



# OUR LADY OF SORROWS PARISH

Office Hours: Monday - Friday, 9:30am - 4:00pm

3055 Bloor St W, Etobicoke ON M8X 1C6

416-231-6016 [office@sorrows.ca](mailto:office@sorrows.ca) [www.sorrows.ca](http://www.sorrows.ca)

## Mass Schedule

Weekdays (Monday-Saturday): 9:00am

Saturday Vigil: 5:15pm

Sunday: 8:00am, 9:30am\*, 11:00am, 12:30pm \*Children's Liturgy of the Word (ages 4-10 yrs.)

## Adoration

Mondays 7:00pm - 8:30pm

## Reconciliation

Monday: 7:00pm - 8:30pm

Saturday: 4:00pm-5:00pm

February 4, 2024

Fr. Chris Cauchi, *Pastor*

Mr. Sarfaraz Pinto, *Permanent Deacon*

Mr. Jeremy Zou, *Transitional Deacon*

Elise Lee, *Family Life Minister*

Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

**Sacrament of Baptism** - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Parents are invited to attend a baptism preparation session every third week of the Month.

**Rite of Christian Initiation for Adults (RCIA)** - This program is for adults interested in joining the Catholic Church.

**Sacrament of Marriage** - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

**Pastoral References** - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

**Society of St Vincent de Paul**  
647-770-4805

**Our Lady of Sorrows School**  
[www.tcdsb.org](http://www.tcdsb.org)

**Archdiocese of Toronto**  
[www.archtoronto.org](http://www.archtoronto.org)

**Catholic Cemeteries**  
[www.catholic-cemeteries.com](http://www.catholic-cemeteries.com)

## Fifth Sunday in Ordinary Time



The readings for this weekend call us to reflect on Jesus' power to heal us, both physically and spiritually.

The Gospel of Mark offers an illuminating glimpse into Jesus' healing ministry, recounting the healing of Simon's mother-in-law and many others who were brought to him. Jesus' actions demonstrate His profound compassion and a commitment to bring healing and wholeness to all.

We also see Jesus' deep commitment to prayer and solitude as He retreats to a solitary place for prayer. In our busy lives, finding time for solitude and prayer can be challenging, yet it is essential for our spiritual growth and discernment.

### Reflection Questions:

- *How can I better integrate moments of quiet reflection and prayer into my busy life?*
- *How can I create a healthy balance between action and prayer in my spiritual life?*
- *In what ways can I embody messages of hope and healing in my community, following Jesus' example?*

# PARISH NEWS & EVENTS

## Pancake Tuesday

Feb. 13, 5:00 pm – 7:00 pm, Parish Hall



Meet up with OLS friends at the always-delicious OLS Shrove Tuesday Pancake Supper! Pancakes will be served with maple syrup, blueberry compote or applesauce - and of course: sausages! Plus, your choice of juice, tea or coffee. All proceeds will support OLS Totus Tuus Summer Camp.

Tickets go on sale this weekend after all Masses. **Ticket Prices: 13 years and older: \$10.00, Children 6 to 12 years old: \$5.00 and Children 5 and under: Free.**

Cash, debit or credit card accepted.

Also, here's your opportunity to take an active part in your parish community. We need volunteers in shifts (between 3:00 pm and 8:00 pm): cooks, servers and helpers. Join in on the fun! Please email [office@sorrows.ca](mailto:office@sorrows.ca) or fill out a volunteer form at the back of the church.



### **No Greater Love:**

**A Biblical Walk Through Christ's Passion**

**Saturdays - Feb. 24 to Mar. 23**

**10:00 am to 11:30 am Parish Hall**

*Will You Follow Jesus to Calvary?* Join us for this five-part biblical pilgrimage that reveals Christ's amazing love for us. Experience a deeper understanding and appreciation of God's immeasurable and unconditional love for you—grow closer to Jesus than you ever have before.

For more information or to register, email Susy or Jen at [ministry01@sorrows.ca](mailto:ministry01@sorrows.ca) or call the parish office at 416-231-6016.

Cost: \$40.00 (includes resource book & one year online access to the session videos & workbook).

## Marriage Enrichment Afternoon

Are you a married couple at OLS? You are invited to join in a marriage enrichment afternoon on Saturday, Feb. 10, 11:30 am to 5:00 pm in the parish hall. The topic for the afternoon will be "*Nurturing Our Marriage and Strengthening Emotional Connection*".

Think of it like a date where you give each other the gift of time and attention. This afternoon is open to all married couples, regardless of whether you are in the early years of your marriage or have been married for decades.

A light lunch and refreshments will be served. Participation is free of charge, but registration is required. To register, visit: <https://bit.ly/4aZfHQP> or call Elise at 647-933-6249.

**Marriage Sunday** - Each year on the second Sunday of February, we celebrate the importance of the



Sacrament of Marriage and honour married couples as well as those who serve in marriage preparation and enrichment ministry. The weekend of Feb. 10/11, couples married in the Catholic Church will have the opportunity to renew their marriage commitment and receive a blessing.

### **Rite of Christian Initiation for Adults Rite of Acceptance**

At this weekend's 9:30 am Sunday Mass, we celebrated the Rite of Acceptance into the Order of Catechumens for the adults who have requested the Sacraments of Initiation (Baptism, Confirmation and Eucharist) at OLS.

In the Catholic church, a Catechumen is someone who receives formal instruction in the Catholic Faith, with a view towards full initiation and full participation in the sacramental life of the Church.

Please keep our candidates & catechumens in your prayers.

**Ash Wednesday** marks the beginning of the liturgical season of Lent; 40 days of prayer, penance and reflection in preparation for Christ's Resurrection on Easter Sunday. **Ashes will be distributed on Feb. 14 at the 9:00 am, 1:00 pm (school Mass) & 7:30 pm Masses.** When we receive the blessed ashes, we acknowledge and remember that *"we are dust, and to dust we shall return."*

*thank you* The Society of St. Vincent de Paul (SSVDP) is pleased to report that through your generosity, many disadvantaged families received much-needed support this past Christmas. A special thanks also to the staff and students at Our Lady of Sorrows School who sponsored 8 families in need. Together, your efforts and contributions provided Christmas gifts and food to over 175 adults and 100 children at Our Lady of Sorrows and neighboring parishes.

**ShareLife Update** - Our parish raised a total of \$493,632.02 – 112% of our 2023 parish goal. These donations helped make record-breaking results for the Archdiocesan Parishes Campaign. Thank you to all who donated to this important outreach. Those who made additional donations at year-end to support the extra funds ShareLife was donating towards food insecurity solutions helped us reach this incredible result.

**Refugee Sponsorship Program** - The Archdiocese's Office for Refugees is excited to announce the commencement of its 2024 Refugee Sponsorship Program for Parishioners. This initiative is designed to aid parishioners interested in sponsoring family members seeking refugee resettlement. If you are a parishioner who wants to learn more about sponsoring a family member, contact the parish office to arrange a meeting with Fr. Chris. Interested parishioners will be asked to provide the necessary funds required for sponsorship.

←  
**Stations of the Cross** - Celebrated each Friday of Lent starting **Feb 16 at 9:30 am & 7:30 pm** in the church.

**Insights on Wellness** - Just in time for Valentine's Day! We invite everyone on **Wednesday, Feb. 7 at 10 am, parish hall** to our next workshop *"Love is in the air - Communicating Love and Connection"* hosted by the OLS Mental Health Initiative Group. To register, call or text Anne Marie at 416-559-9455. Light refreshments will be served.

Parishioners are encouraged to make a spiritual pilgrimage of prayer, through meditating upon Christ's suffering and death.

←  
**First Friday of Lent, February 16** – Parishioners will learn more about OLS's launch of a Lenten Prayer app which will help you practice and explore the richness of prayer throughout Lent. More information to come!

**Second Collection** this week is for the Parish Maintenance Fund. Thank you for your support!

**Reminder!** Please continue to write your name and address on your 2024 envelopes to assist staff in verification until the end of February. Offertory envelopes for 2024 are available at the church entrance.

**Mass Intentions**  
FOR THE WEEK

|                    |   |
|--------------------|---|
| <b>Feb. 5 - 11</b> |   |
| <b>Mon.</b>        | Int. of Doreen Britton                      |
| <b>Tue.</b>        | †Barbara Heggie by Rosanna, Diana & Kevin   |
| <b>Wed.</b>        | †Michelangelo Pistilli by Mary Veneziano    |
| <b>Thu.</b>        | †Jose Caceres by Delia Urosevic             |
| <b>Fri.</b>        | †Margaret Cassellis                         |
| <b>Sat.</b>        | Int. of Peggy Hughes by Paul & family       |
| <b>Sat. 5:15pm</b> | †William C. Schreiner by Lori & Wayne       |
| <b>Sun. 8:00am</b> | Parish Intentions                           |
| <b>9:30am</b>      | Int. of Mundra family by Bernadette Loftus  |
| <b>11:00am</b>     | †Fred Kuehn by Gordon and Inis Mansell      |
| <b>12:30pm</b>     | †Mario DiPentima by Albert & Wanda Imbrogno |

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