



# Our Lady of Sorrows Parish



*Lord, teach us to pray*

Luke 11:1

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## The Five Types of Prayer

Adoration

Petition

Intercession

Thanksgiving

Praise

## Focus on Intercession

Intercession prayers ask God to have mercy on people and to act through others to help those in need.

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*“I urge you first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them.”*

Timothy 2:1

# Prayer of Intercession

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Heavenly Father,  
we know that  
you are a God  
of love and compassion,  
and we trust in your power  
and goodness to bring  
healing and restoration  
in the lives of those  
who we are praying for.

Help us to be faithful  
intercessors,  
standing close  
to one another  
in your presence  
and lifting our voices  
to you in prayer.

We pray in the name  
of your son,  
Jesus Christ,  
who taught us  
to love one another and  
to pray for those in need.

Amen