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An Ever-Growing Beacon of God's Love, Hope and Joy for All

Office Hours: Monday - Friday, 9:30 am - 4:00 pm
3055 Bloor St W, Etobicoke ON M8X 1C6
416-231-6016 | office@sorrows.ca | www.sorrows.ca

Mass Schedule

Weekdays (Monday to Saturday): 9:00 am
Saturday Vigil: 5:15 pm
Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm*
*Includes Liturgy of the Word with Children
Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm - 8:30 pm

Reconciliation

Monday: 7:00 pm - 8:30 pm
Fridays of Lent: 7:00 pm - 7:30 pm
Saturday: 4:00 pm - 5:00 pm
By appointment - call the parish office

March 22, 2026

Fr. Chris Cauchi, *Pastor*
Angelica Chacon, *Family Life Minister*
Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

Sacrament of Baptism - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Please email baptism@sorrows.ca

Rite of Christian Initiation for Adults (RCIA) - This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

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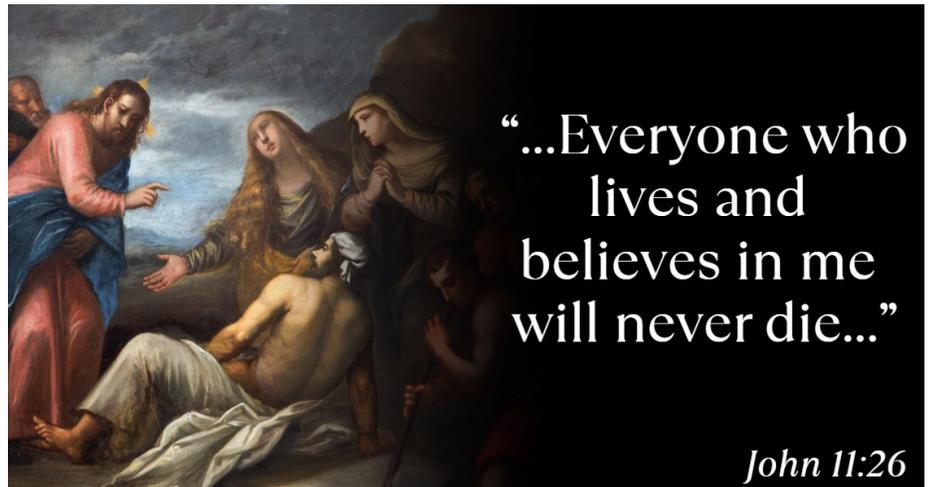
Our Lady of Sorrows School
www.tcdsb.org/ourladyofsorrows

Bishop Allen Academy
www.tcdsb.org/o/bishopallen

Archdiocese of Toronto
www.archtoronto.org

Catholic Cemeteries
www.catholic-cemeteries.ca

Fifth Sunday of Lent



“...Everyone who lives and believes in me will never die...”

John 11:26

The Fifth Sunday of Lent brings us one of the most powerful stories in the Gospel of John. Jesus raises Lazarus from the dead. This story helps us remember that even when everything feels lost, God can still bring life. Jesus shows He has power over death and that He brings hope to those who trust Him. We are asked to trust in God's promise. Even in sorrow or loss, He can raise us up.

Reflection Questions:

- How can I trust in God's power to bring new life and renewal?
- How can I live in hope and courage, even in difficult times?
- Who in my life needs to hear the message of hope and new life?

Find readings here: readings.livingwithchrist.ca



ShareLife Sunday - this weekend, Mar. 21/22

Bring the hands of Christ to those in need. Our parish goal this year is \$562,000. Support using a ShareLife envelope, our parish website, or at sharelife.org/donate. (Under "How would you like to direct your gift?", please select Our Lady of Sorrows Parish, Etobicoke).

See **ShareLife's 50th Anniversary** video here: bit.ly/4sWB1xe



Holy Week Schedule

Palm Sunday*

Mar. 28 5:15 pm (Vigil Mass)

Mar. 29 8:00 am, 9:30 am, 11:00 am & 12:30 pm

Monday to Wednesday - Mar. 30 - Apr. 1

9:00 am Mass

Holy Thursday – Apr. 2

Mass of the Lord's Supper at 7:30 pm

Everyone is invited to bring bells to ring during the Gloria. Altar of Repose in the parish hall from 8:30 pm to midnight

Good Friday – Apr. 3

Stations of the Cross at 9:00 am and 7:00 pm

Celebrations of the Lord's Passion at 12:00 pm, 3:00 pm, and 5:00 pm

The church will be open for private prayer from 9:00 am to 8:00 pm

Holy Saturday - Apr. 4

Blessing of Easter Food at 11:00 am

Easter Vigil at 8:00 pm

No 9:00 am & 5:15 pm Mass; No Confessions

Everyone is invited to bring bells to ring during the Gloria

Easter Sunday – Apr. 5*

8:00 am, 9:30 am, 11:00 am and 12:30 pm

*Children are asked to remain with their families - there will be no Liturgy of the Word with Children.

Additional seating available in the parish hall during Holy Week.

Spirit of Welcome

Leading up to Easter, our church will welcome more people on Palm Sunday, Holy Week and Easter Masses. We invite you to share your spirit of welcome to all by making room in the pews and consider carpooling with family or walking to church.



Get a head-start on parish events using our **3-month-calendar**: bit.ly/3VbpNHF

Your Guide to a Meaningful Lent. Visit our website: bit.ly/4kOeO2H for resources and activities to support your growth in prayer, fasting, and almsgiving this Lent.

The Rosary of the Seven Sorrows of Mary. Pray the special Rosary of the Seven Sorrows of Mary, our parish patron, with us in the church every Tuesday during Lent at 8:25 am.



Stations of the Cross. Join us in praying and meditating on Christ's sacrifice for us. Fridays of Lent at 9:30 am and 7:30 pm in the church.

Rite of Christian Initiation of Adults (RCIA) Scrutinies

This Sunday, Mar. 22 at the 9:30 am Mass, we will celebrate the last of three Scrutinies with the elect (adults who will celebrate Baptism, Confirmation and Holy Communion at the Easter Vigil Mass).



Consecration to the Blessed Virgin Mary

We will begin the Marian Triduum on Monday, Mar. 23, with rosary at 8:25 am in the church. On Wednesday, Mar. 25, we will celebrate the Act of Consecration to the Blessed Virgin Mary at the 9:00 am Mass. This is a unique and grace-filled opportunity. Learn more below:

- **Marian Triduum:** bit.ly/4rU2ilc
- **FAQs and resources:** bit.ly/4blCJU0

Prayer before the Blessed Sacrament: The Seven Sorrows of Our Lady (Children & Teens)

The Family Life Ministry invites children, teens, and their families to join us in the church on Wednesday, Mar. 25 at 5:30 pm for a reflection and prayer before the Blessed Sacrament, focusing on the Seven Sorrows of Our Lady.



OLS Tenebrae service

Tuesday, Mar. 31, 7:30 pm in the church

Tenebrae conveys the sorrow of Holy Week through solemn and noble music. This year's presentation will feature the MOSAIC Canadian Vocal Ensemble, Alumni of St. Michael's Choir School and the OLS adult choir, led by Music Director, Gordon Mansell. Free event, but free-will offerings are greatly appreciated.

Support our Parish with a simple tap using our TipTap Pay stands available at the church main entrance. Visit bit.ly/4cnWR9a for details and instructions.





Feast of St. Joseph. Pray the novena with us every morning until Friday, Mar. 27 at 8:50 am in the church.

The Catechesis of the Good Shepherd (CGS)

is a Montessori-based Catholic formation program for children ages 3–12, nurturing their relationship with God through their work in the atrium. OLS is currently exploring interest in offering this program and would love to hear from our community. We are looking for 1) children who may be interested in participating, and 2) adults who feel called to be involved in this ministry. Interested? Please complete the survey using this link: bit.ly/3Pj9tEW or contact the parish office.



Free Virtual Caregiver Group

Break and Breathe is a free six-week online support group from Catholic Family Services of Toronto for those caring for middle-aged/older adults. Join others for support and resources. Wednesdays, Apr. 15 - May 20, 1:00 pm - 2:30 pm on Zoom. Register at ywoo@cfstoronto.com or 416-921-1163 ext. 2249

Totus Tuus Summer Camp

OLS is excited to provide a faith-filled summer experience for our youth! **NOTE:** This program is held at *Our Lady of Peace Parish (3914 Bloor St W, Etobicoke)*.

- **Day Program** (*Children starting grades 1-6 in Sept. 2026*). Monday, July 6 - Friday, July 10, 8:45 am – 2:30 pm
Fee: \$140 (\$125 for subsequent siblings)
Includes lunch, snacks & T-shirt
- **Evening Program** (*Teens starting grades 7-12 in Sept. 2026*). Sunday, July 5 - Thursday, July 9, 6:00 pm – 9:00 pm
Fee: \$80 (\$65 for subsequent siblings)
Includes dinner & T-shirt

Want to help? Adults & high school students can volunteer. To volunteer or for more info, email Angelica at totustuus@sorrows.ca

Registration and more info here: bit.ly/4l2kbvu



Alpha - Come & See Event

You are invited to the 8th Alpha program's **Come & See Event** (Tuesday, Apr. 7, in the parish hall, 6:45 pm – 8:45 pm). Over 300 OLS parishioners have explored life's big questions & strengthened their faith through Alpha. There are no strings attached—just come and see—and enjoy some great people, great conversations and a free delicious meal. Register for free here: bit.ly/3PgJiyK



Help Not Harm: Take Action to Support Bill C-21



Visit HelpNotHarmCanada.ca to email your Member of Parliament, asking for their support of Bill C-218 (The Right to



Recover Act), which would amend the Criminal Code to prevent Medical Assistance in Dying (MAiD) from being provided when mental illness is the sole underlying condition. As Catholics and Canadians, we are called to offer care, hope, and protection — not death — to those who are suffering and most vulnerable.



See Cardinal Leo's message on **Celebrating the Special Jubilee Year of St. Francis:** bit.ly/4uMQCCC

SAVE THE DATES

Apr. 13: Mental Health Initiative event

May 12: Mass with the Sacrament of Anointing of the Sick

Mass Intentions

FOR THE WEEK

March 23 to 29

- Mon.** †Vitorino Goncalves by Tita Almasi
- Tue.** †John Matthews by Ursula Matthews
- Wed.** †Nano Carroll by Edward & Shane Carroll
- Thu.** †Mary Anna McNamara by Mary-Patricia Kielty
- Fri.** †Sylvia Allen by Julie, Paul & Lorraine Simpson
- Sat.** †Guido Persia by family
†Berardino Veneziano by Mary Veneziano
†Paul Hughes by Elsa Kucher
†Francis Laskowski by family
Int. of Liz Gilligan & family by Eddie Carroll
- Sat. 5:15 pm** †Helen Halas by Janina Malinowski
- Sun. 8:00 am** Parish Intentions
9:30 am Int. of Brenda Tabuenca by friends
11:00 am †Joseph & †Thomas Malinowski by Janina Malinowski & family
12:30 pm †Deceased members of Almasi family by Tita Almasi

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