



# OUR LADY OF SORROWS PARISH

*An Ever-Growing Beacon of God's Love, Hope and Joy for All*

Office Hours: Monday - Friday, 9:30 am - 4:00 pm

3055 Bloor St W, Etobicoke ON M8X 1C6

416-231-6016 | [office@sorrows.ca](mailto:office@sorrows.ca) | [www.sorrows.ca](http://www.sorrows.ca)

## Mass Schedule

Weekdays (Monday to Saturday): 9:00 am

Saturday Vigil: 5:15 pm

Sunday: 8:00 am, 9:30 am\*, 11:00 am, 12:30 pm\*

\*Includes Liturgy of the Word with Children

Rosary is prayed Monday to Saturday at 8:25 am

## Adoration

Mondays 7:00 pm - 8:30 pm

## Reconciliation

Monday: 7:00 pm - 8:30 pm

Saturday: 4:00 pm - 5:00 pm

By appointment - call the parish office

January 18, 2026

Fr. Chris Cauchi, *Pastor*

Angelica Chacon, *Family Life Minister*

Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

**Sacrament of Baptism** - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Please email [baptism@sorrows.ca](mailto:baptism@sorrows.ca)

**Rite of Christian Initiation for Adults (RCIA)** - This program is for adults interested in joining the Catholic Church.

**Sacrament of Marriage** - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

**Pastoral References** - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

**Society of St Vincent de Paul**  
647-770-4805

**Our Lady of Sorrows School**  
[www.tcdsb.org/ourladyofsorrows](http://www.tcdsb.org/ourladyofsorrows)

**Bishop Allen Academy**  
[www.tcdsb.org/o/bishopallen](http://www.tcdsb.org/o/bishopallen)

**Archdiocese of Toronto**  
[www.archtoronto.org](http://www.archtoronto.org)

**Catholic Cemeteries**  
[www.catholic-cemeteries.ca](http://www.catholic-cemeteries.ca)

## Second Sunday in Ordinary Time



This Sunday shows us how God calls people for a purpose. We hear about a servant in Isaiah, a faithful person who listens and obeys. We also hear how John the Baptist points to Jesus and calls him the Lamb of God. Each person has a part in God's plan.

In the Gospel, John the Baptist sees the Spirit come down on Jesus. He tells everyone that Jesus is the Son of God. This moment shows us who Jesus is and why he came. God chose him, and now he is ready to bring light and life to others.

This Sunday invites us to listen to God's voice and follow where he leads. Like the servant, like Paul, and like John, we are sent to share hope with others.

### Reflection Questions:

- *What does it mean to me that Jesus is the Lamb of God?*
- *How can remembering Jesus' sacrifice change the way I treat others?*
- *What is one step I can take to follow God's call more closely this week?*

*Find readings here: [readings.livingwithchrist.ca](http://readings.livingwithchrist.ca)*

## 2026 OLS Fundraising Gala Dinner | Friday, Feb. 6, 6:00 pm at Le

Treport Banquet Hall - Thank you all for your donations and for purchasing tickets! We are pleased to report that we have sold over double the number of tickets. Few tickets are still available. Interested? Please call the parish office no later than Monday, Jan. 19.

## Week of Prayer for Christian Unity - Ecumenical Service

Join Bishop Boissonneau and Christian leaders from across the GTA for the annual ecumenical prayer service this Sunday, Jan. 18, at 4:00 pm at Runnymede United Church (432 Runnymede Rd), as we pray for the full visible unity Christ desires for His Church.

### Hymnal Project - Give a Lasting Gift

This weekend we begin using *Gather IV*, our new parish hymnal. Donations have now sponsored 80% of our hymnals, with 100 copies still available. Donate a \$60 hymnal using [bit.ly/48JwNTD](https://bit.ly/48JwNTD) or the envelopes in the church. Once accepted, you'll receive a link to submit your bookplate info. For credit card donations or assistance, contact the parish office. All donations are tax receiptable. Thank you for enriching our parish worship!



### Community Building Event - Weekend Coffee Social

Sunday, Jan. 25, after the 9:30 am Mass, in the parish hall. This month we feature the Ministers of Hospitality. Everyone is welcome! Bring treats to share. For more info: [olscommunitybuilding@gmail.com](mailto:olscommunitybuilding@gmail.com)



### FAMILY LIFE MINISTRY



#### Mom's Group: Pray & Play

Tuesday, Jan. 20, 10:00 am - 12:00 noon in the parish hall meeting room.



#### Parent's Small Group

Wednesday, Jan. 28, 5:00 pm - 6:30 pm in the parish hall. Light dinner and childcare provided. Register at [bit.ly/3YYnlp](https://bit.ly/3YYnlp)



#### Natural Family Planning (NFP) Workshop

A faith-based session about NFP, a simple Catholic way to learn about fertility and family planning, presented by Dr. Maria Wolfs, will take place on Saturday, Jan. 31, from 3:00 pm - 5:00 pm in the parish hall. Open to couples and anyone interested in discovering God's plan for marriage and family. Free event. Register at [bit.ly/45dQ4ug](https://bit.ly/45dQ4ug)

Questions? Email Angelica: [familylife@sorrows.ca](mailto:familylife@sorrows.ca)

### Sacraments for the Sick and Homebound

Please contact the parish office at 416-231-6016 or email [office@sorrows.ca](mailto:office@sorrows.ca) if you or someone you know would like to celebrate the Sacraments of Reconciliation, Communion and/or the Anointing of the Sick.

### Phone Ministry for Homebound Parishioners

Our parish is piloting a new ministry to support those who are elderly, isolated, or unable to attend Mass. Through simple phone calls, volunteers will offer companionship and encouragement, ensuring that no parishioner feels forgotten. If you know someone who could benefit from this ministry, please contact the parish office. Privacy will be respected. Together, we can bring the Church to those who need it most.

### MENTAL HEALTH INITIATIVE

The *Horizons of Hope* program is returning, now offered during the daytime! This 3-module program is designed to help parishioners, caregivers, and family members facing a terminal illness learn more about palliative care and the importance of building compassionate communities within the context of our Catholic faith. Mondays from Feb. 2 - 23, from 10:00 am - 12:00 pm, in the parish hall. Workshops are free but require registration. A \$5 fee applies to those who wish to receive printed materials. Light refreshments will be served. Call or text Anne Marie at 416-559-9455.



### Feast of the Presentation of the Lord

On Monday, Feb. 2 candles will be blessed at the 9:00 am Mass. The blessing of candles symbolizes Christ as the "Light of the World," as foretold by Simeon in the temple. It marks Jesus' presentation in the temple and fulfills the prophecy that He would bring light to both Jews and Gentiles. The blessing reminds us to carry and share Christ's light throughout the year, dispelling darkness and living in His truth.



### Blessing of Throats - Tuesday, Feb. 3

On the feast of St. Blaise, we will offer the traditional blessing of throats after the 9:00 am Mass, seeking St. Blaise's intercession for protection from ailments of the throat and other illnesses. St. Blaise, a 4th-century bishop and martyr, is known for his healing miracles, particularly for those suffering from throat diseases. This blessing reminds us of the power of faith, prayer, and the saints' intercession in our lives.

## Celebration of Marriage Mass

For Marriage Sunday, Bishop Boissonneau will celebrate a special Mass for married couples on Sunday, Feb. 8 at 2:30 pm at St. Michael's Cathedral Basilica. Couples celebrating 25, 40, 50, 60, and 60+ anniversaries in 2026 will be recognized and invited to renew their vows. Reserved seating is available for milestone couples. Space is limited - please register early: [bit.ly/3NfO2DG](https://bit.ly/3NfO2DG)



## 2026 Pilgrimage to Greece, Turkey, Malta & Italy

Join Fr. Chris and OLS parishioners for a 15-day spiritual journey, Sep. 23 - Oct. 7. Explore sacred sites, deepen faith, and enjoy fellowship aboard the Enchanted Princess cruise. For more info, visit [bit.ly/4oS84Se](https://bit.ly/4oS84Se) or contact Halina at 647-294-4116.



## Millions of Monicas

Wednesdays, 7:30 pm - 8:30 pm in the church. Mothers gather to pray before the Blessed Sacrament for children who've drifted from faith.

## Marriage Encounter Weekend - Mar. 7 - 8

Strengthen communication, deepen connection, and renew joy in your marriage during this uplifting weekend at Queen of Apostles. Open to couples at every stage of married life. Contact Christian & Elizabeth Arroba at 416-554-4439 or 416-554-7062 for more details.

## Pre-Authorized Giving (PAG)

The PAG program allows parishioners to make a single monthly donation through their bank account or by credit card to cover weekly offertory and/or special collections. To enroll, visit: [bit.ly/3RCTJlw](https://bit.ly/3RCTJlw)



**Get Involved!** Put your faith into action and serve our parish community.

Consider being part of one of several ministries here at Our Lady of Sorrows! To learn about OLS Ministries, [bit.ly/3O0SYJX](https://bit.ly/3O0SYJX)

 Receive the parish **e-bulletin** straight to your inbox every weekend! Go to 'Contact Us' on [www.sorrows.ca](http://www.sorrows.ca) and click 'Sign Up'. You will receive an email to verify your subscription.

 A **Tip Tap Pay** stand is available in the main foyer for convenient, cashless parish donations. Tap to donate the amount shown, and more to increase. For tax receipts, scan the parish QR code after your first tap and register your card. Thank you.

← →

Get a head-start on parish events using our **3-month-calendar**:  
[bit.ly/3VbpNHF](https://bit.ly/3VbpNHF)



## Retrouvaille Weekend for Troubled Marriages

Retrouvaille offers a lifeline for couples seeking healing and renewal in their marriage. The next Retrouvaille weekend runs Friday, Jan. 30 (7:00 pm) to Sunday, Feb. 1 (3:00 pm) at Queen of Apostles Retreat Centre in Mississauga, with follow-up sessions offered online. Couples who are interested are invited to register at [bit.ly/4pwSBXV](https://bit.ly/4pwSBXV)

## SAVE THE DATES - DETAILS TO FOLLOW!

**Tuesday, Feb. 17:** OLS Pancake Supper.



**Thursdays, Feb. 19 - Mar. 12:**

Conversations in Spirituality and Ethics.  
A 3-part series by Dr. Ann Sirek.

**Monday-Wednesday, Feb. 23 - 25:** Parish Mission.

## Mass Intentions

FOR THE WEEK

### January 19 to 25

**Mon.** †William Martin Sr., †Bill Martin Jr. & †Marty Martin by Anne Marie Parente-Manion

**Tue.** †Clorinda & †Antonio Parente by Parente & Manion families

**Wed.** †Joe McMullan by Carol Lundy

**Thu.** †Boguslaw Slazyk by family

**Fri.** †Giovanni Riccio by Debra Gervasio

**Sat.** †Chloe Isabella Rosatelli by family  
†Alicia Vargas Villalta by Marleny Villegas

†Berardino Veneziano by Mary Veneziano  
†Maria Santos by Alicia, Aidan & Margaret Borges

**Sat.** **5:15 pm** Ints. of the Frith families by Inis & Gordon Mansell

**Sun.** **8:00 am** Parish Intentions

**9:30 am** †John Attley by Tim, Angela & Lily Attley

**11:00 am** †Francis Connell Gallagher by Rena Guerard

**12:30 pm** †Boguslaw Slazyk by family

<p><b>THE SPA</b> BY NAILS FOR YOU HUMBERTOWN Scan for location &amp; booking</p> <p>270 The Kingsway, Etobicoke (416) 231-3900</p> <p></p>	<p><b>Paul Tiberia</b> Broker CEM Insurance 647-567-9706 paul@ceminsurance.ca Auto • Home • Commercial CEM Insurance Brokers Ltd.</p> <p><b>OSTEOFIT SOLUTIONS</b> BY CRISTINA FUCHS CERTIFIED PERSONAL TRAINER &amp; GROUP FITNESS INSTRUCTOR FOR OLDER ADULTS (647) 327-8440 OSTEOFITSOLUTIONS@GMAIL.COM WWW.OSTEOFITSOLUTIONS.COM</p>	<p><b>CROATIAN ELECTRIC</b> ELECTRICAL CONTRACTORS <b>416.234.9006</b></p> <p><b>CONNOR CASTELLARIN</b> Western University Student <b>(647) 980-2585</b></p> <p><b>KINGSWAY FISH &amp; CHIPS</b> "For the Finest Fish &amp; Chips this side of the Atlantic" 3060 Bloor St. W. 416-233-3355</p>	<p><b>Corinne Del Piero</b> Salesperson  Office: 416-239-1818 Direct: 416-804-3829 Email: cdelpiero99@gmail.com</p> <p><b>ROYAL LEPAGE</b> Realty Centre, Brokerage* *Independently Owned and Operated</p> <p><b>Bruno's Foods</b> Top Quality Meats • Produce • Grocery • Gourmet Foods 4242 Dundas St. W. 416-234-1106</p>
<p><b>Brook &amp; Braddock Opticians</b> Your family opticians since 1965 3101 Bloor St. W. 416-233-2611 * 416-233-4030</p> <p><b>LOOKING FOR A PRIVATE PSW?</b> CareSupportWorker is here to help. Call: 647-894-0588 Email: lourdscsw@gmail.com Visit: caresupportworkers.ca</p>	<p><b>GIB-SAN®</b> Pool &amp; Landscape Creations  Swim for the Health of it!  <a href="http://www.gibsanpools.com">www.gibsanpools.com</a> 416-749-4361</p>	<p><b>PRISTINE</b> GROUP OF COMPANIES <a href="http://www.pristineprinting.com">www.pristineprinting.com</a></p> <p><b>CANDIDO FARIA</b> BROKER &amp; PARISHIONER   RE/MAX For a Free Consultation or Real Estate Overview Contact Me TEL. 416.459.2007 RE/MAX ULTIMATE <a href="http://WWW.CANDIDOFARIA.CA">WWW.CANDIDOFARIA.CA</a></p>	<p><b>PETER'S PLUMBING</b> Reasonable Rates Free Estimate Discount for Seniors Tel: 416-880-3171</p> <p><b>CEDAR &amp; STONE CO.</b> DESIGN. BUILD. STYLE.   <a href="http://www.cedarandstoneco.ca">www.cedarandstoneco.ca</a></p> <p><b>People Describe How They Restored Their Health</b>  <a href="http://www.etobicoke.com">www.etobicoke.com</a></p>
<p><b>Ashley Shaw</b> &amp; ASSOCIATES  Your South Etobicoke Real Estate Experts Stephanie Mitchell - Sales Representative stephanie.mitchell@sothebysrealty.ca • 416.899.4898 ashleyshawandassociates.com  E.&amp;O.E.: Sotheby's International Realty Canada Brokerage is Independently Owned And Operated.</p>	<p><b>CATHOLIC CEMETERIES &amp; FUNERAL SERVICES</b> <a href="http://www.catholic-cemeteries.com">www.catholic-cemeteries.com</a> Holy Cross Cemetery &amp; Funeral Home 905-889-7467 Queen of Heaven Cemetery 905-851-5822</p>	<p>Support our local businesses</p>	<p><b>PINA RAO-WITTERSHEIM</b> Broker/Parishioner Platinum Award Winner 416-966-0300 Office / 416-567-0635 Direct <a href="http://www.BloorCourtVillage.com">www.BloorCourtVillage.com</a>   <b>the children's DENTAL CENTRE</b> Certified Specialists in Pediatric Dentistry 523 The Queensway, Suite 104 416-252-KIDS (5437) <a href="http://www.childrensdentalcentre.ca">www.childrensdentalcentre.ca</a></p>
<p>  • Designing • Decorating • Updating  Consultation: Anna Maternicki 416-889-2642</p>	<p><b>Wealth Management</b> Dominion Securities   <b>Experience you can trust</b>  The Kerrigan Advisory Team <a href="mailto:teamkerrigan@rbc.com">teamkerrigan@rbc.com</a> 416-231-6312 <a href="http://kerriganadvisory.ca">kerriganadvisory.ca</a>  <b>KERRIGAN</b> ADVISORY TEAM</p>	<p><b>the Cooked Cue</b> A Neighbourhood Tradition 32 years of serving our valued community.  We look forward to hosting you. Open daily at 11:30 am. Pub • Pool Hall • Special Events</p>	<p><b>Kingsway Foot Clinic</b> Hartley Silver D.Ch. Chiropodist Foot Care Specialist Custom Foot Orthotics 416-239-3338 3101 Bloor St. W. Unit 203 <a href="http://kingswayfootclinic.com">kingswayfootclinic.com</a></p>
<p><b>THE ANGEL FOUNDATION FOR LEARNING</b> Helping Toronto Catholic District School Board Students Succeed  <a href="http://angelfoundationforlearning.org">angelfoundationforlearning.org</a> Ont. Reg. #: 10807-5946-RR-0002</p>	<p>  <b>Your Neighbourhood Psychology Clinic</b> Therapy, Assessments, and ADHD Coaching.</p>	<p>West Etobicoke Clinic 5339 Dundas Street West Suite 301 M9B 1B3</p> <p>Central Etobicoke Clinic 3101 Bloor Street West Suite 208 M8X 2W2</p> <p>647-797-4039 <a href="http://epsfamilyhealth.com">epsfamilyhealth.com</a></p>	<p>Let's start a conversation. <a href="http://turnerporter.ca">turnerporter.ca</a></p> <p><b>Turner &amp; Porter</b> FUNERAL DIRECTORS</p> <p>Serving The Kingsway, Bloor West and the GTA for over 150 years.</p>
<p><b>Life's better with an agent</b>   Contact Me Lorrie Howe, Agent 416-239-7714</p>	<p><b>TONY'S FLOORING CENTRE</b> Family Owned &amp; Operated Since 1961 <a href="http://www.tonysflooring.ca">www.tonysflooring.ca</a> (416)255-9631</p> <p><b>ROTO-ROOTER</b> 416-503-4444 <a href="http://www.rotorooter.com">www.rotorooter.com</a></p> <ul style="list-style-type: none"> <li>• Plumbing</li> <li>• Drains</li> <li>• Disaster Cleanup</li> <li>• Restoration Services</li> <li>• "1 Call Solves it All"</li> </ul>	<p><b>CJ's SKATEPARK</b> SINCE 2008 CANADA <b>LARGEST NOT-FOR-PROFIT SKATEPARK IN THE WORLD!</b></p>	<p><b>LESSONS &amp; CAMPS</b> CHECK OUT OUR NEW TODDLER PROGRAMS (AGE 1 1/2 - 5+) ADULTS 10 AM SATURDAYS &amp; 5 PM WEDNESDAYS OWNED AND OPERATED BY PARISHIONER JAY MANDARINO</p> <p><b>CJsSKATEPARK.com</b> 905.272.6888</p>