



# OUR LADY OF SORROWS PARISH

*An Ever-Growing Beacon of God's Love, Hope and Joy for All*

Office Hours: Monday - Friday, 9:30 am - 4:00 pm  
3055 Bloor St W, Etobicoke ON M8X 1C6  
416-231-6016 | [office@sorrows.ca](mailto:office@sorrows.ca) | [www.sorrows.ca](http://www.sorrows.ca)



## Mass Schedule

Weekdays (Monday to Saturday): 9:00 am  
Saturday Vigil: 5:15 pm  
Sunday: 8:00 am, 9:30 am\*, 11:00 am, 12:30 pm  
\*Children's Liturgy of the Word (ages 4-10 yrs.)  
Rosary is prayed Monday to Saturday at 8:25 am

## Adoration

Mondays 7:00 pm - 8:30 pm

## Reconciliation

Monday: 7:00 pm - 8:30 pm  
Saturday: 4:00 pm - 5:00 pm  
By appointment - call the parish office

January 26, 2025

Fr. Chris Cauchi, *Pastor*  
Angelica Chacon, *Family Life Minister*  
Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

**Sacrament of Baptism** - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Parents are invited to attend a baptism preparation session every third week of the month.

**Rite of Christian Initiation for Adults (RCIA)** - This program is for adults interested in joining the Catholic Church.

**Sacrament of Marriage** - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

**Pastoral References** - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

**Society of St Vincent de Paul**  
647-770-4805

**Our Lady of Sorrows School**  
[www.tcdsb.org](http://www.tcdsb.org)

**Archdiocese of Toronto**  
[www.archtoronto.org](http://www.archtoronto.org)

**Catholic Cemeteries**  
[www.catholic-cemeteries.com](http://www.catholic-cemeteries.com)

## Third Sunday in Ordinary Time



In today's Gospel, Jesus reveals His mission: to bring good news to the poor and freedom to the oppressed. His purpose is to show God's love for all people, offering hope and healing to those in need. Jesus begins His mission empowered by the Holy Spirit, which provides strength and guidance.

With the Holy Spirit's help, we gain the courage to live out our mission, showing God's love to others and making a positive impact in the world, fulfilling the mission Jesus started and make a difference in the lives of others.

Reflection Questions:

- *How can I follow Jesus' example in my daily life?*
- *What does it mean to live out my faith every day?*
- *How can I find joy and strength in God's word?*

### Celebrating the Sunday of the Word of God

This Sunday is a day dedicated to reflecting on the importance of Scripture in our lives. We invite you to explore the special resources provided by the Vatican to deepen your understanding and love for God's Word—visit [bit.ly/4hjhm6F](http://bit.ly/4hjhm6F) for a guide to prayer and reflection.



## Join Us for a Community Building Event – This Sunday, January 26

Come together after the 8 am Mass in the parish hall for coffee, hosted by our Social Groups. Meet fellow parishioners, connect, and help strengthen our parish community. Bring your favorite baked goods to share and enjoy some great conversations.

## Blessing of Candles — Saturday, Feb. 1

Next weekend is the Feast of the Presentation of the Lord. Candles will be blessed at the beginning of the 5:15 pm Mass. The blessing of candles symbolizes Christ as the "Light of the World," as foretold by Simeon in the temple. It marks Jesus' presentation in the temple and fulfills the prophecy that He would bring light to both Jews and Gentiles. The blessing reminds us to carry and share Christ's light throughout the year, dispelling darkness and living in His truth.



## Blessing of Throats — Monday, Feb. 3



On the feast of St. Blaise, we will offer the traditional blessing of throats after the 9:00 am Mass, seeking St. Blaise's intercession for protection from ailments of the throat and other illnesses. St. Blaise, a 4th-century bishop and martyr, is known for his healing miracles, particularly for those suffering from throat diseases. This blessing reminds us of the power of faith, prayer, and the saints' intercession in our lives.

## Mass with Contemporary Music 12:30 pm Mass on Sunday, Feb. 9

Our parish is expanding our music ministry with the introduction of Praise and Worship music. This contemporary style, including hymns with keyboard, guitar, and drums, will add a prayerful, accessible element to our liturgies. Not sure if you can sing? Come 10 minutes early to rehearse with Alejandra Ballon and the ensemble before the Mass begins.



## MENTAL HEALTH INITIATIVE GROUP

### Workshop on Cognitive Decline: Dementia, Memory, and Wellbeing



Join us on Monday, January 27, from 10:00 am to 11:30 am in the parish hall for an enlightening workshop led by Nathalie Bedros, a counsellor at Catholic Family Services, in partnership with the Our Lady of Sorrows Mental Health Initiative. Discover key insights on dementia, its symptoms, and how it impacts memory and wellbeing. Feel free to bring treats to share—coffee and tea will be provided. Attendance is free of charge, but reservation is required by calling or texting Anne Marie at 416-559-9455.

### Sessions on Palliative Care Horizons of Hope Returns!



By popular demand, the Horizons of Hope program has returned and is now offered in the evenings! This four-module program is designed to help parishioners, caregivers, and family members facing a terminal illness learn more about palliative care and the importance of building compassionate communities within the context of our Catholic faith.

Sessions in the parish hall on Tuesdays from Feb. 4 to Feb. 25, from 7:00 pm to 9:00 pm.

Workshops are free but require registration! A small fee of \$5 will apply to those who wish to receive printed materials. Light refreshments will be served. Call or text Anne Marie at 416-559-9455.

### Marriage Sunday at OLS — Feb. 8/9



All married couples are invited to join us on Marriage Sunday to give thanks to the Lord for the gift of the Sacrament of Marriage. At all Masses on February 8-9, couples will have the opportunity to renew their sacramental vows and receive God's blessing on their marriages and families. Let us celebrate the love and commitment that marriage brings and ask for God's continued grace and guidance.

**Parish Lenten Mission** led by Dr. Josephine Lombardi.  
Saturday, March 29, 9:30 am to 4:00 pm in the parish hall. Save the date!


## Second Collection Next Weekend Parish Maintenance Fund

We thank you for your continued support in taking care of our church for future generations.

**Maintenance Update** - Thank you for your continued support in helping us take care of our spiritual home.

Scaffolding Bell Tower*	\$47,292.12
Bell Tower Repairs*	\$31,812.89
17 Stained Glass Windows*	\$30,261.53
Rectory Front Door*	\$23,786.50
Landscaping*	\$10,391.09
Electrical Repairs	\$ 8,370.02
Rectory Renovation	\$ 5,753.96
Snow removal	\$ 904.00

\*work done in the summer of 2024

 **myParish App** - Did you know that our parish has our own App? Access Mass times, daily readings, parish events, prayers and faith resources at your fingertips. Available on the App Store or Google Play, download for free! Search for "my Parish App" select our parish and follow the prompts.

### Sacraments for the Sick and Homebound

Please contact the parish office at 416-231-6016 if you or someone you know would like to celebrate the Sacraments of Reconciliation, Communion and / or the Anointing of the Sick.



**Never Miss an Event!** — Check out our website for the exciting parish activities/events by viewing our 3-month calendar here: [bit.ly/4gh3iJS](http://bit.ly/4gh3iJS).

**OLS Pilgrimage**, under the spiritual leadership of Fr. Chris Cauchi, September 16 to 30, 2025 (14 days). Visit [bit.ly/40NUerp](http://bit.ly/40NUerp) or call 647-294-4116 for details.



## Jubilee Mass at OLS

Bishop Camilleri, Auxiliary Bishop for the Western Region, will be visiting our parish for a special Mass on Wednesday, February 5 at 7 pm. The Sacrament of Reconciliation will be available at 5:30 pm that day. Please plan to attend.

### Prayer Corner

We finish our focus on Adoration prayer this weekend.

Adoration is the first of the 5 types of prayer we are focusing on over the coming months. Adoration prayers give praise to God for who he is and what he has done in our lives.

*"What have you that you did not receive?"* – 1 Cor 4:7

Did you know? The practice of Eucharistic Adoration at OLS takes place every Monday evening from 7:00 – 8:30 pm. It is a time to pray, meditate, and simply be in the quiet presence of Jesus in a quiet church. Prayer books are provided to help pray in silence.

Please refer to the Adoration prayer card or pick one up from the church entrances and continue to take time to pray every day. [adobe.ly/41QYPcR](http://adobe.ly/41QYPcR)

### Mass by Cardinal Leo

All the faithful in the western region are invited to St. Mary's Church (66A Main St S, Brampton) on Wednesday, Jan. 29 at 7:00 pm to celebrate his recent elevation to the College of Cardinals.

## Mass Intentions FOR THE WEEK

### January 27 to February 2

<b>Mon.</b>	Int. of Laura McKinnon by Jim & Winnie Magee
<b>Tue.</b>	†Michael Jurkiewicz by Maureen Johnson & Sunday family
<b>Wed.</b>	†Margaret Tipping by the Pillo Sisters
<b>Thu.</b>	Int. of Chuck & Leah Bautista by family
<b>Fri.</b>	†Dr. Ngoc Khoi Hoang by Mendes family
<b>Sat.</b>	†Edward Osko by Pecoraro family
<b>Sat. 5:15pm</b>	†Johanna Zbogor by Zbogor family
<b>Sun. 8:00am</b>	Parish Intentions
<b>9:30am</b>	†Michael Tedesco by family
<b>11:00am</b>	†Manuel Santos Garcia by Belinda & David Leitoginho
<b>12:30pm</b>	†Nobel Vaz by Vaz family



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