



OUR LADY OF SORROWS PARISH

An Ever-Growing Beacon of God's Love, Hope and Joy for All

Office Hours: Monday - Friday, 9:30 am - 4:00 pm

3055 Bloor St W, Etobicoke ON M8X 1C6

416-231-6016 | office@sorrows.ca | www.sorrows.ca

Mass Schedule

Weekdays (Monday to Saturday): 9:00 am

Saturday Vigil: 5:15 pm

Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm*

*Includes Liturgy of the Word with Children

Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm - 8:30 pm

Reconciliation

Monday: 7:00 pm - 8:30 pm

Saturday: 4:00 pm - 5:00 pm

By appointment - call the parish office

January 11, 2026

Fr. Chris Cauchi, *Pastor*

Angelica Chacon, *Family Life Minister*

Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

Sacrament of Baptism - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Please email baptism@sorrows.ca

Rite of Christian Initiation for Adults (RCIA) - This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

Society of St Vincent de Paul
647-770-4805

Our Lady of Sorrows School
www.tcdsb.org/ourladyofsorrows

Bishop Allen Academy
www.tcdsb.org/o/bishopallen

Archdiocese of Toronto
www.archtoronto.org

Catholic Cemeteries
www.catholic-cemeteries.ca

Baptism of the Lord



The Baptism of the Lord reminds us who Jesus is and what He came to do. He walks into the Jordan River, not because He needs to, but to show us the way. As He comes out of the water, something amazing happens. The Holy Spirit comes down like a dove. God speaks from heaven and calls Jesus His beloved Son. This is the first clear sign that Jesus is sent by God to bring peace and healing.

The Baptism of the Lord is not only about what happened that day. It also points to our own baptism. Like Jesus, we are called to live with love and to follow God's path each day. This feast invites us to remember that we belong to God too.

Reflection Questions:

- *How do the Father's words about Jesus inspire me?*
- *What does it mean to me that Jesus is the Son of God?*
- *How can I live as a light for others in my daily life?*

Find readings here: readings.livingwithchrist.ca

Thank you from the Society of St Vincent de Paul

We would like to thank our generous parishioners and the students and staff at Our Lady of Sorrows Elementary School who helped make our *Christmas Adopt a Family Campaign* a wonderful success. With your support we were able to assist over 50 households-in-need to celebrate Christmas with food, toys, clothing and household items. Thank you so much!



2026 OLS Fundraising Gala Dinner | Friday, Feb. 6, 6:00 pm at Le Treport Banquet Hall

This Sunday is the last day to purchase tickets! We are delighted with the response and we want to thank all of those who have bought their tickets. We are looking forward to this very special parish event and we hope more of you will consider joining us. Reserve your ticket with the QR code below (bit.ly/4ozwhwW), our digital display, or the parish website. Volunteers will be at the back of the church after each Mass to process your purchase. More info: events@sorrows.ca



Prices

Adult (19+): \$190 (\$50 will be tax receipted)

Youth (11-18 y.o.): \$60

Child (4-10 y.o.): \$30

Infants (under 4 y.o.): FREE



FAMILY LIFE MINISTRY

Family Movie Afternoon

Saturday, Jan. 17. *Wonder* (2017) starts at 3:00 pm in the parish hall. This heartwarming movie inspires us to believe in ourselves and appreciate the gifts God has given us. (Rated PG). Doors open 2:30 pm. Free admission + popcorn!



Mom's Group: Pray & Play

Tuesday, Jan. 20, 10:00 am - 12:00 noon in the parish hall meeting room.



Parent's Small Group

Wednesday, Jan. 28, 5:00 pm - 6:30 pm in the parish hall. Light dinner and childcare provided. Register at bit.ly/3YYnlpp



Natural Family Planning (NFP) Workshop



A faith-based session about NFP, a simple Catholic way to learn about fertility and family planning, presented by Dr. Maria Wolfs, will take place on Saturday, Jan. 31, from 3:00 pm - 5:00 pm in the parish hall. Open to couples and anyone interested in discovering God's plan for marriage and family. Free event. Register at bit.ly/4jfvyhz

Questions? Email Angelica: familylife@sorrows.ca

Hymnal Project - Give a Lasting Gift

Next weekend we begin using *Gather IV*, our new parish hymnal. Donate a \$60 hymnal with a personalized or memorial bookplate. Donate online using bit.ly/48JwNTD or the envelopes in the church. Once accepted, you'll receive a link to submit your bookplate info. For credit card donations or assistance, contact the parish office. All donations are tax receiptable. Thank you for enriching our parish worship!



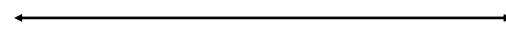
YOUNG ADULT MINISTRY

Young Adult Prayer Series

Join us for *When You Pray* with Dr. Edward Sri, starting Friday, Jan. 16, 6:30 pm - 8:00 pm in the parish hall. Enjoy light refreshments, meet other young adults, and explore how to pray with greater trust, peace, and openness. Free to attend. Please register with Nadine by Wednesday, Jan. 14 at youngadults@sorrows.ca. Optional: \$5.95 USD for 1 year online video access + workbook.

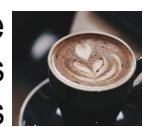


Intro video: bit.ly/4puA7XW



Community Building Event - Weekend Coffee Social

Sunday, Jan. 25, after the 9:30 am Mass, in the parish hall. This month we feature the Ministers of Hospitality. Everyone is welcome! Bring treats to share. For more info: olscommunitybuilding@gmail.com



Feast of the Presentation of the Lord

On Monday, Feb. 2 candles will be blessed at the 9:00 am Mass. The blessing of candles symbolizes Christ as the "Light of the World," as foretold by Simeon in the temple. It marks Jesus' presentation in the temple and fulfills the prophecy that He would bring light to both Jews and Gentiles. The blessing reminds us to carry and share Christ's light throughout the year, dispelling darkness and living in His truth.



Blessing of Throats - Tuesday, Feb. 3

On the feast of St. Blaise, we will offer the traditional blessing of throats after the 9:00 am Mass, seeking St. Blaise's intercession for protection from ailments of the throat and other illnesses. St. Blaise, a 4th-century bishop and martyr, is known for his healing miracles, particularly for those suffering from throat diseases. This blessing reminds us of the power of faith, prayer, and the saints' intercession in our lives.



With Joyful Hearts - This Weekend

We welcome Noah and Gabriel who will be baptized at the 5:15 pm Mass on Jan. 10, and Lucas, John, and Klara who will be baptized at the 12:30 pm Mass on Jan. 11. Please pray for them and their families in their journey in the Catholic faith.



Celebration of Marriage Mass

For Marriage Sunday, Bishop Boissonneau will celebrate a special Mass for married couples on Sunday, Feb. 8 at 2:30 pm at St. Michael's Cathedral Basilica. Couples celebrating 25, 40, 50, 60, and 60+ anniversaries in 2026 will be recognized and invited to renew their vows. Reserved seating is available for milestone couples. Space is limited - please register early: bit.ly/3NfO2DG



 Pick up your **2026 donation envelopes** from our Ministers of Hospitality. Please write your name and address on the first few envelopes. If you are new or not yet registered, parish registration forms are available at the church entrances, the office, and on our website.

Considering the Priesthood?

Men 18+ are invited to a Come & See Discernment Retreat at St. Augustine's Seminary, Friday, Feb. 27 (6:30 pm) to Sunday, Mar. 1 (2:00 pm). This retreat offers an opportunity to prayerfully consider a call to the priesthood. Register online: vocationstoronto.ca/comesee



 A Tip Tap Pay stand is now available in the main foyer for convenient, cashless parish donations. Tap to donate the amount shown, and more to increase. For tax receipts, scan the parish QR code after your first tap and register your card - only once. Thank you for your generosity.



2026 Pilgrimage to Greece, Turkey, Malta & Italy

Join Fr. Chris and OLS parishioners for a 15-day spiritual journey, Sep. 23 - Oct. 7. Explore sacred sites, deepen faith, and enjoy fellowship aboard the Enchanted Princess cruise. For more info, visit bit.ly/4oS84Se or contact Halina at 647-294-4116.

Eucharistic Adoration & Confessions

Mondays, 7:00 pm - 8:30 pm in the church.

A quiet time for prayer, reflection, and the Sacrament of Reconciliation.



Millions of Monicas



Wednesdays, 7:30 pm - 8:30 pm in the church. Mothers gather to pray before the Blessed Sacrament for children who've drifted from faith.

Retrouvaille Weekend for Troubled Marriages

Retrouvaille offers a lifeline for couples seeking healing and renewal in their marriage. The next Retrouvaille weekend runs Friday, Jan. 30 (7:00 pm) to Sunday, Feb. 1 (3:00 pm) at Queen of Apostles Retreat Centre in Mississauga, with follow-up sessions offered online. Couples who are interested are invited to register at bit.ly/4pwSBXV

SAVE THE DATES

Feb. 2: Mental Health Initiative - Horizons of Hope program begins



Feb. 23-25: Parish Mission

Mass Intentions FOR THE WEEK

January 12 to 18

Mon. †Nicholas Ferik by Dina Ferik

Tue. Int. of the Cornacchio family, Christopher, Emma & Baby Mary Kate by Jim & Winnie Magee

Wed. †Mike Leone & †Antonio Paiano by Daniela Leone Paiano

Thu. †Don Daly by Shirley Barrett

Fri. †John & †Kathleen Kelly by Dan Kelly

Sat. †Reynaldo Domondon by Jalea family
†Vittoria Pistilli by Mary Veneziano

†For all deceased artists & inventors by Stefania

†For all deceased ancestors of Stefania's family

Sat. 5:15 pm †Kenneth Riopelle by Irene Riopelle

Sun. 8:00 am †Hind Obaji by Tony & Anna Fazio

9:30 am †Gerard Wujek by John & Cynthia Wujek

11:00 am Parish Intentions

12:30 pm Int. of Daniella Servedio

<p>THE SPA BY NAILS FOR YOU HUMBERTOWN Scan for location & booking</p> <p>270 The Kingsway, Etobicoke (416) 231-3900</p> <p></p>	<p>Paul Tiberia Broker CEM Insurance 647-567-9706 paul@ceminsurance.ca Auto • Home • Commercial CEM Insurance Brokers Ltd.</p>	<p>CROATIAN ELECTRIC ELECTRICAL CONTRACTORS 416.234.9006</p>	<p>Corinne Del Piero Salesperson Office: 416-239-1818 Direct: 416-804-3829 Email: cdelpiero99@gmail.com</p> <p></p>
<p>YELLOW CUP CAFE 416-231-6688 www.yellowcupcafe.com</p>	<p>OSTEOFIT SOLUTIONS BY CRISTINA FUCHS CERTIFIED PERSONAL TRAINER & GROUP FITNESS INSTRUCTOR FOR OLDER ADULTS (647) 327-8440 OSTEOFITSOLUTIONS@GMAIL.COM WWW.OSTEOFITSOLUTIONS.COM</p>	<p>Support our local businesses</p>	<p>KINGSWAY FISH & CHIPS "For the Finest Fish & Chips this side of the Atlantic" 3060 Bloor St. W. 416-233-3355</p>
<p>Brook & Braddock Opticians Your family opticians since 1965 3101 Bloor St. W. 416-233-2611 * 416-233-4030</p> <p>LOOKING FOR A PRIVATE PSW? CareSupportWorker is here to help. Call: 647-894-0588 Email: lourdscsw@gmail.com Visit: caresupportworkers.ca</p>	<p>GIB-SAN® Pool & Landscape Creations Swim for the Health of it! www.gibsanpools.com 416-749-4361</p>	<p>PRISTINE GROUP OF COMPANIES www.pristineprinting.com</p>	<p>Support our local businesses</p>
<p>Ashley Shaw & ASSOCIATES Your South Etobicoke Real Estate Experts Stephanie Mitchell - Sales Representative stephanie.mitchell@sothebysrealty.ca • 416.899.4898 ashleyshawandassociates.com E&O.E.: Sotheby's International Realty Canada Brokerage is Independently Owned And Operated.</p>	<p>CATHOLIC CEMETERIES & FUNERAL SERVICES www.catholic-cemeteries.com Holy Cross Cemetery & Funeral Home 905-889-7467 Queen of Heaven Cemetery 905-851-5822</p>	<p></p>	<p>CANDIDO FARIA BROKER & PARISHIONER RE/MAX For a Free Consultation or Real Estate Overview Contact Me TEL. 416.459.2007 RE/MAX ULTIMATE WWW.CANDIDOFARIA.CA</p>
<p>THE ANGEL FOUNDATION FOR LEARNING Helping Toronto Catholic District School Board Students Succeed angelfoundationforlearning.org Ont. Reg. #: 10807-5946-RR-0002</p>	<p>WEALTH MANAGEMENT Dominion Securities RBC Experience you can trust The Kerrigan Advisory Team teamkerrigan@rbc.com 416-231-6312 kerriganadvisory.ca KERRIGAN ADVISORY TEAM</p>	<p>Support our local businesses</p>	<p>SUTTON GROUP ASSOCIATES REALTY INC., BROKERAGE PINA RAO-WITTERSHEIM Broker/Parishioner Platinum Award Winner 416-966-0300 Office / 416-567-0635 Direct www.BloorCourtVillage.com the children's DENTAL CENTRE Certified Specialists in Pediatric Dentistry 523 The Queensway, Suite 104 416-252-KIDS (5437) www.childrensdentalcentre.ca</p>
<p>TONY'S FLOORING CENTRE Family Owned & Operated Since 1961 www.tonysflooring.ca (416)255-9631</p> <p>ROTO-ROOTER 416-503-4444 www.rotorooter.com • Plumbing • Disaster Cleanup • Drains • Restoration Services "1 Call Solves it All!"</p>	<p>the Cooked Cue A Neighbourhood Tradition 32 years of serving our valued community. We look forward to hosting you. Open daily at 11:30 am. Pub • Pool Hall • Special Events</p>	<p>Kingsway Foot Clinic Hartley Silver D.Ch. Chiropodist Foot Care Specialist Custom Foot Orthotics 416-239-3338 3101 Bloor St. W. Unit 203 kingswayfootclinic.com</p>	<p>Call the parish office today to place your advertisement here. 416-231-6016</p>
<p>ROYAL LE PAGE Realty Centre, Brokerage* *Independently Owned and Operated</p>	<p>EPS FAMILY HEALTH Your Neighbourhood Psychology Clinic Therapy, Assessments, and ADHD Coaching.</p>	<p>West Etobicoke Clinic 5339 Dundas Street West Suite 301 M9B 1B3</p> <p>Central Etobicoke Clinic 3101 Bloor Street West Suite 208 M8X 2W2</p> <p>647-797-4039 epsfamilyhealth.com</p>	<p><i>Let's start a conversation.</i> turnerporter.ca Turner & Porter FUNERAL DIRECTORS Serving The Kingsway, Bloor West Village and the GTA for over 148 years.</p>
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