia-Ann and Daniel Gawel

Sun. 8am †Arthur O'Connor by Ed Wickham


9:30am †Ingrid Amon by Wujek & Walczyszyn Families

11:00am Parish Intentions

12:30pm †Mario Amendola by Tony & Connie Stapleton

THE ISLINGTON

RETIREMENT RESIDENCES

INSPIRED SENIOR LIVING WITH 

COMING SOON

CALL (437) 826-9696 TO RESERVE YOUR SUITE



Corinne Del Piero
Sales Representative

O: (416) 239-1818 | D: (416) 804-3829
cdelpiero99@gmail.com

ROYAL LEPAGE

HOTPRPTY

Realty Centre, Brokerage* *Independently Owned and Operated

Advertise with us,
Call 416-231-6016



Got questions about life, faith and God? Try Alpha.



KINGSWAY FISH & CHIPS
"For the Finest Fish & Chips this side of the Atlantic"
3060 Bloor St. W. 416-233-3355

Bruno's Fine Foods

Top Quality Meats • Produce • Grocery • Gourmet Foods
4242 Dundas St. W. 416-234-1106

Support our local businesses

Lynett Funeral Home

by Arbor Memorial Inc. 416-767-1176
3299 Dundas St. W. Toronto (1 block east of Runnymede)

Brook & Braddock Opticians

Your family opticians since 1965

3101 Bloor St. W.
416-233-2611 * 416-233-4030



CANDIDO FARIA
BROKER & PARISHIONER
RE/MAX For a Free Consultation or Real Estate Overview Contact Me
TEL. 416.459.2007
RE/MAX ULTIMATE WWW.CANDIDOFARIA.CA

Support our local businesses

the children's DENTAL CENTRE

Certified Specialists in Pediatric Dentistry

523 The Queensway, Suite 104
416-252-KIDS (5437)
www.childrendentalcentre.ca

Life's better with an agent



Contact Me
Lorrie Howe, Agent
416-239-7714



Sutton GROUP ASSOCIATES
REALTY INC., BROKERAGE

PINA RAO-WITTERSHEIM
Broker/Parishioner
Platinum Award Winner
416-966-0300 Office / 416-567-0635 Direct
www.BloorCourtVillage.com



CATHOLIC & CEMETERIES FUNERAL SERVICES

www.catholic-cemeteries.com
Holy Cross Cemetery & Funeral Home 905-889-7467
Queen of Heaven Cemetery 905-851-5822

GIB-SAN
Pool & Landscape Creations

Swim for the Health of it!

www.gibsanpools.com
416-749-4361

RE/MAX
Ed Koenig
Sales Representative
www.koenigsells.ca • 416-553-5439
ekoenig@rogers.com

VIBO
ITALIAN RESTAURANT
Casual Fine Dining
2995 Bloor Street West
416-239-1286
www.vibo.ca

Tony's Flooring Centre
Family Owned & Operated Since 1961

Wealth Management
Dominion Securities
Complete Wealth Management

Individuals, Retirees Holding/Operating Companies

Strategies
Charitable Giving, Family Trusts, Estate, Investment & Financial Planning

Christopher Kerrigan VP, PM
416-231-6312
www.kerriganadvisory.ca

KERRIGAN
ADVISORY TEAM

kandy
Media & Design
SOCIAL MEDIA MARKETING | WEBSITES | E-COMMERCE | EVENT MARKETING
www.kandymediadesign.com

PHYSIOTHERAPY
(Paid by OHIP)
2146 Bloor St. W.
physiotherapybloorwest.com
Evelyn Brett 416-766-8565

Kingsway Foot Clinic
Hartley Silver D.Ch. Chiroprapist
Foot Care Specialist
Custom Foot Orthotics
416-239-3338
3101 Bloor St. W. Unit 203
kingswayfootclinic.com

Advertise with us,
Call 416-231-6016

PETER'S PLUMBING
Reasonable Rates
Free Estimate
Discount for Seniors
Tel: 416-880-3171

Support our local businesses

JOIN US FOR LUNCH & TOUR
DELMANOR
Prince Edward
Inspired Retirement Living™
416-233-0725

ROTO-ROOTER 416-503-4444
www.rotorooter.com
• Plumbing • Disaster Cleanup
• Drains • Restoration Services
"1 Call Solves it All"

CJ's SKATEPARK
SINCE 2008
CANADA
LARGEST NOT-FOR-PROFIT SKATEPARK IN THE WORLD!

LESSONS & CAMPS
OWNED AND OPERATED BY PARISHIONER JAY MANDARINO
560 Hensall Circle, Mississauga, ON, Canada L5A 1Y1
CJSKATEPARK.com 905.272.6888

Advertise with us,
Call 416-231-6016



A university preparatory, independent Catholic school for girls (Grades 5-12)
905.891.1890 admissions@hnmcs.ca

By your side for a better future
Ioana Nedu
Financial Advisor
5135 Dundas St. W.
Toronto, ON
416-237-0924



Let's start a conversation.
turnerporter.ca
Turner & Porter
FUNERAL DIRECTORS
Serving The Kingsway, Bloor West Village and the GTA for over 148 years.

MENECOLA
DOORS & WINDOWS
Celebrating 50 Years
• Quality Products
• Great Workmanship
• Affordable Prices
416-239-1213
21 Chauncey Ave., Etobicoke

Support our local businesses