



Our Lady of Sorrows Parish



Lord, teach us to pray

Luke 11:1

The Five Types of Prayer

Adoration

Petition

Intercession

Thanksgiving

Praise

Focus on **Petition**

Petition prayers ask God, who loves us very much, for something we believe is good for ourselves.

“Therefore I tell you, whatever you ask in prayer, believe that you will receive it, and you will”

Mark 11:24

Prayer of Petition

Heavenly Father, help me
realize that
a prayer of petition is
primarily
a means of encountering you
and being sustained by you.

You know what we need
because you are a loving
Father who watches over us
at every moment.
You respect our freedom and
wait for us to express our
needs to you.

Let me have frequent
recourse in you.
Let me pray using common
prayers
as well as my own words.
Let me grow closer to you
with a heart moved by your
Spirit
always trusting that you
will hear and answer my
prayers.

Amen