



OUR LADY OF SORROWS PARISH

Office Hours: Monday - Friday, 9:30 am - 4:00 pm
3055 Bloor St W, Etobicoke ON M8X 1C6
416-231-6016 office@sorrows.ca www.sorrows.ca

Mass Schedule

Weekdays (Monday-Saturday): 9:00am
Saturday Vigil: 5:15pm
Sunday: 8:00am, 9:30am*, 11:00am, 12:30pm

Adoration

Mondays 7:00pm - 8:30pm

Reconciliation

Monday: 7:00pm - 8:30pm
Saturday: 4:00pm-5:00pm

*Children's Liturgy of the Word (ages 4-10 yrs.)

March 24, 2024

Fr. Chris Cauchi, *Pastor*
Mr. Sarfaraz Pinto, *Permanent Deacon*
Mr. Jeremy Zou, *Transitional Deacon*
Elise Lee, *Family Life Minister*
Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

Sacrament of Baptism - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Parents are invited to attend a baptism preparation session every third week of the month.

Rite of Christian Initiation for Adults (RCIA) - This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

Society of St Vincent de Paul
647-770-4805

Our Lady of Sorrows School
www.tcdsb.org

Archdiocese of Toronto
www.archtoronto.org

Catholic Cemeteries
www.catholic-cemeteries.com

PALM SUNDAY OF THE PASSION OF THE LORD



The readings for Palm Sunday focus on the sacrifice which Jesus Christ made for us. As we contemplate the suffering and death of Jesus, we are struck by the paradox of His divinity and His willingness to endure such great pain and humiliation. He turned to prayer, even in his darkest hour in the garden of Gethsemane and entrusted all into the loving care of his Father. He remained obedient, even when His closest friends betrayed him and abandoned him.

As followers of Jesus, we are also called to trust in God completely. In the face of trials and difficulties, we can turn to prayer and trust God's loving care.

Reflection Questions:

- Are there times when I find it difficult to trust in God's plan for my life? What gets in the way of my faith and trust?
- How do I respond when facing suffering or adversity in my life? Do I turn to prayer and rely on God's strength and comfort, or try to handle things on my own?
- How can I deepen my relationship with God?

PARISH NEWS & EVENTS

Holy Week Schedule

Monday - March 25

9:00 am Mass followed by Stations of the Cross
7:00 pm to 8:30 pm - Adoration & Confessions

Tuesday – March 26

9:00 am Mass followed by Stations of the Cross
7:30 pm **Tenebrae** - Service of light through darkness.

Wednesday – March 27

9:00 am Mass followed by Stations of the Cross
5:00 pm Stations of the Cross with children

Holy Thursday – March 28

7:30 pm **Mass of the Lord's Supper**

Everyone is invited to bring bells to ring during the Gloria.
Altar of Repose in the parish hall from 8:30 pm to midnight.

Good Friday – March 29

12:00 pm & 3:00 pm **Celebration of the Lord's Passion**
Stations of the Cross at 9:00 am & 7:30 pm
Church open from 8:00 am to 8:00 pm for private prayer.

Good Friday is a universal day of fasting and abstinence from meat to honour the suffering and death of the Lord Jesus, and to prepare to share more deeply in the joy of his resurrection. Fasting obtains its full meaning when we open our hearts to God in prayer.

The law of "abstinence from meat" binds those who are 14 and older; the law of "fasting" binds those from 18 to 59 years of age.

Screening of The Passion of the Christ

Good Friday, March 29, 5:00 pm in the parish hall.

Easter Vigil – March 30 at 8:00 pm

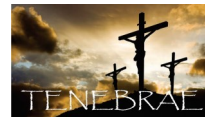
There will be no 9:00 am , 5:15 pm Mass or Confessions.
Everyone is invited to bring bells to ring during the Gloria.

Easter Sunday – March 31

8:00 am, 9:30 am, 11:00 am and 12:30 pm
Children at the 9:30 am Mass are asked to be with their families - there will be no Liturgy of the Word with Children.

Additional seating available in the parish hall during Holy Week.

Liturgical Bites: The Sacred Triduum - The word "Triduum" comes from the Latin word meaning "three days," and encompasses the three most sacred days in the Church year. It begins at sundown on Holy Thursday, reaches a high point at the Easter Vigil, and concludes with evening prayer at sundown on Easter Sunday. The liturgical celebrations during the Triduum are rich with symbolism and flow from one to another in a seamless way. While it may appear as if these liturgies are separate and distinct, they are intended to be one continuous celebration that commemorates the passion, death and resurrection of Jesus. All Catholics are encouraged to observe the entire Triduum by attending all the liturgies.



As part of our Holy Week observances **TENEBRAE** will once again be presented on **Tuesday, March 26, 7:30 pm to 9:00 pm** in the church. Tenebrae, meaning darkness, is a moving experience that conveys the sorrow of Holy Week through solemn and noble music and scripture. Free will offerings welcome.

Special Collection on Good Friday, March 29

- This annual collection asked by the Holy See of dioceses and parishioners throughout the world to assist the Church in the Holy Land. Your donation supports the pastoral, educational, and social works of the church and helps maintain Holy Places so important for the faith of Christians everywhere.

Please give generously. Special envelopes are available at the church entrance or online at Commissariat.ca.

Spirit of Welcome!

Our church welcomes more people at Holy Week and Easter Masses. We invite you to share your spirit of welcome to all by making room in the pews and consider carpooling with family or walking to church. There will be additional seating available in parish hall.

FAMILY LIFE MINISTRY


Mom's Group: Pray and Play - *New date!* Our March get-together will be on Tuesday, March 26, 10 am to 12 noon in the parish hall.

Stations of the Cross for Children - You are invited on **Wednesday, March 27 at 5:00 pm in the church** to join other OLS families as we follow Jesus on His way to the Cross.


The Stations of the Cross is a beautiful way for us to reflect on Jesus' love for us.

Screening of The Passion of the Christ - **Friday, March 29 at 5:00 pm in the parish hall.** The film focuses on the last twelve hours in the life of Jesus of Nazareth, on the day of His crucifixion in Jerusalem.

Free Admission. Rated R (Restricted to 17+). Free will offerings welcome.

 The Hallow App offers prayers, reflective music and an opportunity to join in on the Lent Pray40 challenge. Visit: <https://hallow.com/pray40/>. After Lent you can choose to continue to use the app or cancel.

Give yourself the gift of a joyful marriage! Retrouvaille can help and offers hope for a better relationship. By learning the tools of healthy communication, you can build greater intimacy. Retrouvaille is Catholic in origin but welcomes couples of all faiths. The next Retrouvaille Weekend is on April 5 to 7, in Mississauga. For information and to register, visit torontoretrouvaille.com or call 437-234-5610.

 **LIFE-GIVING WOUNDS** You're invited to a weekend retreat for adult children of divorce or separation at St. Augustine's Seminary in Scarborough on Friday, April 26, 7:00 pm to Sunday, April 28, 3:30 pm.

The cost of \$290 (\$190 for students) includes lodging, meals, retreat materials.

To register go to bit.ly/LGW-TO-Retreat-Register2024

ALPHA: COME AND SEE

WHAT IS ALPHA? Alpha is a multi-week course that provides a safe space to ask questions about life, faith and meaning in a friendly environment. Alpha participants come from all walks of life to meet weekly and share a meal, watch an engaging video on various topics, and have a group discussion.



COME AND SEE! If you are interested and curious, come and experience the first Alpha night. We hope you return the following Tuesday, but if not, at least you will have enjoyed a good meal and connected with people in your parish community!

WHEN AND WHERE? Our next Alpha group will meet on Tuesdays, beginning April 2nd, from 6:45 pm to 8:45 pm in the Parish Hall.

For more information and registration scan the QR code or email: alpha@sorrows.ca Program and meals are free. Registration recommended for meal preparation.



September Pilgrimage: Almost Full!

OLS Pilgrimage to Portugal, Spain and France, under the spiritual leadership of Fr. Chris Cauchi, Sep. 22 to Oct. 5, 2024. Only a few spots remain! Please visit <https://bit.ly/3SCt1SG> or call Halina at 647-294-4116 for more information.

Join **MOSAIC** on its third international tour! Our Music Director Gordon Mansell invites you on Nov. 16, 2024 for a remarkable 14-day tour to Sicily, Southern and Northern Italy. You can join the tour as a singer or as a pilgrim.

For more details, call or text Gordon at 416-571-3680.

Mass Intentions FOR THE WEEK

March 25 to 31

Mon. †Gabriella & †Filiberto Galli by Pia & Aurelia Galli

Tue. †John Matthews by OLS Office Staff

Wed. †Giuliana & †Osvaldo Giusfredi by Pia & Aurelia Galli

Holy Thursday, Good Friday, Easter Vigil, Easter Sunday
Parish Intentions

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