



OUR LADY OF SORROWS PARISH

An Ever-Growing Beacon of God's Love, Hope and Joy for All

Office Hours: Monday - Friday, 9:30 am - 4:00 pm
3055 Bloor St W, Etobicoke ON M8X 1C6
416-231-6016 | office@sorrows.ca | www.sorrows.ca



Mass Schedule

Weekdays (Monday to Saturday): 9:00 am
Saturday Vigil: 5:15 pm
Sunday: 8:00 am, 9:30 am*, 11:00 am, 12:30 pm
*Children's Liturgy of the Word (ages 4-10 yrs.)
Rosary is prayed Monday to Saturday at 8:25 am

Adoration

Mondays 7:00 pm - 8:30 pm

Reconciliation

Monday: 7:00 pm - 8:30 pm
Saturday: 4:00 pm - 5:00 pm
By appointment - call the parish office

February 2, 2025

Fr. Chris Cauchi, *Pastor*
Angelica Chacon, *Family Life Minister*
Gordon D. Mansell, M. Mus, *Music Director*

Call the office for info on:

Sacrament of Baptism - Families must be registered, regularly attending Mass, supporting the good works of the church and involved in parish life. Parents are invited to attend a baptism preparation session every third week of the month.

Rite of Christian Initiation for Adults (RCIA) - This program is for adults interested in joining the Catholic Church.

Sacrament of Marriage - Parishioners must be registered and regularly attending Mass. Please contact us one year prior to your requested wedding date.

Pastoral References - You must be a registered parishioner, attending Sunday Mass regularly, participating in the sacramental and pastoral life of the Church community, be serving in a parish ministry (e.g. lector, catechist) on an on going basis, and be in good canonical standing within the Church.

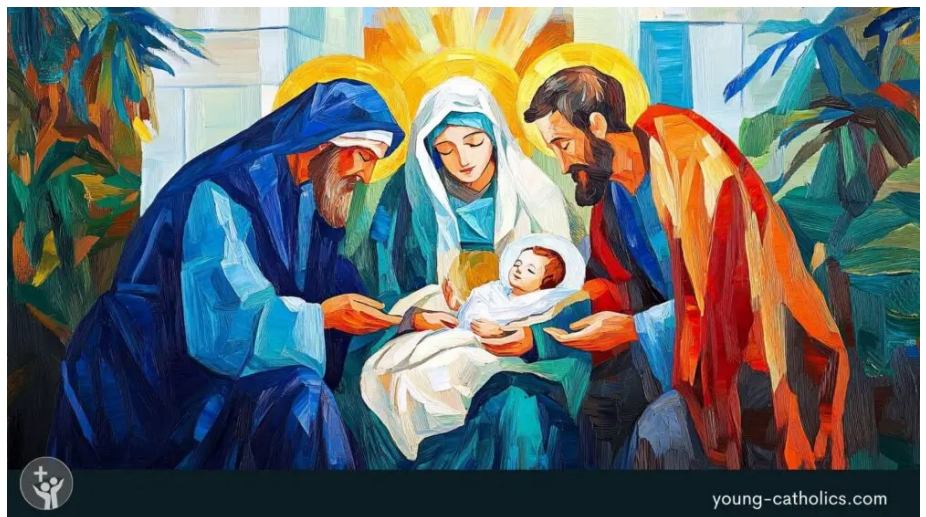
Society of St Vincent de Paul
647-770-4805

Our Lady of Sorrows School
www.tcdsb.org

Archdiocese of Toronto
www.archtoronto.org

Catholic Cemeteries
www.catholic-cemeteries.com

The Presentation of the Lord



In the Gospel, Mary and Joseph took baby Jesus to the temple. They met Anna and Simeon, two holy people who recognized Jesus as the Son of God. Jesus is the Light of Revelation who will bring God's truth to everyone. Simeon foretold that a sword would pierce Mary's soul, a moment that earned her the title "Our Lady of Sorrows."

The Presentation is also a call to "present" our own lives to God. It means letting go of selfishness, sacrificing comfort, or simply placing our lives in His hands. Each small sacrifice is a way of saying "yes" to God, following Mary's example of complete trust and surrender.

Reflection questions:

- *How can I show more obedience to God in my daily life?*
- *Are there any prayers I am waiting on God to answer?*
- *What sacrifices can I make to grow closer to God?*



Jubilee Mass at OLS

Bishop Camilleri, Auxiliary Bishop for the Western Region, will be visiting our parish for a special Mass this Wednesday, February 5 at 7 pm. The Sacrament of Reconciliation will be available at 5:30 pm that day. Please plan to attend.

World Day for Consecrated Life — Feb. 2

Please pray for all those who have promised to consecrate their lives to God. They are a vital and important part of the life and ministry in our Church and the archdiocese. May they continue to inspire us with their dedication and passion in service to Christ and His Church. Be sure to thank them on their special day.

Blessing of Throats — Monday, Feb. 3



On the feast of St. Blaise, we will offer the traditional blessing of throats after the 9:00 am Mass, seeking St. Blaise's intercession for protection from ailments of the throat and other illnesses. St. Blaise, a 4th-century bishop and martyr, is known for his healing miracles, particularly for those suffering from throat diseases. This blessing reminds us of the power of faith, prayer, and the saints' intercession in our lives.

Coffee Friday – Feb. 7

Join us following the 9:00 am Mass in the parish hall for coffee/tea. Treats to share are welcome!



Marriage Sunday at OLS — February 8/9

All married couples are invited to join us on Marriage Sunday to give thanks to the Lord for the gift of the Sacrament of Marriage. At all Masses on February 8-9, couples will have the opportunity to renew their sacramental vows and receive God's blessing on their marriages and families. Let us celebrate the love and commitment that marriage brings and ask for God's continued grace and guidance.



Mass with Contemporary Music

12:30 pm Mass on Sunday, February 9

Our parish is expanding our music ministry with the introduction of Praise and Worship music. This contemporary style, including hymns with keyboard, guitar, and drums, will add a prayerful, accessible element to our liturgies. Not sure if you can sing? Come 10 minutes early to rehearse with Alejandra Ballon and the ensemble before the Mass begins.



MENTAL HEALTH INITIATIVE



Sessions on Palliative Care Horizons of Hope Returns!

The OLS Mental Health Initiative Group is excited to announce the return of the Horizons of Hope program, now offered in the evenings by popular demand! This four-module program is designed to help parishioners, caregivers, and family members facing a terminal illness learn more about palliative care and the importance of building compassionate communities within the context of our Catholic faith.

Sessions will take place in the parish hall, on Tuesdays from Feb. 4 to Feb. 25, 7:00 to 9:00 pm. Workshops are free but require registration! A small fee of \$5 will apply to those who wish to receive printed materials during the sessions. Contact Anne Marie at 416-559-9455. Coffee/tea will be available.

FAMILY LIFE MINISTRY

Family Movie Afternoon – February 15

Join us in watching *Migration (2023)* by Universal Pictures. Follow a family of ducks on an unforgettable adventure as they navigate challenges together, discovering the true meaning of family, courage, and love. Perfect for all ages! (Rated PG) Doors open at 2:30 pm, and the movie starts at 3:00 pm. Free admission and free popcorn!



Mom's Group: Pray & Play – February 18

Are you a mother with a young child under 4 years old? Join other mothers for meaningful conversation and reflection on the joys and challenges of motherhood. 10:00 am to 12:00 pm in the parish hall.



Parent's Small Group – February 28



5:00 pm to 6:30 pm in the parish hall. Parents of all ages and stages are welcome. Light dinner and childcare will be provided. Registration link to come.

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Volunteers needed! To volunteer or for more information, email [familylife@sorrows.ca](mailto:familylife@sorrows.ca).



## Second Collection This Weekend Parish Maintenance Fund

We thank you for your continued support in taking care of our church for future generations.

### Save the Date!

#### Pancake Tuesday, March 4

Stay tuned for more information!



#### Parish Lenten Mission

led by Dr. Josephine Lombardi. Saturday, March 29, from 9:30 am to 4:00 pm in the parish hall.

#### Totus Tuus Summer Camp

July 6 to 11 in the parish hall. More details to follow.



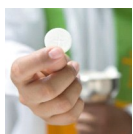
Check out our 3-month calendar and never miss out on exciting parish activities.

Visit [bit.ly/4qh3iJS](https://bit.ly/4qh3iJS)

The **OLS Knitting Circle** meets Tuesdays from 1:30 pm to 3:00 pm in the parish hall. All knitted items for babies are donated to charity. If you have extra yarn that you can donate, please drop them off in the parish office.



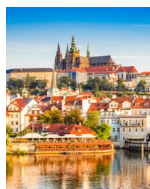
#### Sacraments for the Sick and Homebound



Please contact the parish office at 416-231-6016 or send an email to [office@sorrows.ca](mailto:office@sorrows.ca) if you or someone you know would like to celebrate the

Sacraments of Reconciliation, Communion and / or the Anointing of the Sick.

#### OLS Pilgrimage to Poland, Czech Republic, Austria, Hungary, Croatia and Medjugorje, under the spiritual leadership of Fr Chris Cauchi, September 16 to 30, 2025 (14 days). Please visit [bit.ly/40NUerp](https://bit.ly/40NUerp) or call Halina Jablonski at 647-294-4116 for details.



## Prayer Corner

As we begin the month of February, we start our focus on the second type of prayer, Petition. Petition prayers ask God, who loves us very much, for a specific need that we have.

Petition prayers acknowledge that without God, we can do nothing. We turn to the Lord to seek, ask and petition for his help. Jesus taught us to ask for his help through prayer: "If you ask anything of me in my name, I will do it." ~ John 14

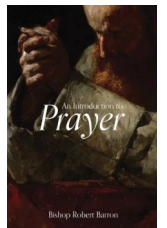
Our problems are not a burden to the Lord. He wants to help us because he loves us. No petition is too large or too small.

Please pick up a Petition prayer card in the church entrances and make time to pray each day this month.

<https://adobe.ly/4aADqH2>

### Introduction to Prayer

Bishop Barron's insightful book *Introduction to Prayer* is available for purchase for just \$10 at the back of the church. Don't miss out on this opportunity to learn how to make prayer a part of your life — pick up your copy today!



**Get Involved!** Put your faith into action and serve our parish community. Consider being part of one of several ministries here at Our Lady of Sorrows! To learn about OLS Ministries, go to [bit.ly/3O0SYJX](https://bit.ly/3O0SYJX).

## Mass Intentions FOR THE WEEK

### February 3 to 9

- Mon.** †Mary Lucey by Ursula Matthews & family
- Tue.** †Leslie Burns by Jim Magee
- Wed.** †Johanna Farrar by Ursula Matthews
- Thu.** †Ed & †Dixie Wickham by Ronayne O'Connor
- Fri.** Living & Deceased Members of the Goseco, Valencia & Feliciano families by Linda Feliciano
- Sat.** †Barbara Wade by Ursula Matthews & family
- Sat. 5:15pm** †Frank & †Mary Ferkul by Anne Pohole
- Sun. 8:00am** Parish Intentions
- 9:30am** †Paul Jeger by John & Cynthia Wujek
- 11:00am** †Dorothy Kekely by Rena Guerard
- 12:30pm** †Elisa Ong by Jude Ong & family

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