



## Our Lady of Sorrows Parish

---



*Lord, teach us to pray*

Luke 11:1

---

### The Five Types of Prayer

Adoration

Petition

Intercession

Thanksgiving

Praise

---

### Focus on Thanksgiving

Thanksgiving prayers express gratitude and appreciation for all the blessings we have received

---

*“Give thanks to the Lord  
for He is good,  
His love endures forever.”*

Psalm 107:1

# Prayer of Thanksgiving

---

Heavenly Father,  
thank you for your endless  
love and countless blessings.

Thank you for the gift of  
your Son, Jesus,  
through whom we are saved.

Thank you for  
your constant presence,  
guiding us through  
the Holy Spirit.

Thank you for giving us life  
so that we might  
know, love and serve you.

Help us to always  
turn to you for all that we  
need in our lives.

Help us to grow  
in gratitude each day,  
in every circumstance.

We pray and give thanks  
through Jesus Christ  
our Lord.

Amen