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Office Hours: Monday - Friday, 9:30 am - 4:00 pm
3055 Bloor St W, Etobicoke ON M8X 1C6
416-231-6016 | office@sorrows.ca | www.sorrows.ca

Mass Schedule

Weekdays (Monday to Saturday): 9:00 am
Saturday Vigil: 5:15 pm
Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm*
*Includes Liturgy of the Word with Children
Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm - 8:30 pm

Reconciliation

Monday: 7:00 pm - 8:30 pm
Fridays of Lent: 7:00 pm - 7:30 pm
Saturday: 4:00 pm - 5:00 pm
By appointment - call the parish office

March 8, 2026

Fr. Chris Cauchi, *Pastor*
Angelica Chacon, *Family Life Minister*
Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

Sacrament of Baptism - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Please email baptism@sorrows.ca

Rite of Christian Initiation for Adults (RCIA) - This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

Society of St Vincent de Paul
647-770-4805

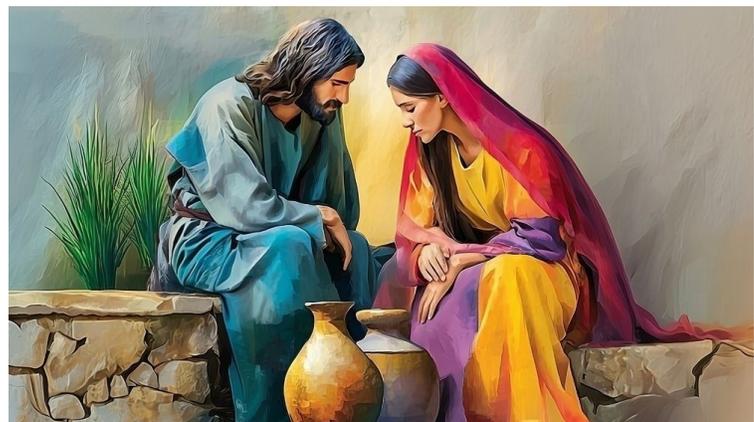
Our Lady of Sorrows School
www.tcdsb.org/ourladyofsorrows

Bishop Allen Academy
www.tcdsb.org/o/bishopallen

Archdiocese of Toronto
www.archtoronto.org

Catholic Cemeteries
www.catholic-cemeteries.ca

Third Sunday of Lent



This Sunday reminds us that God is with us, even when we are tired, unsure, or in need. Each reading shows people who feel empty or thirsty, but God gives them what they truly need. He does not leave them alone. He hears their cries and responds with love and care. The Gospel reading tells the story of the Samaritan woman at the well. Jesus talks with her and offers something much greater than regular water. He gives her hope, truth, and new life. She leaves changed, ready to share what she has found. These readings help us look at our own lives. Where are we empty? What are we really looking for? Lent is a time to open our hearts to Jesus, the one who gives us living water.

Reflection Questions:

- How can I open my heart to let Jesus change me this Lent?
- What is one way I can share my faith with others this week?
- How do I respond to people who may be judged by others?

Find readings here: readings.livingwithchrist.ca

Lenten Conversations in Spirituality and Ethics by Dr. Ann Sirek
Last session on Thursday, Mar. 12

Join us for the last session, "Mercy", after the 9:00 am Mass in the parish hall. Free event. To help us plan light refreshments, RSVP at olscommunitybuilding@gmail.com



Your Guide to a Meaningful Lent

Visit bit.ly/4kOeO2H for resources and activities to support your growth in prayer, fasting, and almsgiving this Lent.

Lenten Day of Confessions

Saturday, Mar. 21, 9:30 am to 5:00 pm



In addition to English language confessions by all priests, a number of priests are also available to hear confessions in other languages: Arabic, Filipino, French, Italian, Polish and Spanish.

Through the **Stations of the Cross**, we can pray and meditate on Christ's sacrifice for us. Fridays of Lent at 9:30 am and 7:30 pm in the church.



The Rosary of the Seven Sorrows of Mary



Join us in the church every Tuesday during Lent at 8:25 am as we pray the special Rosary of the Seven Sorrows of Mary, our parish patron, in place of the Sorrowful Mysteries. We will gather to reflect on Mary's sorrow and love during this holy season.

FAMILY LIFE MINISTRY



Mom's Group: Pray & Play

Tuesday, Mar. 17, 10:00 am - 12:00 pm, in the parish hall meeting room.

Parent's Small Group

Wednesday, Mar. 18, 5:00 pm - 6:30 pm, in the parish hall. Light dinner and childcare provided. Register at bit.ly/3YYnlpp



Prayer before the Blessed Sacrament: The Seven Sorrows of Our Lady (Children & Teens)

We would like to invite you to join us in the church on Wednesday, Mar. 25 at 5:30 pm for a reflection and prayer before the Blessed Sacrament, focusing on the Seven Sorrows of Our Lady, designed especially for children, teens, and their families.

Questions? Email Angelica: familylife@sorrows.ca

Catholic Gifts for All Ages - This weekend, Mar. 7/8, after all Masses in the parish hall

Daughters of St. Paul will be selling Catholic resources for children, youth & adults, including for Communion & Confirmation. Call 416-781-9131 for special requests.

Handicraft Holy Land Christians will be selling unique hand-carved olive wood religious art pieces made by families in Bethlehem. More info: HolyLandChristians.ca

Rite of Christian Initiation of Adults (RCIA) Scrutinies

Next Sunday, Mar. 15 at the 9:30 am Mass, we will celebrate the second of three Scrutinies with the elect (adults who will celebrate Baptism, Confirmation and Holy Communion at the Easter Vigil Mass). The scrutinies are rites for self-searching and repentance. They are meant to uncover, then heal all that is weak, defective, or sinful in the hearts of the elect and to bring out, then strengthen all that is upright, strong, and good.

Feast of St. Patrick - Mar. 17

Join us for a nine day novena beginning on Monday, Mar. 9 at 8:50 am in the church. Light refreshments in the parish hall on Tuesday, Mar. 17.



Feast of St. Joseph - Mar. 19

Pray with us for nine days starting Thursday, Mar. 19 at 8:50 am in the church. Reception in the parish hall at 9:30 am.

Consecration to the Blessed Virgin Mary

As we look forward to the Consecration to the Blessed Virgin Mary on the Solemnity of the Annunciation, we will begin the Marian Triduum on Monday, Mar. 23, with rosary at 8:25 am in the church. On Wednesday, Mar. 25, we will celebrate the Act of Consecration to the Blessed Virgin Mary at the 9:00 am Mass. This is a unique and grace-filled opportunity. Learn more below:

- **Marian Triduum:** bit.ly/4rU2ilc
- **FAQs and other resources:** bit.ly/4bICJU0

Hymnal Project - One more chance!

Because of our growing choir, we've ordered additional Gather IV hymnals. With a \$60 donation, you can sponsor a copy that includes a personalized bookplate. Limited copies available. Donate here: bit.ly/4cj4nSO or call the parish office. All donations are tax receiptable.



Young Adults Ministry: When You Pray

Young adults (ages 18-35) are invited to Session 3 of *When You Pray: A Clear Path to a Deeper Relationship with God*. Held on Friday, Mar. 20 at 6:00 pm - 7:00 pm in the parish hall. Refreshments will be provided. Attendance is free. Following our session, everyone is invited to go upstairs to the church for Stations of the Cross at 7:30 pm. *Registration deadline: Wednesday, Mar. 18.* Register with Nadine: youngadults@sorrows.ca

OLS Tenebrae service – Tuesday, Mar. 31, 7:30 pm in the church



Tenebrae, meaning Darkness, was written by Monsignor John Edward Ronan — principal founder of Toronto's St. Michael's Choir School. Tenebrae conveys the sorrow of Holy Week through solemn and noble music. This year's presentation will feature the MOSAIC Canadian Vocal Ensemble, Alumni of St. Michael's Choir School and members of the OLS adult choir, led by Music Director, Gordon Mansell.

Society of Saint Vincent de Paul (SSVP) and Our Lady of Sorrows (OLS) Conference 2025 Annual Parish Report

Over the past year, the SSVP-OLS conference assisted 58 low-income households. SSVP-OLS received \$118,631 in cash and in-kind donations, from the Christmas Adopt-A-Family Campaign, poor boxes, tax-receipted donations, and other charities. A total of \$78,758 was provided to our neighbours in need, and \$28,000 went into supporting other SSVP conferences with fewer resources, and city-wide SSVP initiatives. We sincerely thank you, our parishioners, for your generous donations and continued support for our neighbours in need.



Are you or someone you know divorced?

Speak with Fr. Chris about the Catholic Marriage Tribunal and the nullity process, or visit archtoronto.org/MarriageTribunal

Get a head-start on parish events using our **3-month-calendar**: bit.ly/3VbpNHF



Totus Tuus Summer Camp

OLS is thrilled to host Totus Tuus and provide a wholesome and faith filled summer experience for our youth! **NOTE:** This summer, our parish hall will not be available, so we are very grateful to *Our Lady of Peace Parish*, located at 3914 Bloor Street West, Etobicoke, for kindly letting us use their facilities for this program.



• Day Program (For children who start grades 1-6 in September 2026)

Monday, July 6 - Friday, July 10, 8:45 am – 2:30 pm

Fee: \$140 (\$125 for subsequent siblings)

Includes lunch, snacks & T-shirt

• Evening Program (For teens who start grades 7-12 in September 2026)

Sunday, July 5 - Thursday, July 9, 6:00 pm – 9:00 pm

Fee: \$80 (\$65 for subsequent siblings)

Includes dinner & T-shirt

Want to help? We need volunteers (adults & high school students) for the day camp, meals, and evening program.

To volunteer or for general questions, email Angelica at totustuus@sorrows.ca



Registration and more info here: bit.ly/4I2kbvu

SAVE THE DATE

Tuesday, Apr. 7: Alpha begins



Mass Intentions

FOR THE WEEK

March 9 to 15

Mon. †Cecilia Macdonald by Maxine Cramp

Tue. †Stella Myrowich by Anne & Bob Shiley

Wed. Int. of Luisa McKee

Thu. †Peter Paul Salerno by family

Fri. †William Fox by the Fox family

Sat. †Agustin Dao by Mary Nguyen & family
†Jose & †Teresa Cabral by Cabral family

†Antonio & †Tony Botelho by Botelho & Cabral families

†Heidi Peruzzo by Pamela Ruebusch

Sat. 5:15 pm †Dolores Chua by family

Sun. 8:00 am †Amando Dalusong Jr. by Eileen Dalusong

9:30 am †Dolores Chua by family

11:00 am †Mary Grace Sbrocchi by Carmela Capuano

12:30 pm Parish Intentions

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